

Starlight 2019 Results

Women's Results [[Men](#) | [Relays](#)]

Women 40-44 50 Meter Freestyle Finals

Pl	Name	Age	Club	Seed Time	Final Time	Points
1	Skinner, Sonja	43	OREG	28.88	30.86	11.00

Women 40-44 200 Meter Breaststroke Finals

Pl	Name	Age	Club	Seed Time	Final Time	Points
1	Skinner, Sonja	43	OREG	3:13.65	3:12.48	11.00
	44.41	1:33.36 (48.95)		2:22.99 (49.63)	3:12.48 (49.49)	

Women 40-44 100 Meter Butterfly Finals

Pl	Name	Age	Club	Seed Time	Final Time	Points
1	Skinner, Sonja	43	OREG	1:09.48	1:11.79	11.00
	33.09	1:11.79 (38.70)				

Men's Results [[Women](#) | [Relays](#)]

Men 40-44 50 Meter Freestyle Finals

Pl	Name	Age	Club	Seed Time	Final Time	Points
1	Adams, James A	42	OREG	28.49	30.24	11.00

Men 40-44 100 Meter Freestyle Finals

Pl	Name	Age	Club	Seed Time	Final Time	Points
1	Adams, James A	42	OREG	1:03.86	1:03.58	11.00
	31.03	1:03.58 (32.55)				

Men 40-44 200 Meter Freestyle Finals

Pl	Name	Age	Club	Seed Time	Final Time	Points
---	Adams, James A	42	OREG	2:20.42	EXH	
	32.27	1:07.94 (35.67)		1:45.45 (37.51)	2:21.41 (35.96)	

Men 40-44 400 Meter Freestyle Finals

Pl	Name	Age	Club	Seed Time	Final Time	Points
1	Adams, James A	42	OREG	4:59.46	4:54.88	11.00
	33.07	1:09.98 (36.91)		1:47.95 (37.97)	2:25.56 (37.61)	
	3:03.33 (37.77)	3:40.87 (37.54)		4:18.54 (37.67)	4:54.88 (36.34)	

Men 40-44 800 Meter Freestyle Finals

Pl	Name	Age	Club	Seed Time	Final Time	Points
1	Adams, James A	42	OREG	11:05.72	10:17.03	11.00
	34.82	1:13.41(38.59)		1:52.40(38.99)	2:32.08(39.68)	
	3:04.73(32.65)	3:50.19(45.46)		4:29.08(38.89)	5:08.25(39.17)	
	5:38.91(30.66)	6:26.12(47.21)		6:58.36(32.24)	7:44.65(46.29)	
	8:23.67(39.02)	9:01.96(38.29)		9:31.33(29.37)	10:17.03(45.70)	

Men 40-44 100 Meter Backstroke Finals

Pl	Name	Age	Club	Seed Time	Final Time	Points
1	Adams, James A	42	OREG	1:15.31	1:17.03	11.00
	37.20	1:17.03(39.83)				

Men 40-44 200 Meter Backstroke Finals

Pl	Name	Age	Club	Seed Time	Final Time	Points
1	Adams, James A	42	OREG	2:42.42	2:42.43	11.00
	38.08	1:19.63(41.55)		2:02.21(42.58)	2:42.43(40.22)	

Men 40-44 100 Meter Breaststroke Finals

Pl	Name	Age	Club	Seed Time	Final Time	Points
1	Adams, James A	42	OREG	1:22.43	1:26.84	11.00
	41.15	1:26.84(45.69)				

Men 40-44 200 Meter Breaststroke Finals

Pl	Name	Age	Club	Seed Time	Final Time	Points
1	Adams, James A	42	OREG	3:13.81	3:07.74	11.00
	42.27	1:31.05(48.78)		2:20.08(49.03)	3:07.74(47.66)	

Men 40-44 100 Meter Butterfly Finals

Pl	Name	Age	Club	Seed Time	Final Time	Points
1	Adams, James A	42	OREG	1:08.42	1:09.34	11.00
	32.51	1:09.34(36.83)				

Men 40-44 200 Meter Butterfly Finals

Pl	Name	Age	Club	Seed Time	Final Time	Points
1	Adams, James A	42	OREG	2:38.42	2:55.01	11.00
	33.82	1:24.93(51.11)		2:04.66(39.73)	2:55.01(50.35)	

Men 40-44 200 Meter Individual Medley Finals

Pl	Name	Age	Club	Seed Time	Final Time	Points
1	Adams, James A	42	OREG	2:38.89	2:38.02	11.00

31.86 1:14.88 (43.02) 2:03.56 (48.68) 2:38.02 (34.46)

Men 40-44 400 Meter Individual Medley Finals

=====							
Pl	Name	Age	Club	Seed Time	Final Time	Points	
=====							
1	Adams, James A	42	OREG	5:28.94	5:38.38	11.00	
				33.02	1:11.42 (38.40)	1:56.77 (45.35)	2:41.30 (44.53)
				3:32.99 (51.69)	4:23.78 (50.79)	5:01.54 (37.76)	5:38.38 (36.84)