Sandpoint, Idaho • November 29, 2003

### **WOMEN'S EVENTS**

#### Women 19-24

50 Meter Freestyle				
Annie Darakjy	22	0:32.26	LCM	
100 Meter Freestyle				
Annie Darakjy	22	1:11.37	LCM	
200 Meter Freestyle				
Annie Darakjy	22	2:36.04	LCM	

#### Women 40-44

50 Meter Freesty	le		
Cindy Clutter	43	0:37.72U	LCM

100 Meter Freesty	yle				
Cindy Clutter	43	1:22.02	LCM		
200 Meter Freest	yle				
Cindy Clutter	43	2:56.77	LCM		
50 Meter Backstro	oke				
Vicki Marsh	41	0:36.07I	IEY		
50 Meter Breasts	troke	•			
Vicki Marsh	41	0:40.29	IEY		
50 Meter Butterfl	50 Meter Butterfly				
Vicki Marsh	41	0:34.85	IEY		
Cindy Clutter	43	0:43.92	LCM		
200 Meter Butterfly					
Cindy Clutter	43	3:38.21	LCM		

#### 100 Meter Individual Medley 41 1:21.32 Vicki Marsh

#### Woman 45-40

wom	women 45-49			
200 Meter Frees	tyle			
Margaret Hair	48	3:00.07	LCM	
200 Meter Back	stroke			
Mary Adams	48	4:02.28	LCM	
50 Meter Breast	stroke	•		
Mary Adams	48	0:53.50U	LCM	
100 Meter Butte	erfly			
Mary Adams	48	2:03.10	LCM	
200 Meter Butte	erfly			
Margaret Hair	48	3:31.27U	LCM	
100 Meter Individual Medley				
Mary Adams	48	1:48.35	LCM	

#### Women 55-59

50 Meter Freestyle				
Virginia Lane	57	0:52.72	LSD	
Nancy Larsen	57	1:11.42	WKM	
400 Meter Freest	yle			
Virginia Lane	57	8:58.51	LSD	
800 Meter Freest	yle			
Virginia Lane	57	17:50.55	LSD	
50 Meter Backstr	oke			
Virginia Lane	57	1:08.11	LSD	
Nancy Larsen	57	1:10.51	WKM	
50 Meter Breasts	troke	•		
Nancy Larsen	57	1:09.97	WKM	
200 Meter Individual Medley				
Virginia Lane	57	5:37.44I	LSD	

#### Women 65-69

50 Meter Freestyl	e		
Audrey B. Roberts	67	0:53.63I	WKM
100 Meter Freesty	/le		
Audrey B. Roberts	67	1:56.33I	WKM
200 Meter Freesty	/le		
Audrey B. Roberts	67	4:12.24I	WKM
400 Meter Freesty	/le		
Audrey B. Roberts	67	8:47.74I	WKM
800 Meter Freesty	/le		
Audrey B. Roberts	67	17:44.98U	WKM

### Women 70-74

50 Meter Freestyle						
Annette Orton	72	1:36.23	SWA			
100 Meter Freest	yle					
Annette Orton	72	3:44.76	SWA			
50 Meter Backsti	50 Meter Backstroke					
Annette Orton	72	2:02.50	SWA			
50 Meter Breaststroke						
Annette Orton	72	2:01.42	SWA			
100 Meter Individual Medley						
Annette Orton	72	DQ	SWA			

#### MEN'S EVENTS

le			
40	0:32.60	SWA	
yle			
40	1:16.38	SWA	
yle			
42	2:41.48	SWA	
troke	2		
40	0:44.40	SWA	
100 Meter Breaststroke			
42	1:31.50	SWA	
rfly			
42	1:21.14	SWA	
rfly			
42	3:31.47	SWA	
200 Meter Individual Medley			
42	3:09.56	SWA	
	tyle 40 42 ttroke 40 tstrol 42 rfly 42 rfly 42 dual	40 0:32.60  tyle 40 1:16.38  tyle 42 2:41.48  ttroke 40 0:44.40  tstroke 42 1:31.50  rfly 42 1:21.14  rfly 42 3:31.47	

#### Men 45-49

50 Meter Freesty	le		
David Black	46	0:32.31	SCM
100 Meter Freest			
David Black	46	1:11.99U	SCM
Bill Triol	49	1:14.54U	WKM
100 Meter Backs	troke	<b>!</b>	
Bill Triol	49	1:32.72	WKM
50 Meter Breasts	troke	2	
Robert Morrison	49	0:36.76	IEY
100 Meter Breast	tstro	ke	
Robert Morrison	49	1:21.94	IEY
Bill Triol	49	1:39.29U	WKM
200 Meter Breast	tstro	ke	
Robert Morrison	49	3:03.54	IEY
50 Meter Butterf	ly		
Bill Triol	49	0:33.82	WKM
100 Meter Indivi	dual	Medley	
Robert Morrison	49	1:17.29	IEY
Man	50-	5.4	

#### Men 50-54

800 Meter Free	style			
Larry Krauser	50	10:01.57	SCM	
50 Meter Backs	troke			
Larry Krauser	50	0:32.85I	SCM	
50 Meter Breaststroke				
Larry Krauser	50	0:37.27	SCM	
50 Meter Butte	rfly			
Larry Krauser	50	0:29.43I	SCM	
100 Meter Butterfly				
Larry Krauser	50	1:09.32I	SCM	
Men 55-59				

50 Meter Freestyle					
Steve Wolcott	58	0:30.48	UNA		
100 Meter Freest	tyle				
Don Caskey	59	1:32.76	WKM		
400 Meter Freestyle					
Michael Merrell	55	5:36.35	MVN		

# Swimming or Skiing in Sandpoint?

Sandpoint West Athletic Club hosted its annual Fall Classic on Saturday, November 29. With the ski slopes open for Thanksgiving weekend for the first time in five years, the numbers were lower than normal though a good time still occurred.

As always, Mike Brosnahan kept the pool temperature cool which facilitated some good swims with 19 records broken. There were multiple record holders. Barbara Roberts (West Kootenay Masters) obtained four. Her fifth swim, the 800 Freestyle, unfortunately was unofficial because there were not two times recorded. Since joining Inland Northwest Masters, she has acquired a number of records in the 65-69 age group.

Multiple records were also obtained by Larry Krauser (Spokane Club), swimming in a new age group. It looks like Larry & Bill Bresko will have a friendly competition again for high point swimmer. Bill is also in a new age group and acquired three Inland Northwest records, the same as Larry. It looks like it would have been four for Bill except for an improper turn on his 100 Individual Medley. You have to keep an eye on that guy.

The big winner of the day was C.J. Hamilton (Lake City Masters) with four Inland Northwest records and one Northwest Zone record. C.J. also is in a new age group (90-94) and is venturing into an age group that no other Inland Northwest swimmer has accomplished.

Rounding out the field is Vicki Marsh (Spokane), Virginia Lane (Spokane), Steve Wolcott (Kettle Falls), and Imre Schmidt (Sandpoint) with one record each.

West Kootenay Masters was well represented with six swimmers from north of the border. Their group was the high point winners scoring 158 points. Lake City Masters was second with 149. Sandpoint, with too many swimmers on the ski slopes, finished third with 106, followed by Spokane Club with 54, and Inland Empire YMCA with 52.

—Marager Hair

50 Meter Backstro	ke		
Don Caskey	59	0:49.85	WKM
100 Meter Backst	roke		
Don Caskey	59	1:45.13	WKM
200 Meter Backst	roke		
Don Caskey	59	3:56.81	WKM
50 Meter Breastst	roke	2	
Michael Merrell	55	0:38.64	MVN
100 Meter Breast	strol	кe	
Michael Merrell	55	1:23.73	MVN
200 Meter Breast	strol	кe	
Michael Merrell	55	3:03.95	MVN
50 Meter Butterfl	•		
Steve Wolcott	58	0:35.89I	UNA
200 Meter Butter			
Michael Merrell	55	3:07.66	MVN
200 Meter Individ			
Don Caskey	59	4:17.39	WKM
Men	65-6	59	
50 Meter Freestyl	e		
Bert Koehl		0:52.21	WKM
50 Meter Backstro	ke		
Bert Koehl	67	0:57.44	WKM
50 Meter Breastst			
Bert Koehl	67	0:56.28	WKM

<b>50 Meter Freest</b> David Rusnell	,	0:42.40	WKM	
200 Meter Freestyle				
David Rusnell	70	3:40.68	WKM	
400 Meter Freestyle				
David Rusnell		7:45.27	WKM	
50 Meter Backstroke				
David Rusnell	70	0:55.24	WKM	
50 Meter Butterfly				
David Rusnell	•	0:57.39	WKM	

Men 70-74

### Code to the right of time

U Unofficial
I Inland NW Masters Record
Northwest Zone Record
National Record
W World Record
DQ Disqualification

All records pending verification

#### Team Code

SMT	Spokane Masters & Tri
PMS	Panhandle Masters Swimming
LSD	London Silver Dolphins
	(Canadian)
WKM	West Kootenay Masters
	(Canadian)
MCM	Moscow Chinook Masters
WSU	Washington State University
	Masters
NSM	North Spokane Masters
LCM	Lake City Masters

Spokane Club Masters

Unattached

SWA Sandpoint West Athletic Club

#### Men 75-79

Men 80-84						
100 Meter Individual Medley William Bresko 75 DQ UNA						
<b>100 Meter Butterfly</b> William Bresko 75 3:47.23I UNA						
<b>50 Meter Butter</b> William Bresko	•	1:33.72I	UNA			
<b>50 Meter Breasts</b> William Bresko			UNA			
<b>200 Meter Backs</b> William Bresko			UNA			

	Imre Schmidt	83	1:55.65I	SWA
800 Meter Freestyle				
	Imre Schmidt	83	20:19.15U	SWA
50 Meter Breaststroke				
	Imre Schmidt	83	1.03 0211	SWA

50 Meter Freestyle Imre Schmidt

100 Meter Freestyle

#### 100 Meter Breaststroke

Imre Schmidt 83 2:38.65 SWA

#### Men 90-94

50 Meter Freestyle	
Clarence J. Hamilton90 2:11.15I	LCM
50 Meter Backstroke	
Clarence J. Hamilton90 2:04.65I	LCM
50 Meter Breaststroke	
Clarence J. Hamilton90 2:11.10I	LCM
50 Meter Butterfly	
Clarence J. Hamilton90 2:25.23I	LCM
100 Meter Individual Medley	
Clarence J. Hamilton90 4:27.94Z	LCM

#### **RELAY EVENTS**

Women's 200 Meter Medley Relay LCM 160+ 2:53.22 Mary Adams 48

Cindy Clutter 43 Margaret Hair 48 Annie Darakjy 22

## Amy Van Dyken Linked to THG Drug Probe

SAN FRANCISCO, November 27—Amy Van Dyken, who won four gold medals at the 1996 Atlanta Olympic Games, was called to testify before the federal Grand Jury that is investigating Balco Laboratories and its president, Victor Conte, Jr., in what is becoming perhaps the largest sports drug scandal in American history. The story was first reported today by Elliott Almond in the San Jose Mercury News.

83 0:50.12 SWA

Van Dyken, 30, the only American woman in any sport ever to win four gold medals at a single Olympiad, is the first swimmer identified in the drugs and money probe that has focused primarily on players from the National Football League, major league baseball, and track and field. Conte and his company have been accused of producing the previously undetectable designer steroid tetrahydrogestrinone, or THG, a charge Conte has denied.

Rob Nelson, Van Dyken's agent and attorney, confirmed yesterday that Van Dyken appeared before the Grand Jury on November 13, the same day as sprint star Marion Jones and five NFL players, but said van Dyken had no comment on her testimony. Nelson also declined to comment on Van Dyken's relationship with Conte.

THG, a synthetic form of testosterone, reportedly has been detected in the urine of five track and field athletes and four members of the Oakland Raiders football team. Virtually all of these athletes have been identified as clients of Conte.

Van Dyken, who reportedly was also a client of Conte's, is a close friend of Bill Romanowski, one of the Raiders who reportedly tested positive for THG.

Van Dyken became the most popular female athlete of the Atlanta Games when she won gold in the 50 meter Freestyle, 100 meter Butterfly, 400 meter Freestyle Relay and 400 meter Medley Relay. Four years later in Sydney, she again won gold as a member of both U.S. 400 meter relays, but she failed to win a medal in an individual event, finishing fourth in the 50 meter Freestyle.

She also lost public support when she spit in the lane of Holland's Inge De Bruijn before the final of the 50 meter Freestyle, one of three events the Flying Dutchwoman won in Sydney. Ironically, Van Dyken also contributed to rumors that De Bruijn had used drugs when she commented that she, too, could win a gold medal "if I were a man.

—SwimInfo.com

IJNA