

Inland NW LMSC SCY Championships - 3/26/2011 to 3/27/2011

Results

Women 18-24 50 Yard Free

Inland NW: 26.19I 2001 Zoe Baumann
NW: 24.90Z 1990 Karen Seresun

Name	Age	Team	Finals Time
1 Melissa Kirby	20	SWAT	27.13

Women 18-24 100 Yard Free

Inland NW: 58.13I 1994 Tracie Harang
NW: 54.74Z 1997 Ila Barlean

1 Caroline Campbell	22	MCM-IW	1:00.65
	29.41	1:00.65	
2 Kourtnei McHugh	20	MCM-IW	1:06.87
	32.48	1:06.87	

Women 18-24 200 Yard Free Mixed

Inland NW: 2:07.43I 1989 Tracy Wright
NW: 2:00.47Z 1986 Denise Stuntzner

1 Melissa Kirby	20	SWAT	2:12.97
	29.89	1:03.87	1:38.22
2 Kourtnei McHugh	20	MCM-IW	2:32.21
	32.86	1:11.60	1:51.53

Women 18-24 500 Yard Free

Inland NW: 5:53.01I 1994 Christine Arrasca
NW: 5:23.20Z 1986 Lisa O'Brien

1 Kourtnei McHugh	20	MCM-IW	6:36.01
	32.64	1:47.34	2:27.53
	3:09.12	3:50.33	4:32.10
	5:55.55	6:36.01	5:13.97

Women 18-24 1650 Yard Free

Inland NW: 19:56.13I 2001 Catherine Chay
NW: 17:55.50Z 1986 Lisa O'Brien

1 Lana Lawrence	18	LCM-IW	21:29.29
	33.56	1:09.04	1:46.98
	3:04.58	3:44.14	4:23.66
	5:42.37	6:21.61	7:00.91
	8:20.20	8:59.57	9:38.96
	10:58.18	11:37.81	12:17.66
	13:37.05	14:17.34	14:57.79
	16:16.80	16:57.11	17:37.11
	18:57.21	19:37.71	20:16.92
	21:29.29		20:55.66
2 Kourtnei McHugh	20	MCM-IW	23:15.30
	33.92	1:11.02	1:49.72
	3:09.99	3:51.15	4:32.37
	5:56.16	6:37.20	7:19.34
	8:43.45	9:24.02	10:05.80
	11:28.54	12:09.37	12:51.18
	14:13.80	14:55.49	15:37.17
	16:59.70	17:41.91	18:23.78
	19:47.43	20:28.98	21:11.77
	23:15.30		21:53.27

Women 18-24 50 Yard Back

Inland NW: 30.15I 2009 Elizabeth Hess
NW: 28.57Z 2008 Shona Pierce

1 Lana Lawrence	18	LCM-IW	30.65
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Women 18-24 100 Yard Back Mixed

Inland NW: 1:05.44I 2011 Lana Lawrence
NW: 59.90Z 1997 M. Jenkins

1 Lana Lawrence	18	LCM-IW	1:05.04I
	32.36	1:05.04	

Women 18-24 200 Yard Back

Inland NW: 2:20.44I 2011 Lana Lawrence
NW: 2:10.34Z 1997 M. Jenkins

1 Lana Lawrence	18	LCM-IW	2:25.71I
	35.18	1:12.73	1:50.12
			2:25.71

Women 18-24 100 Yard Breast

Inland NW: 1:16.19I 2009 Sheri Markwardt
NW: 1:06.05Z 2009 Paloma Dinkel

1 Melissa Kirby	20	SWAT	1:13.65I
	35.04	1:13.65	
2 Kourtnei McHugh	20	MCM-IW	1:25.76I
	38.30	1:25.76	

Women 18-24 50 Yard Fly Mixed

Inland NW: 30.08I 1989 Tracy Wright
NW: 27.00Z 1997 M. Jenkins

1 Melissa Kirby	20	SWAT	29.43I
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Women 18-24 100 Yard Fly

Inland NW: 1:03.72I 2007 Meika Weiner
NW: 59.48Z 1997 M. Jenkins

1 Lana Lawrence	18	LCM-IW	1:06.86I
	30.58	1:06.86	
2 Caroline Campbell	22	MCM-IW	1:13.45I
	33.78	1:13.45	

Women 18-24 100 Yard IM Mixed

Inland NW: 1:06.04I 1988 Jane Giese
NW: 1:02.94Z 1992 Pamela Stalter

1 Lana Lawrence	18	LCM-IW	1:10.48I
	31.73	1:10.48	

Women 18-24 200 Yard IM

Inland NW: 2:20.82I 2009 Norra Stroh
NW: 2:13.25Z 2009 Paloma Dinkel

1 Caroline Campbell	22	MCM-IW	2:33.83I
	34.12	1:16.06	1:59.04
			2:33.83
2 Kourtnei McHugh	20	MCM-IW	2:42.30I
	36.12	1:21.07	2:04.74
			2:42.30

Women 30-34 100 Yard Free

Inland NW: 59.28I 1991 Susan Kirkland
NW: 52.87Z 1992 Gracie Goddard

1 Nadine Lehrer	34	WVM-IW	1:23.06I
	38.94	1:23.06	

Women 30-34 500 Yard Free

Inland NW: 5:27.37I 1986 Catherine Chay
NW: 5:11.86Z 1992 Leissa Mills

1 Nadine Lehrer	34	WVM-IW	7:45.20I
	41.27	1:27.94	2:16.11
	3:51.68	4:39.11	5:25.95
	7:00.52	7:45.20	6:13.41

Women 30-34 1650 Yard Free

Inland NW: 18:29.15I 1986 Catherine Chay
NW: 18:05.54Z 1996 Margee Curran

1 Nadine Lehrer	34	WVM-IW	27:30.49I
		5:41.87	6:32.67
			9:55.36
		10:46.01	11:36.65
		12:27.56	13:19.45
		14:11.15	15:00.56
		15:51.16	16:41.65
		17:33.32	18:24.45
		19:16.47	20:06.00
		20:55.79	21:46.65
		22:38.12	23:01.79
		23:27.97	24:17.48
		25:08.43	25:57.83
		27:30.49	

Women 30-34 100 Yard Breast

Inland NW: 1:12.25I 1997 Vicki Marsh
NW: 1:09.10Z 2002 Cara Hafner

1 Christine Dustin	32	MCM-IW	1:14.73I
	34.64	1:14.73	

Women 30-34 200 Yard Breast

Inland NW: 2:49.27I 1996 Vicki Marsh
NW: 2:30.92Z 2001 Linda Hegeberg

1 Nadine Lehrer	34	WVM-IW	3:45.41I
	51.02	1:48.81	2:47.29
			3:45.41

Women 30-34 50 Yard Fly Mixed

Inland NW: 28.88I 1985 Lori Clark
NW: 26.61Z 2002 Kathy Blandford

1 Nadine Lehrer	34	WVM-IW	46.96I
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Women 30-34 200 Yard IM

Inland NW: 2:25.14I 1986 Catherine Chay
NW: 2:13.21Z 2007 Maureen Rea

1 Nadine Lehrer	34	WVM-IW	3:31.86I
	52.06	1:48.10	2:45.62
			3:31.86

Women 35-39 1650 Yard Free

Inland NW: 18:44.51I 2000 Suanne Simpson
NW: 17:39.45Z 1995 Robynn Masters

1 Bridget McNassar	36	MCM-IW	23:24.83I
	34.73	1:15.01	1:57.45
	3:24.79	4:08.80	4:52.63
	6:18.92	7:03.10	7:46.75
	9:14.09	9:57.59	10:40.53
	12:07.58	12:50.70	13:33.43
	14:58.94	15:42.58	16:25.20
	17:49.18	18:31.84	19:14.55
	20:38.89	21:20.46	22:02.17
	23:24.83		22:44.39

Women 35-39 100 Yard Back Mixed

Inland NW: 1:09.47I 2009 Jennifer Korfiati
NW: 1:00.71Z 2004 Valerie Jenkins

1 Bridget McNassar	36	MCM-IW	1:25.77I
	40.75	1:25.77	

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Women 35-39 200 Yard Back

Inland NW: 2:26.45I 2000 Susanne Simpson

NW: 2:10.93Z 1997 Zena Courtney

1	Bridget McNassar	36	MCM-IW	3:02.20
	41.33	1:26.97	2:15.34	3:02.20

Women 35-39 100 Yard IM Mixed

Inland NW: 1:06.91I 1990 Diane Giebel-Nues

NW: 1:03.22Z 2002 Valerie Jenkins

1	Bridget McNassar	36	MCM-IW	1:23.29
	39.15	1:23.29		

Women 40-44 50 Yard Free

Inland NW: 26.49I 1997 Susan Kirkland

NW: 24.87Z 2004 Lisa Dahl

1	Suzie Danner	43	LCM-IW	28.20
2	Paige Buehler	42	MCM-IW	29.37

Women 40-44 200 Yard Free Mixed

Inland NW: 1:56.14I 2002 Susanne Simpson

NW: 1:56.14Z 2002 Susanne Simpson

1	Paige Buehler	42	MCM-IW	2:30.59
	33.37	1:11.49	1:51.08	2:30.59

Women 40-44 500 Yard Free

Inland NW: 5:13.14I 2002 Susanne Simpson

NW: 5:13.14Z 2002 Susanne Simpson

1	Paige Buehler	42	MCM-IW	6:36.44
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Women 40-44 100 Yard Back Mixed

Inland NW: 1:07.72I 1997 Susan Kirkland

NW: 1:00.17Z 2004 Valerie Jenkins

1	Paige Buehler	42	MCM-IW	1:24.70
	41.05	1:24.70		

Women 40-44 100 Yard Breast

Inland NW: 1:18.21I 1996 Margaret Hair

NW: 1:10.52Z 2009 Mary Armstrong

1	Suzie Danner	43	LCM-IW	1:24.24
	39.07	1:24.24		

Women 40-44 50 Yard Fly Mixed

Inland NW: 27.19I 2002 Susanne Simpson

NW: 27.19Z 2002 Susanne Simpson

1	Paige Buehler	42	MCM-IW	34.38
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Women 40-44 100 Yard IM Mixed

Inland NW: 1:05.52I 1997 Susan Kirkland

NW: 1:02.98Z 2010 Shannon Corbeau

1	Suzie Danner	43	LCM-IW	1:14.15
	34.46	1:14.15		
2	Paige Buehler	42	MCM-IW	1:18.49
	35.07	1:18.49		

Women 45-49 50 Yard Free

Inland NW: 27.89I 2005 Karli Spear

NW: 24.63Z 2010 Lisa Dahl

1	Valeri Schillberg	49	MCM-IW	30.70
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Women 45-49 100 Yard Free

Inland NW: 59.83I 2005 Susanne Simpson

NW: 54.63Z 2010 Lisa Dahl

1	Valeri Schillberg	49	MCM-IW	1:08.62
	32.13	1:08.62		

Women 45-49 200 Yard Free Mixed

Inland NW: 1:59.87I 2005 Susanne Simpson

NW: 1:59.87Z 2005 Susanne Simpson

1	Valeri Schillberg	49	MCM-IW	2:44.39
	35.37	1:16.01	2:00.43	2:44.39

Women 45-49 50 Yard Fly Mixed

Inland NW: 28.03I 2005 Susanne Simpson

NW: 26.36Z 2010 Lisa Dahl

1	Valeri Schillberg	49	MCM-IW	34.38
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Women 45-49 100 Yard Fly

Inland NW: 1:00.50I 2005 Susanne Simpson

NW: 59.39Z 2008 Arlene Delmage

1	Valeri Schillberg	49	MCM-IW	1:23.09
	37.13	1:23.09		

Women 50-54 1650 Yard Free

Inland NW: 22:35.27I 2006 Margaret Hair

NW: 20:02.62Z 2010 Mary Sweat

1	Kathie LaFortune	51	MCM-IW	27:42.26
	45.61	1:34.47	2:24.75	3:14.27
	4:06.70	4:56.95	5:46.24	6:38.64
	7:28.59	8:19.71	9:12.25	10:01.86
	10:53.60	11:44.96	12:33.76	13:27.40
	14:18.06	15:10.14	16:00.00	16:52.33
	17:42.00	18:35.29	19:25.09	20:17.07
	21:06.82	21:56.45	22:47.44	23:36.12
	24:27.16	25:15.73	26:06.94	26:54.51
	27:42.26			

Women 50-54 50 Yard Breast

Inland NW: 36.62I 2007 Margaret Hair

NW: 34.46Z 2008 Colette Crabbe

1	Robin Helm	54	SWAC-IW	51.08
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Women 50-54 100 Yard Breast

Inland NW: 1:23.79I 2006 Margaret Hair

NW: 1:14.37Z 2010 Colette Crabbe

1	Robin Helm	54	SWAC-IW	1:51.34
	52.30	1:51.34		

Women 50-54 100 Yard IM Mixed

Inland NW: 1:12.50I 2007 Margaret Hair

NW: 1:05.66Z 2005 Robin Parisi

1	Robin Helm	54	SWAC-IW	1:47.38
	49.39	1:47.38		

Women 55-59 50 Yard Free

Inland NW: 30.53I 2010 Margaret Hair

NW: 26.99Z 2009 Charlotte Davis

1	Teresa Wendel	58	WVM-IW	40.88
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Women 55-59 100 Yard Free

Inland NW: 1:09.05I 2010 Margaret Hair

NW: 59.08Z 2005 Charlotte Davis

1	Mary Adams	56	LCM-IW	1:32.59
	44.05	1:32.59		

Women 55-59 500 Yard Free

Inland NW: 6:22.03I 2004 Suzanne Dills

NW: 5:53.66Z 2007 Barb Gundred

1	Deborah Bell	58	MCM-IW	7:49.81
	40.89	1:26.52	2:14.14	3:02.40
	3:50.85	4:38.96	5:27.12	6:15.34
	7:03.65	7:49.81		

Women 55-59 1650 Yard Free

Inland NW: 22:04.56I 2004 Suzanne Dills

NW: 21:22.63Z 1989 Lavelle Stoinoff

1	Deborah Bell	58	MCM-IW	26:34.85
	43.40	1:30.17	2:18.50	3:07.08
	3:56.15	4:44.55	5:33.32	6:22.07
	7:10.66	7:59.19	8:47.71	9:35.80
	10:24.35	11:12.85	12:01.81	12:50.62
	13:39.39	14:27.85	15:16.60	16:05.35
	16:53.96	17:42.93	18:31.30	19:19.96
	20:08.53	20:57.26	21:45.86	22:33.62
	23:22.16	24:10.76	24:59.08	25:47.64
	26:34.85			

Women 55-59 50 Yard Back

Inland NW: 39.84I 2011 Margaret Hair

NW: 35.01Z 2000 Joy Ward

1	Teresa Wendel	58	WVM-IW	47.75
2	Mary Adams	56	LCM-IW	51.20

Women 55-59 100 Yard Back Mixed

Inland NW: 1:20.36I 2004 Suzanne Dills

NW: 1:09.59Z 2007 Barb Gundred

1	Mary Adams	56	LCM-IW	1:49.01
	53.74	1:49.01		
2	Teresa Wendel	58	WVM-IW	1:52.60
	53.08	1:52.60		

Women 55-59 200 Yard Back

Inland NW: 3:10.66I 2010 Margaret Hair

NW: 2:28.88Z 2007 Barb Gundred

1	Mary Adams	56	LCM-IW	3:56.95
	57.03	1:57.86	2:58.38	3:56.95
2	Teresa Wendel	58	WVM-IW	4:35.61
	57.90	2:06.72	3:21.56	4:35.61

Women 55-59 100 Yard Breast

Inland NW: 1:25.11I 2010 Margaret Hair

NW: 1:17.43Z 2004 Ginger Pierson

1	Deborah Bell	58	MCM-IW	1:45.70
	49.20	1:45.70		

Women 55-59 50 Yard Fly Mixed

Inland NW: 34.30I 2011 Margaret Hair

NW: 29.90Z 2006 Charlotte Davis

1	Mary Adams	56	LCM-IW	52.60
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Women 55-59 100 Yard IM Mixed

Inland NW: 1:17.58I 2004 Suzanne Dills

NW: 1:08.54Z 2009 Charlotte Davis

1	Deborah Bell	58	MCM-IW	1:37.33
	48.61	1:37.33		

Women 55-59 200 Yard IM

Inland NW: 2:42.68I 2004 Suzanne Dills

NW: 2:29.14Z 2005 Charlotte Davis

1	Deborah Bell	58	MCM-IW	3:29.11
	51.03	1:43.64	2:41.32	3:29.11
2	Mary Adams	56	LCM-IW	3:54.14
	14.99	57.71	3:03.60	3:54.14

Women 60-64 50 Yard Back

Inland NW: 44.98I 1990 Peggy Knowles

NW: 36.14Z 2002 Barbara Frid

1	Shirley Schreiber	63	WVM-IW	47.91
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Women 60-64 100 Yard Back Mixed

Inland NW: 1:36.96I 2007 Carolyn MaGee

NW: 1:19.07Z 2006 Joy Ward

1	Shirley Schreiber	63	WVM-IW	1:44.73
	50.95	1:44.73		

Women 60-64 200 Yard Back

Inland NW: 3:26.49I 2008 Carolyn Magee

NW: 2:50.94Z 2006 Joy Ward

1	Shirley Schreiber	63	WVM-IW	3:44.73
	52.64	1:50.91	2:49.45	3:44.73

Women 60-64 50 Yard Fly Mixed

Inland NW: 35.77I 2005 Suzanne Dills

NW: 29.86Z 2010 Charlotte Davis

1	Shirley Schreiber	63	WVM-IW	48.54
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Women 60-64 200 Yard IM

Inland NW: 2:48.23I 2005 Suzanne Dills

NW: 2:31.84Z 2010 Charlotte Davis

1	Shirley Schreiber	63	WVM-IW	3:46.39
	51.91	1:49.37	2:52.63	3:46.39

Women 60-64 400 Yard IM

Inland NW: 6:13.13I 2006 Suzanne Dills

NW: 5:27.07Z 2010 Charlotte Davis

1	Shirley Schreiber	63	WVM-IW	7:54.82
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Women 65-69 1650 Yard Free

Inland NW: 27:34.34I 2011 Carolyn Magee

NW: 23:09.53Z 1998 Lavelle Stoinoff

1	Sue Dills	65	PNA-PN	22:41.75Z
	37.82	1:19.06	2:00.34	2:41.68
	3:23.05	4:04.14	4:45.24	5:26.11
	6:07.21	6:48.05	7:29.46	8:11.71
	8:53.56	9:35.83	10:17.38	10:58.57
	11:39.97	12:21.29	13:03.01	13:44.23
	14:25.86	15:07.81	15:49.19	16:30.61
	17:12.28	17:53.91	18:35.56	19:16.59
	19:58.19	20:39.36	21:20.93	22:02.00
	22:41.75			

2	Carolyn Magee	65	WVM-IW	28:16.77
	44.72	1:34.59	2:25.72	3:17.21
	4:08.56	4:59.32	5:50.94	6:42.58
	7:34.97	8:26.77	9:18.04	10:09.58
	11:01.44	11:53.09	12:44.92	13:36.63
	14:28.29	15:20.14	16:11.98	17:04.50
	17:56.97	18:49.94	19:41.57	20:33.19
	21:24.80	22:16.94	23:08.92	24:01.72
	24:53.32	25:45.16	26:36.98	27:28.24
	28:16.77			

Women 65-69 100 Yard Back Mixed

Inland NW: 1:54.87I 1997 Peggy Phillips

NW: 1:20.75Z 2009 Joy Ward

1	Sue Dills	65	PNA-PN	1:26.75
	41.57	1:26.75		

Women 65-69 50 Yard Fly Mixed

Inland NW: 58.19I 2003 Marvel Kimball

NW: 34.01Z 2007 Barbara Frid

1	Carolyn Magee	65	WVM-IW	42.39I
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Women 65-69 100 Yard Fly

Inland NW: 4:47.80I 1987 Maureen Schmahl

NW: 1:25.29Z 2010 Suzanne Dills

1	Carolyn Magee	65	WVM-IW	1:41.27I
	48.36	1:41.27		

Women 65-69 200 Yard Fly

Inland NW: 5:13.00I 2004 Peony Munger

NW: 3:21.90Z 2008 Joy Ward

1	Carolyn Magee	65	WVM-IW	3:43.55I
	46.84	1:44.28	2:44.09	3:43.55

Women 65-69 100 Yard IM Mixed

Inland NW: 1:36.75I 2011 Carolyn Magee

NW: 1:19.27Z 2010 Suzanne Dills

1	Sue Dills	65	PNA-PN	1:23.42
	39.77	1:23.42		

Women 65-69 200 Yard IM

Inland NW: 4:30.16I 2003 Peony Munger

NW: 2:52.51Z 2010 Suzanne Dills

1	Carolyn Magee	65	WVM-IW	3:29.84I
	46.63	1:43.33	2:44.04	3:29.84

Women 65-69 400 Yard IM

Inland NW: 9:21.28I 2004 Peony Munger

NW: 6:01.14Z 2010 Suzanne Dills

1	Carolyn Magee	65	WVM-IW	7:19.27I
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Women 75-79 50 Yard Free

Inland NW: 50.52I 1998 Jean Rudolph

NW: 41.70Z 2006 Barbara Jackson

1	Peony Munger	76	WVM-IW	50.06I
2	Annette Orton	79	SWAC-IW	1:38.62

Women 75-79 100 Yard Free

Inland NW: 1:54.47I 2010 Madonna Buder

NW: 1:45.54Z 1998 Pauline Stangel

1	Peony Munger	76	WVM-IW	1:56.53
	57.17	1:56.53		

Women 75-79 50 Yard Back

Inland NW: 59.86I 1999 Jean Rudolph

NW: 45.24Z 2005 Barbara Jackson

1	Peony Munger	76	WVM-IW	1:05.41
2	Annette Orton	79	SWAC-IW	1:51.71

Women 75-79 200 Yard Back

Inland NW: 5:08.31I 2010 Peony Munger

NW: 3:44.83Z 2005 Barbara Jackson

1	Peony Munger	76	WVM-IW	4:56.25I
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Women 75-79 50 Yard Breast

Inland NW: 1:06.56I 2010 Peony Munger

NW: 54.09Z 1999 Muriel Flynn

1	Annette Orton	79	SWAC-IW	2:02.94
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Women 75-79 200 Yard Fly

Inland NW: 6:03.81I 2010 Peony Munger

NW: 5:15.05Z 1992 Pat Matthiesen

1	Peony Munger	76	WVM-IW	6:12.54
	1:31.40	3:11.09	4:43.78	6:12.54

Women 75-79 100 Yard IM Mixed

Inland NW: 2:19.84I 1999 Jean Rudolph

NW: 1:56.91Z 2000 Betty Kercheval

1	Peony Munger	76	WVM-IW	2:18.52I
	1:12.74	2:18.52		
---	Annette Orton	79	SWAC-IW	DQ
	1:47.09			

Women 80-84 50 Yard Free

Inland NW: 53.23I 2010 Madonna Buder

NW: 45.25Z 2010 Barbara Jackson

1	Madonna Buder	80	UNAT	52.19
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Women 80-84 200 Yard Free Mixed

NW: 4:05.01Z 2002 Pauline Stangel

1	Madonna Buder	80	UNAT	4:17.26
	56.84	2:00.69	4:17.26	

Women 80-84 1650 Yard Free

NW: 41:44.60Z 1982 Martha Keller

1	Madonna Buder	80	UNAT	38:33.98Z
	56.31	2:02.34	3:12.76	4:22.35
	5:30.88	6:39.49	7:49.77	9:00.27
	10:10.14	11:19.98	12:30.09	13:39.33
	14:49.29	15:59.48	17:08.57	18:18.67
	19:28.90	20:40.78	21:52.19	23:04.89
	24:15.70	25:26.24	26:37.00	27:48.87
	29:01.04	30:12.70	31:25.94	32:37.39
	33:48.34	34:58.96	36:11.00	37:23.41
	38:33.98			

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Women 80-84 100 Yard Breast

Inland NW: 2:39.11I 2010 Madonna Buder
NW: 2:01.00Z 2003 Muriel Flynn

1 Madonna Buder 80 UNAT 2:45.61
1:15.64 2:45.61

Women 80-84 100 Yard IM Mixed

NW: 2:01.26Z 2003 Muriel Flynn

1 Madonna Buder 80 UNAT 2:40.89
1:22.41 2:40.89

Women 85-89 50 Yard Free

Inland NW: 1:10.75I 2008 Jean Rudolph
NW: 55.73Z 1996 Patience Miller

1 Jean Rudolph 89 MCM-IW 1:17.85

Women 85-89 100 Yard Free

Inland NW: 2:53.78I 2009 Jean Rudolph
NW: 2:03.51Z 1998 Eva Muller

1 Jean Rudolph 89 MCM-IW 3:02.93
1:25.80 3:02.93

Women 85-89 50 Yard Back

Inland NW: 1:13.73I 2006 Jean Rudolph
NW: 1:13.06Z 1997 Marion Mueller

1 Jean Rudolph 89 MCM-IW 1:24.61

Women 85-89 100 Yard Back Mixed

Inland NW: 2:34.26I 2007 Jean Rudolph
NW: 2:12.42Z 1998 Eva Muller

1 Jean Rudolph 89 MCM-IW 3:01.45
1:31.04 3:01.45

Women 85-89 50 Yard Breast

Inland NW: 1:34.75I 2007 Jean Rudolph
NW: 1:18.97Z 2007 Pauline Stangel

1 Jean Rudolph 89 MCM-IW 2:02.37

Women 85-89 100 Yard Breast

Inland NW: 3:28.42I 2006 Jean Rudolph
NW: 2:55.67Z 2007 Pauline Stangel

1 Jean Rudolph 89 MCM-IW 4:26.85
2:05.79 4:26.85

Men 18-24 50 Yard Free

Inland NW: 21.75I 2011 Samuel Clark
NW: 20.41Z 2000 Michael Burton

1 Brady Hooper 22 LCM-IW 24.37

Men 18-24 100 Yard Free

Inland NW: 47.93I 2007 Jason Lyons
NW: 45.90Z 1992 John Keppeler

1 Brady Hooper 22 LCM-IW 54.28
25.96 54.28

Men 18-24 200 Yard Free Mixed

Inland NW: 1:50.60I 1985 Don Moravec
NW: 1:41.45Z 1992 John Keppeler

1 Matthew Edde 21 MCM-IW 2:05.61
27.71 58.67 1:31.88 2:05.61

2 Brady Hooper 22 LCM-IW 2:09.40
29.02 1:02.07 1:36.69 2:09.40

Men 18-24 500 Yard Free

Inland NW: 5:00.07I 2007 Jason Lyons
NW: 4:49.97Z 2007 David Whitbeck

1 Matthew Edde 21 MCM-IW 6:09.28

Men 18-24 1000 Yard Free

Inland NW: 10:50.17I 1994 Sam Chesnut
NW: 9:59.78Z 2009 Eddie Switaj

1 Matthew Edde 21 MCM-IW 13:05.32
30.17 1:08.23 1:47.61 2:27.83
3:07.85 3:48.75 4:29.28 5:09.13
5:50.13 6:30.69 7:10.57 7:50.18
8:29.52 9:10.72 9:51.06 10:31.71
11:11.19 11:52.13 12:31.52 13:05.32

Men 18-24 1650 Yard Free

Inland NW: 18:32.43I 1979 Bob Stone
NW: 17:00.46Z 1994 Todd Struckman

1 Brady Hooper 22 LCM-IW 21:10.35
31.51 1:06.82 1:42.48 2:19.28
2:57.06 3:35.32 4:14.57 4:54.54
5:34.12 6:13.34 6:53.03 7:33.47
8:12.78 8:50.45 9:29.99 10:10.19
10:50.84 11:30.73 12:10.63 12:51.18
13:31.19 14:09.94 15:28.91 16:07.65
16:46.41 17:25.27 18:04.55 18:44.31
19:22.61 20:00.26 20:37.27 21:10.35
2 Matthew Edde 21 MCM-IW 21:28.42
32.22 1:08.89 1:46.86 2:25.90
3:03.86 4:23.14 7:43.21 8:22.71
9:02.60 10:23.16 11:02.96 11:42.94
12:21.94 13:02.18 13:41.19 14:23.18
15:03.46 15:43.78 16:24.14 17:04.43
17:44.27 18:24.93 19:04.25 19:42.83
20:20.55 20:57.13 21:28.42

Men 18-24 50 Yard Back

Inland NW: 26.51I 2010 Anthony Tappin
NW: 24.19Z 1992 John Keppeler

1 Brady Hooper 22 LCM-IW 31.94

Men 18-24 100 Yard Breast

Inland NW: 1:05.03I 2009 Dustin Ferguson
NW: 55.86Z 2000 Michael Burton

1 Brady Hooper 22 LCM-IW 1:14.36
35.99 1:14.36

Men 18-24 200 Yard Breast

Inland NW: 2:23.16I 1986 Garvin Morlan
NW: 2:13.11Z 1995 Dmitri Malinovski

1 Matthew Edde 21 MCM-IW 3:01.76
39.42 1:25.84 2:14.01 3:01.76

Men 18-24 100 Yard Fly

Inland NW: 54.86I 1985 Don Moravec
NW: 52.08Z 1990 Jim Askervold

1 Matthew Edde 21 MCM-IW 1:06.05
30.27 1:06.05

Men 30-34 100 Yard Free

Inland NW: 50.56I 1998 Richard Swoboda
NW: 45.85Z 2009 Brian Wisniewski

1 Mike Cochran 31 WVM-IW 1:12.95
35.47 1:12.95

Men 30-34 200 Yard Free Mixed

Inland NW: 1:50.90I 1996 Richard Swoboda
NW: 1:40.22Z 2009 Brian Wisniewski

1 Daniel Hurley 31 MCM-IW 1:53.55
27.34 56.29 1:25.49 1:53.55

Men 30-34 500 Yard Free

Inland NW: 5:06.75I 1993 Don Moravec
NW: 4:44.28Z 1995 Jeff Stiling

1 Mike Cochran 31 WVM-IW 7:54.01
1:28.01 3:05.92
3:54.17 4:42.21 5:30.41 6:18.96
7:08.02 7:54.01

Men 30-34 1000 Yard Free

Inland NW: 10:49.16I 1992 Don Moravec
NW: 9:47.93Z 2000 Dennis Tesch

1 James Adams 33 WVM-IW 12:45.59
28.38 1:01.91 1:36.43 2:11.73
2:47.30 3:27.92 4:09.59 4:52.88
5:36.35 6:21.53 7:00.70 7:41.07
8:21.09 9:01.38 9:42.65 10:16.80
10:52.90 11:30.56 12:09.19 12:45.59

Men 30-34 1650 Yard Free

Inland NW: 18:07.57I 2011 James Adams
NW: 15:51.57Z 1996 Jeff Erwin

1 Mike Cochran 31 WVM-IW 28:20.46
44.77 1:34.60 2:25.31 3:17.59
4:10.55 5:02.54 5:55.63 6:47.59
7:40.02 8:31.06 9:23.43 10:14.60
12:01.97 12:53.37 13:45.93 14:39.02
15:33.37 16:23.82 17:15.41 18:08.55
19:01.78 19:54.20 20:45.70 21:37.33
22:28.79 23:21.50 24:13.63 25:05.35
25:57.26 26:47.40 27:34.82 28:20.54
28:20.46

Men 30-34 50 Yard Back

Inland NW: 25.74I 1996 Richard Swoboda
NW: 24.82Z 2000 Paul Watson

1 Daniel Hurley 31 MCM-IW 29.46
2 Mike Cochran 31 WVM-IW 45.37

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Men 30-34 200 Yard Back

Inland NW: 2:07.70I 1997 Richard Swoboda
NW: 1:56.33Z 2009 Brian Wisniewski

1 James Adams 33 WVM-IW 2:16.33
31.46 1:05.89 1:41.47 2:16.33

Men 30-34 50 Yard Breast

Inland NW: 29.10I 1988 Lee Rider
NW: 26.78Z 1990 Robert Jackson

1 James Adams 33 WVM-IW 31.46

Men 30-34 100 Yard Breast

Inland NW: 1:03.79I 1988 Lee Rider
NW: 58.51Z 2004 Gregory Latta

1 James Adams 33 WVM-IW 1:07.29
31.47 1:07.29
2 Mike Cochran 31 WVM-IW 1:30.52
42.45 1:30.52

Men 30-34 200 Yard Breast

Inland NW: 2:24.04I 1988 Lee Rider
NW: 2:09.53Z 2002 Gregory Latta

1 James Adams 33 WVM-IW 2:29.49
32.56 1:10.90 1:50.36 2:29.49

Men 30-34 50 Yard Fly Mixed

Inland NW: 24.89I 1987 Michael Johnson
NW: 22.93Z 2000 Michael Sorensen

1 Daniel Hurley 31 MCM-IW 26.03

Men 30-34 100 Yard Fly

Inland NW: 54.81I 1996 Richard Swoboda
NW: 50.46Z 1999 Michael Sorensen

1 Daniel Hurley 31 MCM-IW 56.36
26.66 56.36

Men 30-34 100 Yard IM Mixed

Inland NW: 55.55I 1996 Richard Swoboda
NW: 53.83Z 2002 Gregory Latta

1 Mike Cochran 31 WVM-IW 1:31.58
1:31.65 1:31.58

Men 30-34 400 Yard IM

Inland NW: 4:29.48I 1998 Richard Swoboda
NW: 4:14.76Z 2002 Bill Zolna

1 James Adams 33 WVM-IW 4:41.94

Men 35-39 50 Yard Free

Inland NW: 22.74I 1990 John Kafentzis
NW: 21.11Z 2000 Pat Hayes

1 Dorin Nicorici 38 MLMR-IW 25.35
2 Ryan Smith 38 MLMR-IW 26.50
3 Asaph Cousins 38 MCM-IW 26.85

Men 35-39 100 Yard Free

Inland NW: 49.82I 2007 Roy Berg
NW: 46.04Z 2000 Pat Hayes

1 Dorin Nicorici 38 MLMR-IW 56.43
27.27 56.43
2 Marcos Donolo 35 MCM-IW 57.81
27.45 57.81

3 Ryan Smith 38 MLMR-IW 1:00.60
28.50 1:00.60

4 Asaph Cousins 38 MCM-IW 1:04.68

Men 35-39 200 Yard Free Mixed

Inland NW: 1:50.81I 2007 Roy Berg
NW: 1:41.80Z 2000 Pat Hayes

1 Asaph Cousins 38 MCM-IW 2:25.62
32.43 1:07.80 1:46.49 2:25.62
2 Dorin Nicorici 38 MLMR-IW 2:31.83
29.56 1:04.99 1:46.08 2:31.83

Men 35-39 500 Yard Free

Inland NW: 5:19.05I 1994 David Barnes
NW: 4:43.56Z 1997 Jeff Stiling

1 Asaph Cousins 38 MCM-IW 7:12.91
35.35 2:41.21
7:12.91

Men 35-39 100 Yard Back Mixed

Inland NW: 57.80I 1994 David Barnes
NW: 53.40Z 1999 Steve George

1 Marcos Donolo 35 MCM-IW 1:10.95
34.94 1:10.95

Men 35-39 50 Yard Breast

Inland NW: 29.15I 1996 Terry Tongate
NW: 27.07Z 2006 Greg Latta

1 Asaph Cousins 38 MCM-IW 44.60

Men 35-39 100 Yard Breast

Inland NW: 1:03.90I 1993 Lee Rider
NW: 59.56Z 2006 Greg Latta

1 Marcos Donolo 35 MCM-IW 1:13.48
35.67 1:13.48

Men 35-39 50 Yard Fly Mixed

Inland NW: 25.38I 1993 David Barnes
NW: 23.06Z 2003 Michael Sorensen

1 Asaph Cousins 38 MCM-IW 36.33

Men 35-39 100 Yard Fly

Inland NW: 55.74I 1994 David Barnes
NW: 50.30Z 2003 Michael Sorensen

1 Marcos Donolo 35 MCM-IW 1:11.24
32.19 1:11.24

Men 35-39 100 Yard IM Mixed

Inland NW: 55.93I 2007 Roy Berg
NW: 54.12Z 2000 Pat Hayes

1 Marcos Donolo 35 MCM-IW 1:07.07
32.16 1:07.07
2 Dorin Nicorici 38 MLMR-IW 1:07.37
31.62 1:07.37
3 Ryan Smith 38 MLMR-IW 1:12.66
33.52 1:12.66

Men 35-39 200 Yard IM

Inland NW: 2:09.47I 1994 David Barnes
NW: 1:57.43Z 2006 Greg Latta

1 Marcos Donolo 35 MCM-IW 2:25.30
31.90 1:10.85 1:51.90 2:25.30

Men 40-44 50 Yard Free

Inland NW: 22.91I 1997 Larry Krauser
NW: 21.98Z 1996 Rick Abbott

1 Harm-Jan Steenhuis 43 SWAT 28.65

Men 40-44 100 Yard Breast

Inland NW: 1:06.37I 1981 Armin Arndt
NW: 59.95Z 2000 Robert Jackson

1 Harm-Jan Steenhuis 43 SWAT 1:13.75
34.52 1:13.75

Men 40-44 100 Yard IM Mixed

Inland NW: 57.46I 1997 David Barnes
NW: 55.19Z 2010 Gregory Latta

1 Harm-Jan Steenhuis 43 SWAT 1:14.55
36.87 1:14.55

Men 45-49 50 Yard Free

Inland NW: 22.56I 2001 Larry Krauser
NW: 22.50Z 2002 Rick Abbott

1 Brian Johnson 49 MCM-IW 25.95
2 Sean Murphy 47 3RMS-IW 25.99
3 Paul Gentry 45 MCM-IW 26.33

Men 45-49 100 Yard Free

Inland NW: 49.41I 2001 Larry Krauser
NW: 49.33Z 2002 Rick Abbott

1 Wes Bratton 46 TCAS-IW 52.65
25.58 52.65
2 Sean Murphy 47 3RMS-IW 58.43
28.41 58.43
3 Paul Gentry 45 MCM-IW 58.97
27.91 58.97

Men 45-49 500 Yard Free

Inland NW: 5:01.35I 2001 Larry Krauser
NW: 4:39.10Z 2007 Dennis Baker

1 Sean Murphy 47 3RMS-IW 6:18.94

Men 45-49 50 Yard Back

Inland NW: 27.92I 2007 Brian McGuire
NW: 25.65Z 1988 Robert Smith

1 Wes Bratton 46 TCAS-IW 27.60I
2 Brian Johnson 49 MCM-IW 29.15
3 Sean Murphy 47 3RMS-IW 32.90

Men 45-49 100 Yard Back Mixed

Inland NW: 58.49I 2007 Lincoln Djang
NW: 56.14Z 1988 Robert Smith

1 Wes Bratton 46 TCAS-IW 59.54
29.61 59.54

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Men 45-49 200 Yard Back

Inland NW: 2:04.25I 2007 Lincoln Djang

NW: 2:04.25Z 2007 Lincoln Djang

1	Wes Bratton	46	TCAS-IW	2:13.69
		31.07	1:05.68	1:40.11
				2:13.69

Men 45-49 50 Yard Breast

Inland NW: 30.10I 2005 Bernard Kingsly

NW: 27.09Z 2009 James Corbeau

1	Brian Johnson	49	MCM-IW	33.51
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Men 45-49 100 Yard Breast

Inland NW: 1:06.99I 1985 David Daboll

NW: 58.77Z 2009 James Corbeau

1	Sean Murphy	47	3RMS-IW	1:20.57
		38.31	1:20.57	

Men 45-49 200 Yard Breast

Inland NW: 2:18.82I 2007 Lincoln Djang

NW: 2:09.29Z 2009 Tom Fristoe

1	Sean Murphy	47	3RMS-IW	3:01.22
		41.11	1:27.92	2:14.55
				3:01.22

Men 45-49 50 Yard Fly Mixed

Inland NW: 25.64I 2007 Brian McGuire

NW: 23.89Z 2007 Brad Hering

1	Paul Gentry	45	MCM-IW	30.00
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Men 45-49 100 Yard IM Mixed

Inland NW: 59.82I 2005 Bernard Kingsly

NW: 56.11Z 2007 Brad Hering

1	Wes Bratton	46	TCAS-IW	1:00.39
		27.25	1:00.39	
2	Brian Johnson	49	MCM-IW	1:04.02
		28.75	1:04.02	

Men 45-49 200 Yard IM

Inland NW: 2:19.46I 1999 Larry Krauser

NW: 1:58.77Z 2009 Tom Fristoe

1	Wes Bratton	46	TCAS-IW	2:14.74I
		27.69	1:02.47	1:42.80
				2:14.74

Men 50-54 50 Yard Free

Inland NW: 22.68I 2004 Larry Krauser

NW: 22.68Z 2004 Larry Krauser

1	Keith Stelzer	51	OREG-OR	26.53
2	Stephen Harger	51	MLMR-IW	26.69
3	Dan Sheahan	53	SWAT	27.87
4	Thomas Lamar	50	MCM-IW	27.99

Men 50-54 100 Yard Free

Inland NW: 49.74I 2004 Larry Krauser

NW: 48.25Z 2008 Rick Abbott

1	Stephen Harger	51	MLMR-IW	59.10
		28.12	59.10	
2	Dan Sheahan	53	SWAT	1:00.03
		28.70	1:00.03	
3	Thomas Lamar	50	MCM-IW	1:00.53
		29.16	1:00.53	

4	Eric Ridgway	50	SWAC-IW	1:05.11
		30.96	1:05.11	

Men 50-54 200 Yard Free Mixed

Inland NW: 1:49.58I 2004 Larry Krauser

NW: 1:49.58Z 2004 Larry Krauser

1	Dan Sheahan	53	SWAT	2:14.57
		31.36	1:05.32	1:40.34
				2:14.57
2	Stephen Harger	51	MLMR-IW	2:17.62
		31.34	1:05.18	1:40.41
				2:17.62

Men 50-54 500 Yard Free

Inland NW: 5:03.96I 2006 Larry Krauser

NW: 5:03.96Z 2006 Larry Krauser

1	Thomas Lamar	50	MCM-IW	6:17.63
2	Dan Sheahan	53	SWAT	6:19.08

Men 50-54 50 Yard Back

Inland NW: 26.65I 2010 Lincoln Djang

NW: 26.24Z 1993 Robert Smith

1	Michael Hamm	53	LCM-IW	32.98
2	Dan Sheahan	53	SWAT	37.24

Men 50-54 100 Yard Back Mixed

Inland NW: 1:01.52I 2003 Richard Green

NW: 56.16Z 2008 Rick Abbott

1	Michael Hamm	53	LCM-IW	1:06.55
		32.06	1:06.55	

Men 50-54 50 Yard Breast

Inland NW: 29.03I 2010 Lincoln Djang

NW: 29.66Z 2009 Patrick Allender

1	Michael Hamm	53	LCM-IW	31.07
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Men 50-54 100 Yard Breast

Inland NW: 1:02.57I 2010 Lincoln Djang

NW: 1:02.57Z 2010 Lincoln Djang

1	Michael Hamm	53	LCM-IW	1:07.58
		31.75	1:07.58	
2	Eric Ridgway	50	SWAC-IW	1:15.94
		35.30	1:15.94	

Men 50-54 200 Yard Breast

Inland NW: 2:28.47I 2010 Michael Hamm

NW: 2:16.35Z 2009 Patrick Allender

1	Michael Hamm	53	LCM-IW	2:28.20I
		33.49	1:49.76	2:28.15
				2:28.20
2	Eric Ridgway	50	SWAC-IW	2:49.37
		39.21	1:22.67	2:05.87
				2:49.37

Men 50-54 50 Yard Fly Mixed

Inland NW: 25.19I 2010 Lincoln Djang

NW: 24.24Z 2007 Donald Graham

1	Keith Stelzer	51	OREG-OR	30.50
2	Thomas Lamar	50	MCM-IW	31.25
3	Dan Sheahan	53	SWAT	31.40

Men 50-54 100 Yard IM Mixed

Inland NW: 56.96I 2010 Lincoln Djang

NW: 56.96Z 2010 Lincoln Djang

1	Michael Hamm	53	LCM-IW	1:02.71
		29.76	1:02.71	
2	Thomas Lamar	50	MCM-IW	1:12.26
		34.24	1:12.26	
3	Eric Ridgway	50	SWAC-IW	1:12.43
		35.89	1:12.43	

Men 50-54 200 Yard IM

Inland NW: 2:12.01I 2008 David Barnes

NW: 2:08.46Z 2009 Patrick Allender

1	Stephen Harger	51	MLMR-IW	2:39.90
		34.37	1:16.46	2:02.09
				2:39.90
2	Eric Ridgway	50	SWAC-IW	2:44.05
		35.12	1:21.48	2:04.73
				2:44.05

Men 50-54 400 Yard IM

Inland NW: 4:53.66I 2004 Larry Krauser

NW: 4:40.03Z 2010 Lyle Nalli

1	Eric Ridgway	50	SWAC-IW	5:49.65
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Men 55-59 50 Yard Free

Inland NW: 23.14I 2009 Larry Krauser

NW: 22.90Z 2009 Mike Tennant

1	Larry Krauser	57	SCM-IW	24.19
2	David Cabrey	55	3RMS-IW	26.87
3	Kurt Wendel	57	WVM-IW	31.39
4	Kevin Brackney	55	MCM-IW	34.30

Men 55-59 100 Yard Free

Inland NW: 51.36I 2009 Larry Krauser

NW: 51.21Z 2009 Mike Tennant

1	Larry Krauser	57	SCM-IW	52.92
		26.07	52.92	
2	Robert Morrison	57	LCM-IW	1:00.93
		28.47	1:00.93	
3	Kurt Wendel	57	WVM-IW	1:18.09
		37.16	1:18.09	

Men 55-59 200 Yard Free Mixed

Inland NW: 1:53.10I 2009 Larry Krauser

NW: 1:53.10Z 2009 Larry Krauser

1	Larry Krauser	57	SCM-IW	2:00.86
		28.72	1:00.22	1:31.21
				2:00.86
2	David Cabrey	55	3RMS-IW	2:23.50
		33.44	1:10.47	1:47.47
				2:23.50
3	Kurt Wendel	57	WVM-IW	2:56.37
		38.14	1:23.45	2:11.96
				2:56.37

Men 55-59 500 Yard Free

Inland NW: 5:13.20I 2010 Larry Krauser

NW: 5:13.20Z 2010 Larry Krauser

1	Larry Krauser	57	SCM-IW	5:39.80
2	Kurt Wendel	57	WVM-IW	7:49.09
		41.83	1:29.09	2:16.53
		3:52.98	4:40.91	5:29.23
		7:04.20	7:49.09	6:17.67

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Men 55-59 1000 Yard Free

Inland NW: 11:08.27I 2009 Larry Krauser

NW: 11:01.00Z 2009 Alan Bell

1	Larry Krauser	57	SCM-IW	11:54.96
		49.24	2:18.54	2:54.89
		4:07.08	4:43.52	5:56.46
		7:09.31	7:45.43	8:21.68
		9:34.44	10:10.57	
			11:21.73	11:54.96
2	Steven McGeehan	55	MCM-IW	17:09.38
		44.66	1:33.13	2:24.18
		4:07.79	5:00.19	5:52.78
		7:38.19		10:15.92
		11:08.48	12:01.12	12:54.01
		14:38.18	15:30.21	16:21.04
				17:09.38

Men 55-59 1650 Yard Free

Inland NW: 18:22.20I 2009 Larry Krauser

NW: 18:22.20Z 2009 Larry Krauser

1	Larry Krauser	57	SCM-IW	19:23.29
			1:41.29	2:16.48
		2:51.78	3:26.86	4:02.36
		6:27.31	7:03.11	7:38.38
			9:25.32	11:12.74
				19:23.29
2	Steven McGeehan	55	MCM-IW	27:14.09
		47.35	1:35.41	2:24.62
		4:05.35	4:55.31	5:45.26
		7:25.83	8:16.23	9:05.96
		10:46.65	11:36.83	12:26.59
		14:05.86	14:55.39	15:45.64
		17:25.94	18:15.34	19:05.25
		20:45.08	21:35.09	22:24.57
		24:03.00	24:52.64	25:40.41
				26:28.06
				27:14.09

Men 55-59 100 Yard Back Mixed

Inland NW: 1:09.44I 2008 Larry Krauser

NW: 58.93Z 2009 Wes Edwards

1	Kevin Brackney	55	MCM-IW	1:38.06
		47.76	1:38.06	

Men 55-59 50 Yard Breast

Inland NW: 32.01I 1993 David Daboll

NW: 28.74Z 2008 Rick Colella

1	Robert Morrison	57	LCM-IW	32.58
2	Kurt Wendel	57	WVM-IW	46.87

Men 55-59 100 Yard Breast

Inland NW: 1:10.45I 1993 David Daboll

NW: 1:03.07Z 2008 Rick Colella

1	Robert Morrison	57	LCM-IW	1:13.95
		34.52	1:13.95	
2	Kurt Wendel	57	WVM-IW	1:46.38
		49.76	1:46.38	

Men 55-59 50 Yard Fly Mixed

Inland NW: 28.07I 2010 Larry Krauser

NW: 24.78Z 2010 Donald Graham

1	Robert Morrison	57	LCM-IW	29.57
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Men 55-59 100 Yard Fly

Inland NW: 1:09.59I 2008 Larry Krauser

NW: 56.14Z 2008 Scott Lautman

1	Steven McGeehan	55	MCM-IW	1:40.74
		47.02	1:40.74	

Men 55-59 100 Yard IM Mixed

Inland NW: 1:02.69I 2009 Larry Krauser

NW: 58.64Z 2008 Rick Colella

1	David Cabrey	55	3RMS-IW	1:09.94
		32.22	1:09.94	
2	Kevin Brackney	55	MCM-IW	1:36.10
		46.20	1:36.10	

Men 60-64 50 Yard Back

Inland NW: 36.15I 1989 Charles Sheldon

NW: 27.62Z 2004 Robert Smith

1	Robert Henager	60	MCM-IW	48.41
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Men 60-64 100 Yard Back Mixed

Inland NW: 1:21.86I 1986 Wilford Dolphin

NW: 1:02.53Z 2004 Robert Smith

1	Robert Henager	60	MCM-IW	1:41.80
		48.15	1:41.80	

Men 60-64 200 Yard Back

Inland NW: 3:00.03I 1986 Wilford Dolphin

NW: 2:16.70Z 2010 Alan Bell

1	Robert Henager	60	MCM-IW	3:44.97
		48.42	1:46.55	2:47.41
				3:44.97

Men 60-64 50 Yard Breast

Inland NW: 32.29I 1997 David Daboll

NW: 30.35Z 2009 Allen Stark

1	Robert Henager	60	MCM-IW	42.69
2	Mark Amara	60	MLMR-IW	46.01

Men 60-64 100 Yard Breast

Inland NW: 1:12.69I 1997 David Daboll

NW: 1:06.62Z 2009 Allen Stark

1	Robert Henager	60	MCM-IW	1:43.40
		48.49	1:43.40	

Men 60-64 200 Yard Breast

Inland NW: 2:43.74I 1997 David Daboll

NW: 2:28.19Z 2009 Allen Stark

1	Robert Henager	60	MCM-IW	4:01.56
		52.17	1:54.48	3:02.06
				4:01.56

Men 65-69 50 Yard Free

Inland NW: 29.13I 2010 Steve Wolcott

NW: 24.36Z 2009 Robert Smith

1	Wayne Brown	68	WVM-IW	29.71
2	Patrick Magee	69	WVM-IW	47.07

Men 65-69 200 Yard Free Mixed

Inland NW: 2:32.57I 1987 Bill Odman

NW: 2:01.36Z 2007 Tom Landis

1	Howard Harris	66	SLAM-OZ	2:51.34
			2:07.85	2:51.34

Men 65-69 500 Yard Free

Inland NW: 7:14.70I 1986 Bill Odman

NW: 5:37.64Z 2007 Tom Landis

1	Howard Harris	66	SLAM-OZ	7:51.82
		41.66	1:28.84	2:18.69
		3:57.37	4:45.12	5:31.35
		7:06.99	7:51.82	6:18.10
2	Wayne Brown	68	WVM-IW	8:02.67
		38.52	1:22.99	2:12.79
		3:56.23	4:46.63	5:36.27
		7:14.15	8:02.67	

Men 65-69 1000 Yard Free

Inland NW: 15:44.86I 1988 Bill Odman

NW: 11:41.40Z 2007 Tom Landis

1	Howard Harris	66	SLAM-OZ	16:31.57
		42.50	1:31.83	2:22.87
		4:03.71	4:53.82	5:43.56
		7:23.39	8:13.98	9:04.43
		10:45.45	11:35.31	12:25.25
		14:05.55	14:56.63	15:46.70
				16:31.57

Men 65-69 1650 Yard Free

Inland NW: 26:13.95I 1996 John Milton

NW: 19:16.25Z 2007 Tom Landis

1	Patrick Magee	69	WVM-IW	47:05.35
		1:01.46		4:57.88
		11:58.55		14:48.98
		16:07.01	17:30.15	18:56.48
		21:45.18	23:09.41	24:33.51
		27:29.75	28:56.42	31:52.93
		34:55.90	36:27.60	37:59.15
		41:06.33	42:38.90	44:10.58
				45:42.15
				47:05.35

Men 65-69 50 Yard Back

Inland NW: 34.58I 1995 Duane Draves

NW: 28.46Z 2009 Robert Smith

1	Patrick Magee	69	WVM-IW	59.23
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Men 65-69 100 Yard Back Mixed

Inland NW: 1:15.50I 1996 Duane Draves

NW: 1:03.43Z 2009 Robert Smith

1	Patrick Magee	69	WVM-IW	2:33.27
		1:10.02	2:33.27	

Men 65-69 50 Yard Breast

Inland NW: 36.37I 2009 Wayne Brown

NW: 32.91Z 1997 Nick Templeman

1	Howard Harris	66	SLAM-OZ	36.52
2	Wayne Brown	68	WVM-IW	36.91
3	Patrick Magee	69	WVM-IW	1:08.69

Men 65-69 100 Yard Breast

Inland NW: 1:22.29I 2007 Wayne Brown

NW: 1:13.78Z 1997 Nick Templeman

1	Howard Harris	66	SLAM-OZ	1:22.74
		37.92	1:22.74	

Inland NW LMSC SCY Championships - 3/26/2011 to 3/27/2011

Results

(Men 65-69 100 Yard Breast)

2	Wayne Brown	68	WVM-IW	1:25.65
	39.81	1:25.65		
3	Patrick Magee	69	WVM-IW	3:19.47
	1:31.56	3:19.47		

Men 65-69 200 Yard Breast

Inland NW: 3:09.96I 2009 Wayne Brown
NW: 2:47.50Z 1997 Nick Templeman

1	Howard Harris	66	SLAM-OZ	3:10.37
	42.40	1:32.06	2:22.97	3:10.37
2	Wayne Brown	68	WVM-IW	3:14.55
	45.93	1:35.14	2:24.83	3:14.55

Men 65-69 100 Yard IM Mixed

Inland NW: 1:16.92I 1992 Duane Draves
NW: 1:06.23Z 2008 Tom Landis

1	Wayne Brown	68	WVM-IW	1:22.55
	41.38	1:22.55		

Men 70-74 50 Yard Free

Inland NW: 28.90I 1998 Duane Draves
NW: 27.03Z 2007 David Radcliff

1	Glen Murray	72	MCM-IW	43.84
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Men 70-74 50 Yard Breast

Inland NW: 45.37I 2010 Glen Murray
NW: 37.05Z 2003 Ron Taylor

1	Glen Murray	72	MCM-IW	46.90
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Men 70-74 200 Yard Breast

Inland NW: 3:39.89I 2010 Glen Murray
NW: 3:10.57Z 2010 Dick Peterson

1	Glen Murray	72	MCM-IW	3:48.60
	51.44	1:48.90	2:48.51	3:48.60

Men 75-79 200 Yard Free Mixed

Inland NW: 3:00.06I 2010 Jack Bevier
NW: 2:08.77Z 2009 David Radcliff

1	Jack Bevier	78	WVM-IW	3:16.80
	42.18	1:31.07	3:16.80	

Men 75-79 1000 Yard Free

Inland NW: 17:02.21I 2008 Jack Bevier
NW: 12:20.59Z 2009 David Radcliff

1	Jack Bevier	78	WVM-IW	18:01.33
	43.83	1:36.44	2:31.91	3:26.57
	4:20.75	5:15.29	6:10.05	7:04.14
	7:59.12	8:54.34	9:49.17	10:44.85
	11:38.80	12:33.98	13:29.33	14:24.01
	15:19.47	16:15.58	17:11.18	18:01.33

Men 75-79 1650 Yard Free

Inland NW: 29:16.87I 2008 Jack Bevier
NW: 20:25.49Z 2009 David Radcliff

1	Jack Bevier	78	WVM-IW	29:22.51
	43.42	1:33.74	2:25.23	3:16.66
	4:08.57	5:01.23	5:53.33	6:46.79
	7:39.62	8:32.42	9:25.09	10:17.73
	11:10.71	12:04.81	12:58.14	13:52.18
	14:46.10	15:39.35	16:33.49	17:27.93
	18:23.78	19:18.37	20:14.06	21:08.45
	22:04.86	22:59.90	23:54.89	24:50.30
	25:44.48	26:39.89	27:34.26	28:29.00
	29:22.51			

Men 75-79 50 Yard Fly Mixed

Inland NW: 45.52I 2010 Jack Bevier
NW: 33.83Z 1994 Andrew Holden

1	Jack Bevier	78	WVM-IW	44.79I
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Men 75-79 100 Yard Fly

Inland NW: 1:58.77I 2010 Jack Bevier
NW: 1:23.77Z 1994 Andrew Holden

1	Jack Bevier	78	WVM-IW	2:12.80
	58.84	2:12.80		

Men 75-79 200 Yard Fly

Inland NW: 4:47.44I 2011 Jack Bevier
NW: 3:29.52Z 1995 Gerald Huestis

1	Jack Bevier	78	WVM-IW	4:45.81I
	52.88	2:03.59	3:24.40	4:45.81

Men 80-84 50 Yard Free

Inland NW: 42.59I 2001 Imre Schmidt
NW: 31.56Z 1999 Andrew Holden

1	William Bresko	83	HMS	55.82
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Men 80-84 100 Yard Back Mixed

Inland NW: 2:12.88I 1995 C.J. Hamilton
NW: 1:25.74Z 2009 Bob Miller

1	William Bresko	83	HMS	2:55.64
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Men 80-84 100 Yard Breast

Inland NW: 2:11.56I 1994 C.J. Hamilton
NW: 1:45.93Z 2000 Gerald Huestis

1	William Bresko	83	HMS	2:47.27
	1:16.86	2:47.27		

Men 80-84 50 Yard Fly Mixed

Inland NW: 1:10.46I 2008 Bill Bresko
NW: 36.46Z 1999 Andrew Holden

1	William Bresko	83	HMS	1:31.29
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Men 80-84 100 Yard IM Mixed

Inland NW: 2:12.03I 1996 Charles M.A. Wool
NW: 1:26.72Z 2000 Andrew Holden

1	William Bresko	83	HMS	2:53.82
	1:32.13	2:53.82		

Women 18+ 200 Yard Medley Relay

Inland NW: 2:07.17I 1979 IEM- Kathy Abra
Sue Hodgson, Julie D'Ambrosia, Marcia Morgan,

NW: 1:57.12Z 2010 PNA- Tamara Cou

Liliya Shtikel, Caitlin Switaj, Jenny Klovdahl,

1	MCM-IW	A	2:39.55
	Deborah Bell W58	Kathie LaFortune W51	
	Valeri Schillberg W49	Caroline Campbell W22	

Women 18+ 400 Yard Medley Relay

Inland NW: 5:14.24I 1987 IEY Kimberly Do

Sharon Schneider, Susan Hancock, Louise Walls,

NW: 4:34.92Z 1991 PNA- Meg Lloyd

Nancy Cahill, Deborah Ladd, Pamela Stalter,

1	MCM-IW	A	5:23.29
	Paige Buehler W42	Kourtnei McHugh W20	
	Caroline Campbell W22	Kathie LaFortune W51	
	40.03	1:25.01	2:03.41
	3:21.09	4:00.91	4:15.27
		2:46.47	5:23.29

Women 35+ 200 Yard Free Relay

Inland NW: 2:00.46I 1989 CSF- Maily Kres

Carolyn Kent, Victoria Spohr, Anita Magnuson,

NW: 1:45.00Z 1999 ORE- Karen Alle

M. Morrell, Barbara Harris, C. Chilcott,

1	MCM-IW	A	2:17.98
	Paige Buehler W42	Deborah Bell W58	
	Bridget McNassar W36	Valeri Schillberg W49	
	34.53	2:17.93	2:17.98

Women 55+ 400 Yard Free Relay

NW: 5:50.08Z 2005 ORE- Catherine

Pam Himstreet, Peggie Hodge, Kaleo Schroder,

1	WVM-IW	A	7:07.80
	Teresa Wendel W58	Shirley Schreiber W63	
	Carolyn Magee W65	Peony Munger W76	

Women 55+ 400 Yard Medley Relay

NW: 6:36.76Z 2005 ORE- Catherine

Pam Himstreet, Peggie Hodge, Kaleo Schroder,

1	WVM-IW	A	8:40.07
	Teresa Wendel W58	Shirley Schreiber W63	
	Peony Munger W76	Carolyn Magee W65	
	58.35	2:02.37	2:22.11
	5:18.88	8:40.07	8:40.07

Men 18+ 800 Yard Free Relay

Inland NW: 9:53.12I 1994 SCM- Dan Campbe

Paul Hamre, David Hellenthal, David Nichols,

NW: 9:53.12Z 1994 IEM- Dan Campbe

Paul Hamre, David Hellenthal, David Nichols,

1	MCM-IW	A	9:13.13I
	Asaph Cousins M38	Marcos Donolo M35	
	Matthew Edde M21	Daniel Hurley M31	
		1:14.10	1:53.72
	3:03.48	3:38.67	4:16.27
	5:22.10	5:54.43	6:27.52
	7:18.58	8:02.23	8:37.07
		2:32.06	4:52.95
		6:59.89	9:13.13

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Men 18+ 200 Yard Medley Relay

Inland NW: 1:46.66I 1995 CSF- Rich Swobo

Brooks McCartney, Jack Keane, Scott Swoboda,

NW: 1:40.10Z 1995 PNA- Al Capron

Todd Dougherty, Jody Braden, Justin Siegal,

1	MCM-IW	A	2:10.77
	Marcos Donolo M35	Matthew Edde M21	
	Paul Gentry M45	Asaph Cousins M38	
	34.70	49.32	1:41.16 2:10.77

Men 25+ 200 Yard Free Relay

Inland NW: 1:34.39I 1994 CSF- Brooks McC

Mike Little, Dave Barnes, Rich Swoboda,

NW: 1:28.11Z 1998 UTA- Joe Hughes

Erik Hanssen, Jon Frohlich, Erik Crankshaw,

1	MCM-IW	A	1:49.49
	Thomas Lamar M50	Richard Zimmer M52	
	Paul Gentry M45	Daniel Hurley M31	
	29.59	1:24.08	1:49.49

Men 25+ 400 Yard Medley Relay

Inland NW: 4:09.32I 1987 IEY- Jerry Sche

Jim Williams, Don Moravec, John Kafentziz,

NW: 3:59.66Z 2005 ORE- Kevin Sive

Phil Reget, Scot Elliott, Pieter Bergmons,

1	MCM-IW	A	5:44.72
	Daniel Hurley M31	Robert Henager M60	
	Paul Gentry M45	Glen Murray M72	
	34.35	1:11.93	1:59.84 2:53.48
	3:27.71	4:07.35	4:53.51 5:44.72

Men 35+ 400 Yard Free Relay

Inland NW: 3:49.56I 1988 IEY- John Kafen

Bob Henager, Joe Kinney, Jerry Scheibner,

NW: 3:30.10Z 2002 ORE- Pat Allend

Chris Gaarde, John Judson, Dennis Baker,

1	MCM-IW	A	4:18.68
	Asaph Cousins M38	Marcos Donolo M35	
	Richard Zimmer M52	Thomas Lamar M50	

Men 35+ 200 Yard Medley Relay

Inland NW: 1:48.83I 2007 IWM- Wes Bratto

Bruce Groth, Brian McGuire, Lincoln Djang,

NW: 1:44.57Z 1984 ORE- Robert Smi

Arthur Smith, Don Smith, Karl Von Tagen,

1	MLMR-IW	A	2:17.47
	Dorin Nicorici M38	Mark Amara M60	
	Stephen Harger M51	Ryan Smith M38	
	34.19	50.82	1:49.95 2:17.47

Men 45+ 400 Yard Free Relay

Inland NW: 4:21.40I 1987 WAM- Klaus Sche

Don Wallace, Armin Arndt, Wayne Wilson,

NW: 3:35.57Z 1993 ORE- Robert Smi

Richard Boyd, Don Schollander, Steve Johnson,

1	MCM-IW	A	5:15.44
	Kevin Brackney M55	Robert Henager M60	
	Brian Johnson M49	Paul Gentry M45	

Men 45+ 800 Yard Free Relay

Inland NW: 9:52.40I 1987 WAM- Wayne Wils

Don Wallace, Klaus Scherler, Armin Arndt,

NW: 8:01.37Z 1993 ORE- Richard Bo

Don Schollander, Robert Smith, Steve Johnson,

1	MCM-IW	A	11:23.49
	Thomas Lamar M50	Brian Johnson M49	
	Steven McGeehan M55	Kevin Brackney M55	
	33.43	1:09.55	1:46.39 2:22.84
	3:05.08	3:53.54	4:45.39 5:35.30
	6:17.64	7:04.41	7:51.99 8:37.43
	8:52.66	9:13.12	9:55.44 11:23.49

Men 45+ 200 Yard Medley Relay

Inland NW: 2:05.91I 2007 MCM- Brian John

Thomas Lamar, Charlie Gerke, Steve McGeehan,

NW: 1:43.23Z 2010 ORE- David Hath

James Corbeau, Dennis Baker, Bill Sumerfield,

1	MCM-IW	B	2:40.75
	Kevin Brackney M55	Glen Murray M72	
	Steven McGeehan M55	Brian Johnson M49	
	44.14	1:31.06	2:13.87 2:40.75

Men 55+ 200 Yard Free Relay

Inland NW: 2:07.91I 2008 WVM- Jack Bevie

Kurt Wendel, Tim Larson, Wayne Brown,

NW: 1:32.18Z 2009 ORE- Mike Tenna

Doug Brockbank, Wes Edwards, Larry Philbrick,

1	MCM-IW	A	2:30.16
	Robert Henager M60	Kevin Brackney M55	
	Glen Murray M72	Steven McGeehan M55	
	36.93	1:12.32	1:55.47 2:30.16

Men 55+ 800 Yard Free Relay

NW: 9:00.83Z 2000 ORE- Tom Landis

Richard Weick, Dave Radcliff, Robert Smith,

1	WVM-IW	A	14:46.54
	Kurt Wendel M57	Jack Bevier M78	
	Patrick Magee M69	Wayne Brown M68	
	42.34	1:30.19	2:20.58 3:22.88
	3:52.60		5:42.33 6:43.28
	7:34.81	8:54.13	
	12:22.19	13:07.67	13:58.15 14:46.54

Men 55+ 400 Yard Medley Relay

Inland NW: 7:58.64I 1992 CSF- C.J. Hamil

Bill Messenger, Garry Harn, Sid Rosen,

NW: 4:26.46Z 1999 ORE- Robert Smi

George Thayer, Bert Petersen, Tom Landis,

1	WVM-IW	A	7:04.08I
	Patrick Magee M69	Wayne Brown M68	
	Jack Bevier M78	Kurt Wendel M57	
	1:03.90	2:19.46	2:58.04 3:45.93
	4:40.59	5:46.16	6:24.40 7:04.08

Mixed 18+ 800 Yard Free Relay

Inland NW: 9:28.24I 1992 CSF- Mike Littl

Carolyn Kent, Margaret Hair, Kevin Curtis,

NW: 8:21.00Z 2007 ORE- W. Fitzpat

Angela Coburn, Tamara Houston, Scot Elliott,

1	MCM-IW	A	9:40.65
	Kourtnei McHugh W20	Matthew Edde M21	
	Asaph Cousins M38	Caroline Campbell W22	
	33.44	1:11.40	1:50.75 2:29.63
	2:44.38	3:04.03	3:41.40 4:18.45
	4:50.70		7:27.86
	7:46.55	8:31.87	9:06.56 9:40.65

Mixed 18+ 200 Yard Medley Mixed Relay

Inland NW: 1:49.67I 1986 IEM- Lori Clark

Rick Howell, Garvin Morlan, Kim Veenstra,

NW: 1:49.10Z 1997 PNA- M. Jenkins

Jim Lasersohn, Margee Curran, Paton McClurg,

1	MCM-IW	A	2:07.87
	Brian Johnson M49	Kourtnei McHugh W20	
	Matthew Edde M21	Paige Buehler W42	
	31.56	1:08.85	1:36.59 2:07.87

Mixed 18+ 400 Yard Medley Mixed Relay

Inland NW: 4:14.95I 1994 CSF- Richard Sw

Tracie Harang, David Barnes, Janet Poorman,

NW: 4:14.95Z 1994 IEM- Richard Sw

Tracie Harang, David Barnes, Janet Poorman,

1	LCM-IW	A	4:36.55
	Lana Lawrence W18	Michael Hamm M53	
	Brady Hooper M22	Suzie Danner W43	
	33.27	1:07.75	1:39.39 2:16.42
	2:46.63	3:22.21	3:56.95 4:36.55

Mixed 25+ 200 Yard Free Relay

Inland NW: 1:41.76I 1997 IEM- Robert Mor

Susan Kirkland, Vicki Marsh, R. Kim Piper,

NW: 1:34.91Z 1997 PNA- Scott Ston

Trisha Schwerzler, Shelley Birnie, Paton McClurg,

1	WVM-IW	B	2:21.86
	James Adams M33	Shirley Schreiber W63	
	Nadine Lehrer W34	Mike Cochran M31	
	24.64	1:09.75	2:00.42 2:21.86

Mixed 25+ 400 Yard Free Relay

Inland NW: 4:02.07I 1989 IEY- Joe Kinney

Zoe Cain, Jema Allen, John Kafentziz,

NW: 3:41.64Z 2005 ORE- Phil Reget

Jenny Marine, Amy Ward, Kevin Sivertson,

1	WVM-IW	A	5:24.10
	James Adams M33	Mike Cochran M31	
	Nadine Lehrer W34	Teresa Wendel W58	
	26.22	53.80	1:31.14 2:14.47
	2:55.21	3:40.91	4:30.12 5:24.10

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Results

Mixed 25+ 200 Yard Medley Mixed Relay

Inland NW: 1:53.55I 1985 IEM- Lori Clark

Rick Howell, Catherine Chay, Mark Morgan,

NW: 1:48.16Z 2000 UTA- Erik Crank

Angela Greenburg, Patrick Hayes, Stacey Tobey,

1	MCM-IW	A		2:06.90
	Marcos Donolo M35	Christine Dustin W32		
	Daniel Hurley M31	Bridget McNassar W36		
	32.84	47.91	1:08.67	2:06.90
2	WVM-IW	A		2:38.15
	Shirley Schreiber W63	Mike Cochran M31		
	James Adams M33	Nadine Lehrer W34		
	49.86	1:30.17	2:38.15	

Mixed 25+ 400 Yard Medley Mixed Relay

Inland NW: 4:28.59I 1989 IEY- Joe Terhaa

Vicki Marsh, Jema Delistraty, John Kafentzis,

NW: 4:13.59Z 2006 AK- Matt Dixon

Pieter Dehart, Shannon Titzel, Paige Von Hotten,

1	WVM-IW	A		5:42.23
	Teresa Wendel W58	Mike Cochran M31		
	James Adams M33	Nadine Lehrer W34		
	51.80	1:52.11	2:31.36	3:18.37
	3:44.85	4:16.80	4:56.55	5:42.23

Mixed 45+ 400 Yard Free Relay

Inland NW: 4:54.75I 2010 LCM- Gloria Wag

Stephen Tanner, Cynthia Clutter, Michael Hamm,

NW: 4:05.95Z 2005 ORE- Mike Tenna

Laura Schob, Barb Harris, Steve Mann,

1	MCM-IW	A		5:44.55
	Valeri Schillberg W49	Glen Murray M72		
	Steven McGeehan M55	Deborah Bell W58		
	32.73	1:10.35	1:57.07	2:49.52
	3:33.17	4:20.33	5:00.04	5:44.55

Mixed 45+ 400 Yard Medley Mixed Relay

Inland NW: 5:31.43I 1995 CSF- Katie Blan

Dave Daboll, Carolyn Kent, Chuck Tasca,

NW: 4:00.80Z 2004 ORE- K. Andrus-

P. Allender, C. Crabbe, M. Tennant,

1	MCM-IW	A		6:09.33
	Deborah Bell W58	Kevin Brackney M55		
	Valeri Schillberg W49	Thomas Lamar M50		
	49.66	1:53.53	3:24.22	4:10.80
	6:09.33			

Mixed 65+ 200 Yard Free Relay

Inland NW: 2:43.27I 1991 IEM- Jean Rudol

Mickey Adams, Bill Odman, Duane Draves,

NW: 1:53.76Z 2009 ORE- Joy Ward

Robert Smith, Barbara Frid, Tom Landis,

1	WVM-IW	A		2:38.79I
	Jack Bevier M78	Peony Munger W76		
	Carolyn Magee W65	Wayne Brown M68		
	37.01	1:30.46	2:06.40	2:38.79

Mixed 65+ 200 Yard Medley Mixed Relay

Inland NW: 3:25.64I 1991 IEM- Jean Rudol

Mickey Adams, Bill Odman, Duane Draves,

NW: 2:11.04Z 2009 ORE- Joy Ward

Robert Smith, Barbara Frid, Tom Landis,

1	WVM-IW	A		3:28.61
	Carolyn Magee W65	Wayne Brown M68		
	Peony Munger W76	Jack Bevier M78		
	48.15	1:28.29	3:00.70	3:28.61