

Spokane Waves Aquatic Team Masters
Sink or Swim
Saturday, 10/18/2008
Results

Women 18-24 100 Yard Free

1 Sheri Markwardt 23 WVM-IW 1:04.29

Women 18-24 50 Yard Back

1 Sheri Markwardt 23 WVM-IW 36.80

Women 18-24 50 Yard Breast

1 Sheri Markwardt 23 WVM-IW 37.16

Women 18-24 100 Yard Breast

1 Sheri Markwardt 23 WVM-IW 1:17.71

Women 18-24 100 Yard IM

1 Sheri Markwardt 23 WVM-IW 1:17.58

Women 25-29 50 Yard Free

1 Lisa Nuffer 27 TCAS-IW 35.12

Women 25-29 100 Yard Free

1 Lisa Nuffer 27 TCAS-IW 1:15.31

Women 25-29 50 Yard Breast

1 Serena Wang 25 SWAT-IW 34.29
 2 Lisa Nuffer 27 TCAS-IW 46.43

Women 25-29 100 Yard IM

1 Serena Wang 25 SWAT-IW 1:10.52
 2 Lisa Nuffer 27 TCAS-IW 1:30.30

Women 30-34 50 Yard Free

1 Heidi Reynolds 34 UNAT-IW 29.33
 2 Jessi Thompson 31 SWAT-IW 30.24

Women 30-34 100 Yard Free

1 Jessi Thompson 31 SWAT-IW 1:08.22

Women 30-34 500 Yard Free

1 Jessi Thompson 31 SWAT-IW 7:30.38

Women 30-34 50 Yard Fly

1 Heidi Reynolds 34 UNAT-IW 31.67

Women 30-34 100 Yard IM

1 Heidi Reynolds 34 UNAT-IW 1:13.67

Women 35-39 100 Yard Free

1 Patti Quartararo 37 UNAT-IW 1:09.89

Women 35-39 500 Yard Free

1 Suzanne Billington 38 MCM-IW 6:34.69
 2 Patti Quartararo 37 UNAT-IW 6:44.04

Women 35-39 1000 Yard Free

1 Suzanne Billington 38 MCM-IW 13:25.35
 2 Patti Quartararo 37 UNAT-IW 13:32.42

Women 35-39 50 Yard Back

1 Suzanne Billington 38 MCM-IW 38.92

Women 35-39 100 Yard Breast

1 Patti Quartararo 37 UNAT-IW 1:34.90

Women 35-39 200 Yard IM

1 Suzanne Billington 38 MCM-IW 2:53.43

Women 40-44 50 Yard Free

1 Paige Buehler 40 MCM-IW 29.50
 2 Chris Stapleton 41 SWAT-IW 36.63

Women 40-44 100 Yard Free

1 Paige Buehler 40 MCM-IW 1:08.40
 2 Chris Stapleton 41 SWAT-IW 1:25.97

Women 40-44 200 Yard Free

1 Paige Buehler 40 MCM-IW 2:35.52
 2 Chris Stapleton 41 SWAT-IW 3:03.97

Women 40-44 50 Yard Back

1 Susan Pfursich 41 SWAT-IW 35.59
 2 Paige Buehler 40 MCM-IW 37.66
 3 Lauren Torok 43 MCM-IW 37.97

Women 40-44 100 Yard Back

1 Susan Pfursich 41 SWAT-IW 1:18.54
 2 Lauren Torok 43 MCM-IW 1:24.46

Women 40-44 50 Yard Breast

1 Lauren Torok 43 MCM-IW 42.86

Women 40-44 100 Yard Breast

1 Lauren Torok 43 MCM-IW 1:31.46

Women 40-44 50 Yard Fly

1 Susan Pfursich 41 SWAT-IW 35.05
 2 Paige Buehler 40 MCM-IW 35.16

Women 40-44 100 Yard IM

1 Susan Pfursich 41 SWAT-IW 1:20.86

Women 40-44 200 Yard IM

1 Lauren Torok 43 MCM-IW 3:05.09

Women 45-49 50 Yard Free

1 Grace Volsen 46 SWAT-IW 31.70
 2 Joanna Pignolet 45 SWAC-IW 42.78

Women 45-49 500 Yard Free

1 Cindy Clutter 48 LCM-IW 6:58.92

Women 45-49 1000 Yard Free

1 Cindy Clutter 48 LCM-IW 14:19.13

Women 45-49 50 Yard Back

1 Cindy Clutter 48 LCM-IW 45.43

Women 45-49 50 Yard Breast

1 Cindy Clutter 48 LCM-IW 42.80

Women 45-49 100 Yard Breast

1 Cindy Clutter 48 LCM-IW 1:35.92
 2 Joanna Pignolet 45 SWAC-IW 1:49.35

Women 45-49 100 Yard IM

1 Grace Volsen 46 SWAT-IW 1:29.11
 2 Joanna Pignolet 45 SWAC-IW 1:54.72

Women 45-49 200 Yard IM

1 Grace Volsen 46 SWAT-IW 3:14.86

Women 50-54 50 Yard Free

1 Robin Helm 52 SWAC-IW 39.86

Women 50-54 200 Yard Free

1 Margaret Hair 53 LCM-IW 2:53.59

Women 50-54 1000 Yard Free

1 Margaret Hair 53 LCM-IW 15:32.19

Women 50-54 50 Yard Back

1 Robin Helm 52 SWAC-IW 50.06

Women 50-54 200 Yard Back

1 Margaret Hair 53 LCM-IW 3:31.52

Women 50-54 50 Yard Breast

1 Terry Utigard-Rathbu 50 UNAT-PN 39.05
 2 Robin Helm 52 SWAC-IW 47.96

Women 50-54 100 Yard Breast

1 Terry Utigard-Rathbu 50 UNAT-PN 1:23.66
 2 Margaret Hair 53 LCM-IW 1:33.73

Women 50-54 200 Yard Breast

1 Margaret Hair 53 LCM-IW 3:21.27

Women 50-54 50 Yard Fly

1 Robin Helm 52 SWAC-IW 42.93

Women 50-54 100 Yard IM

1 Robin Helm 52 SWAC-IW 1:40.40

Women 55-59 50 Yard Free

1 Teresa Wendel 55 WVM-IW 42.15

Women 55-59 100 Yard Free

1 Teresa Wendel 55 WVM-IW 1:40.01

Women 55-59 1000 Yard Free

1 Deborah Bell 56 MCM-IW 16:18.53

Women 55-59 50 Yard Back

1 Deborah Bell 56 MCM-IW 47.27

Women 55-59 100 Yard Back

1 Deborah Bell 56 MCM-IW 1:43.79

Women 55-59 50 Yard Breast

1 Teresa Wendel 55 WVM-IW 1:01.00

Women 55-59 100 Yard Breast

1 Deborah Bell 56 MCM-IW 1:44.36

Women 55-59 200 Yard IM

1 Deborah Bell 56 MCM-IW 3:23.74

Women 60-64 50 Yard Free

1 Shirley Schreiber 61 WVM-IW 44.27

Women 60-64 200 Yard Free	2 Roger Thompson	37	SWAT-IW	27.16	Men 45-49 500 Yard Free	1 Eric Ridgway	47	SWAC-IW	6:58.54
1 Carolyn MaGee	62	WVM-IW	3:04.35	3 Gregory Gallagher	39	SWAT-IW			
Women 60-64 50 Yard Back				Men 35-39 100 Yard Free					
1 Carolyn MaGee	62	WVM-IW	45.90	1 Roger Thompson	37	SWAT-IW	57.75		
Women 60-64 100 Yard Back				2 Kelly Jahns	35	UNAT-IW	1:02.98		
1 Shirley Schreiber	61	WVM-IW	1:47.30	3 Gregory Gallagher	39	SWAT-IW	1:04.79		
Women 60-64 50 Yard Breast				Men 35-39 200 Yard Free					
1 Shirley Schreiber	61	WVM-IW	51.39	1 Roger Thompson	37	SWAT-IW	2:09.51		
Women 60-64 100 Yard Breast				2 Kelly Jahns	35	UNAT-IW	2:18.54		
1 Carolyn MaGee	62	WVM-IW	1:44.45	3 Gregory Gallagher	39	SWAT-IW	2:25.96		
Women 60-64 50 Yard Fly				Men 35-39 500 Yard Free					
1 Shirley Schreiber	61	WVM-IW	50.00	1 Roger Thompson	37	SWAT-IW	5:51.16		
Women 60-64 100 Yard IM				2 Gregory Gallagher	39	SWAT-IW	6:40.12		
1 Carolyn MaGee	62	WVM-IW	1:36.60	Men 35-39 1000 Yard Free					
Women 60-64 200 Yard IM				1 Roger Thompson	37	SWAT-IW	11:50.72		
1 Carolyn MaGee	62	WVM-IW	3:22.18	Men 35-39 100 Yard IM					
Women 65-69 50 Yard Free				1 Kelly Jahns	35	UNAT-IW	1:08.37		
1 Suzy McKinnon	67	MM-MT	52.40	Men 35-39 200 Yard IM					
Women 65-69 100 Yard Free				1 Kelly Jahns	35	UNAT-IW	2:29.44		
1 Suzy McKinnon	67	MM-MT	2:08.75	Men 40-44 50 Yard Free					
Women 65-69 50 Yard Back				1 Harm-Jan Steenhuis	41	SWAT-IW	28.88		
1 Suzy McKinnon	67	MM-MT	1:04.85	2 Jim Breidenbach	44	SWAT-IW	30.25		
Women 65-69 200 Yard Back				3 Matthew Bronson	42	FAF-IW	30.82		
1 Suzy McKinnon	67	MM-MT	5:00.53	Men 40-44 100 Yard Free					
Women 65-69 50 Yard Breast				1 Wes Bratton	43	TCAS-IW	55.73		
1 Suzy McKinnon	67	MM-MT	1:17.50	2 Jim Breidenbach	44	SWAT-IW	1:08.91		
Women 70-74 100 Yard Breast				3 Matthew Bronson	42	FAF-IW	1:10.14		
1 Peony Munger	73	WVM-IW	2:31.96	Men 40-44 200 Yard Free					
Women 70-74 200 Yard Breast				1 Wes Bratton	43	TCAS-IW	2:06.51		
1 Peony Munger	73	WVM-IW	5:25.24	2 Jim Breidenbach	44	SWAT-IW	2:36.65		
Women 70-74 200 Yard Fly				3 Matthew Bronson	42	FAF-IW	2:37.34		
1 Peony Munger	73	WVM-IW	5:54.15	Men 40-44 50 Yard Back					
Women 70-74 400 Yard IM				1 Wes Bratton	43	TCAS-IW	29.10		
1 Peony Munger	73	WVM-IW	10:20.91	2 Harm-Jan Steenhuis	41	SWAT-IW	35.90		
Men 25-29 50 Yard Free				Men 40-44 200 Yard Back					
1 Steve Anderson	26	SWAT-IW	26.08	1 Wes Bratton	43	TCAS-IW	2:19.57		
2 Nate Duncan	25	SWAT-IW	29.66	Men 40-44 50 Yard Breast					
Men 25-29 100 Yard Free				1 Harm-Jan Steenhuis	41	SWAT-IW	33.82		
1 Steve Anderson	26	SWAT-IW	1:01.25	Men 40-44 50 Yard Fly					
2 Nate Duncan	25	SWAT-IW	1:08.90	1 Matthew Bronson	42	FAF-IW	36.47		
Men 25-29 200 Yard Free				Men 40-44 100 Yard IM					
1 Nate Duncan	25	SWAT-IW	2:31.55	1 Wes Bratton	43	TCAS-IW	1:04.92		
Men 25-29 500 Yard Free				2 Harm-Jan Steenhuis	41	SWAT-IW	1:17.20		
1 Steve Anderson	26	SWAT-IW	7:19.06	3 Matthew Bronson	42	FAF-IW	1:24.22		
Men 35-39 50 Yard Free				4 Jim Breidenbach	44	SWAT-IW	1:28.82		
1 Kelly Jahns	35	UNAT-IW	27.01	Men 45-49 50 Yard Free					
				1 Lincoln Djang	49	UNAT-OR	23.92		
				Men 45-49 100 Yard Free					
				1 Lincoln Djang	49	UNAT-OR	52.31		
				2 Bruce Groth	45	TCAS-IW	59.46		
				3 Thomas Lamar	48	MCM-IW	1:02.89		
				Men 45-49 50 Yard Breast					
				1 Bruce Groth	45	TCAS-IW	33.70		
				Men 45-49 100 Yard Breast					
				1 Lincoln Djang	49	UNAT-OR	1:07.45		
				2 Bruce Groth	45	TCAS-IW	1:11.96		
				3 Eric Ridgway	47	SWAC-IW	1:18.65		
				Men 45-49 200 Yard Breast					
				1 Eric Ridgway	47	SWAC-IW	2:50.77		
				Men 45-49 50 Yard Fly					
				1 Lincoln Djang	49	UNAT-OR	26.54		
				2 Bruce Groth	45	TCAS-IW	29.42		
				Men 45-49 100 Yard Fly					
				1 Thomas Lamar	48	MCM-IW	1:12.43		
				Men 45-49 100 Yard IM					
				1 Bruce Groth	45	TCAS-IW	1:07.60		
				2 Thomas Lamar	48	MCM-IW	1:12.92		
				Men 45-49 200 Yard IM					
				1 Eric Ridgway	47	SWAC-IW	2:45.30		
				Men 45-49 400 Yard IM					
				1 Eric Ridgway	47	SWAC-IW	5:52.63		
				Men 50-54 50 Yard Free					
				1 Robert Morrison	54	SCM-IW	25.68		
				2 David Cabrey	52	TCAS-IW	26.88		
				Men 50-54 100 Yard Free					
				1 Robert Morrison	54	SCM-IW	58.17		
				2 David Cabrey	52	TCAS-IW	1:00.62		
				Men 50-54 50 Yard Breast					
				1 Robert Morrison	54	SCM-IW	32.58		
				Men 50-54 100 Yard Breast					
				1 Robert Morrison	54	SCM-IW	1:17.21		
				Men 50-54 200 Yard Breast					
				1 Robert Morrison	54	SCM-IW	2:51.70		
				Men 50-54 50 Yard Fly					
				1 David Cabrey	52	TCAS-IW	30.65		
				Men 50-54 100 Yard IM					
				1 David Cabrey	52	TCAS-IW	1:11.32		
				Men 55-59 50 Yard Free					
				1 Larry Krauser	55	SCM-IW	24.78 (I)		
				2 Tim Larson	56	WVM-IW	31.65		
				3 Kurt Wendel	55	WVM-IW	32.31		
				Men 55-59 100 Yard Free					
				1 Kurt Wendel	55	WVM-IW	1:18.66		
				2 Tim Larson	56	WVM-IW	1:23.18		

Men 55-59 1000 Yard Free		Men 70-74 200 Yard Free		Shirley Schreiber 61Peony Munger 73 Carolyn MaGee 62Teresa Wendel 55
1 Larry Krauser 55 SCM-IW 11:42.78 (I)		1 Dennis Osier 70 WVM-IW 3:23.02		
Men 55-59 50 Yard Back		Men 70-74 500 Yard Free		Men 25+ 200 Yard Free Relay
1 Kurt Wendel 55 WVM-IW 46.85		1 Dennis Osier 70 WVM-IW 9:18.01		1 SWAT-IW A 1:50.26 Steve Anderson 26Roger Thompson 37 Gregory Gallagher 39Nate Duncan 25 ---TCAS-IW A 1:54.18 (X) Lisa Nuffer 27Bruce Groth 45 David Cabrey 52Wes Bratton 43 --- SWAT-IW B 2:05.81 (X) Jim Breidenbach 44Chris Stapleton 41 Harm-Jan Steenhuis 41Jessi Thompson 31
Men 55-59 100 Yard Back		Men 70-74 1000 Yard Free		Men 25+ 200 Yard Medley Relay
1 Larry Krauser 55 SCM-IW 1:09.44 (I)		1 Dennis Osier 70 WVM-IW 18:04.21 2 Bob McKinnon 70 MM-MT 18:27.08		---TCAS-IW A 2:08.16 (X) David Cabrey 52Bruce Groth 45 Wes Bratton 43Lisa Nuffer 27 --- UNAT-IW A 2:13.41 (X) Kelly Jahns 35 Heidi Reynolds 34Patti Quartararo 37 --- SWAT-IW B 2:16.24 (X) Roger Thompson 37Serena Wang 25 Jim Breidenbach 44Steve Anderson 26
Men 55-59 200 Yard Back		Men 70-74 50 Yard Back		Men 35+ 200 Yard Medley Relay
1 Larry Krauser 55 SCM-IW 2:32.02 (I)		1 Bob McKinnon 70 MM-MT 48.06		--- SWAT-IW A 2:20.81 (X) Susan Pfursich 41Harm-Jan Steenhuis 41 Grace Volsen 46Gregory Gallagher 39
Men 55-59 100 Yard Breast		Men 70-74 50 Yard Breast		Men 55+ 200 Yard Free Relay
1 Tim Larson 56 WVM-IW 1:50.90		1 Bob McKinnon 70 MM-MT 48.53		1 WVM-IW A 2:07.91 (I) Jack Bevier 76Kurt Wendel 55 Tim Larson 56Wayne Brown 66
Men 55-59 50 Yard Fly		Men 70-74 50 Yard Fly		Men 55+ 200 Yard Medley Relay
1 Kurt Wendel 55 WVM-IW 44.61		1 Bob McKinnon 70 MM-MT 45.57		1 WVM-IW A 2:51.92 Kurt Wendel 55Wayne Brown 66 Jack Bevier 76Tim Larson 56
Men 55-59 100 Yard Fly		Men 75-79 50 Yard Free		Mixed 25+ 400 Yard Free Relay
1 Larry Krauser 55 SCM-IW 1:09.59 (I)		1 Jack Bevier 76 WVM-IW 35.77		1 WVM-IW A 5:53.74 Sheri Markwardt 23Jack Bevier 76 Peony Munger 73Dennis Osier 70 ---SWAT-IW A 4:15.65 (X) Steve Anderson 26Gregory Gallagher 39 Nate Duncan 25Roger Thompson 37
Men 55-59 100 Yard IM		Men 75-79 100 Yard Free		Mixed 55+ 400 Yard Free Relay
--- Tim Larson 56 WVM-IW DQ		1 Jack Bevier 76 WVM-IW 1:23.00		1 WVM-IW B 5:34.48 (I) Tim Larson 56Carolyn MaGee 62 Shirley Schreiber 61Wayne Brown 66
Men 60-64 50 Yard Free		Men 75-79 500 Yard Free		
1 Steve Wolcott 62 UNAT-IW 29.23		1 Jack Bevier 76 WVM-IW 8:34.25		
Men 60-64 100 Yard Free		Men 75-79 1000 Yard Free		
1 Steve Wolcott 62 UNAT-IW 1:09.31		1 Jack Bevier 76 WVM-IW 17:13.56 (I)		
Men 60-64 50 Yard Fly		Men 80-84 50 Yard Breast		
1 Steve Wolcott 62 UNAT-IW 33.85		1 William Bresko 80 FAF-IW 1:03.31		
Men 60-64 100 Yard IM		Men 80-84 100 Yard Breast		
1 Steve Wolcott 62 UNAT-IW 1:21.28		1 William Bresko 80 FAF-IW 2:30.95		
Men 65-69 50 Yard Free		Men 80-84 200 Yard Breast		
1 Wayne Brown 66 WVM-IW 30.00 2 Mike Hinnen 66 SCM-IW 33.38		1 William Bresko 80 FAF-IW 5:45.49		
Men 65-69 100 Yard Free		Men 80-84 50 Yard Fly		
1 Mike Hinnen 66 SCM-IW 1:17.60		1 William Bresko 80 FAF-IW 1:18.89		
Men 65-69 50 Yard Breast		Men 80-84 100 Yard IM		
1 Wayne Brown 66 WVM-IW 37.31 2 Mike Hinnen 66 SCM-IW 43.88		1 William Bresko 80 FAF-IW 2:37.05		
Men 65-69 100 Yard Breast		Women 18+ 200 Yard Free Relay		
1 Mike Hinnen 66 SCM-IW 1:36.51		1 WVM-IW B 2:42.44 Carolyn MaGee 62Shirley Schreiber 61 Peony Munger 73Sheri Markwardt 23		
Men 65-69 200 Yard Breast		Women 25+ 400 Yard Free Relay		
1 Wayne Brown 66 WVM-IW 3:18.09		--- SWAT-IW B 4:54.09 (X) Grace Volsen 46Chris Stapleton 41 Susan Pfursich 41Serena Wang 25		
Men 65-69 50 Yard Fly		Women 35+ 200 Yard Free Relay		
1 Wayne Brown 66 WVM-IW 38.91		1 MCM-IW A 2:11.65 Suzanne Billington 38Deborah Bell 56 Lauren Torok 43Paige Buehler 40		
Men 65-69 100 Yard IM		Women 35+ 200 Yard Medley Relay		
1 Wayne Brown 66 WVM-IW 1:21.95 2 Mike Hinnen 66 SCM-IW 1:29.13		1 MCM-IW A 2:33.52 Paige Buehler 40Lauren Torok 43 Suzanne Billington 38Deborah Bell 56		
Men 70-74 50 Yard Free		Women 55+ 200 Yard Medley Relay		
1 Bob McKinnon 70 MM-MT 36.24 2 George Spomer 71 MCM-IW 55.53		1 WVM-IW B 2:51.78		
Men 70-74 100 Yard Free				
1 George Spomer 71 MCM-IW 2:16.23				