

Inland NW LMSC SCY Championships & Jean Rudol - 4/1/2023**Results****Women 18-24 50 Yard Freestyle**

Name	Age	Team	Seed Time	Finals Time	Points
1 Sievers, Carolyn	24	Inw Y Aquatic Masters-35	30.00	26.88	6
2 Henry, Jayden	22	Moscow Chinooks Masters Swimmi	31.71	28.45	4
3 Reece, Kathryn	21	Moscow Chinooks Masters Swimmi	34.20	34.09	3

Women 18-24 100 Yard Freestyle

1 Sievers, Carolyn	24	Inw Y Aquatic Masters-35	1:05.00	1:00.52	6
28.17 32.35					
2 Reece, Kathryn	21	Moscow Chinooks Masters Swimmi	1:20.00	1:21.60	4
39.49 42.11					

Women 18-24 50 Yard Backstroke

1 Sievers, Carolyn	24	Inw Y Aquatic Masters-35	36.00	33.09	6
2 Sievers, Elena J	20	Inw Y Aquatic Masters-35	NT	38.47	4
3 Reece, Kathryn	21	Moscow Chinooks Masters Swimmi	39.99	42.90	3
--- Henry, Jayden	22	Moscow Chinooks Masters Swimmi	33.64	NS	

Women 18-24 50 Yard Breaststroke

1 Sievers, Carolyn	24	Inw Y Aquatic Masters-35	40.00	35.97	6
2 Sievers, Elena J	20	Inw Y Aquatic Masters-35	37.76	38.68	4
--- Henry, Jayden	22	Moscow Chinooks Masters Swimmi	44.48	NS	

Women 18-24 50 Yard Butterfly

1 Sievers, Carolyn	24	Inw Y Aquatic Masters-35	33.00	28.83	6
2 Henry, Jayden	22	Moscow Chinooks Masters Swimmi	33.42	30.55	4
3 Sievers, Elena J	20	Inw Y Aquatic Masters-35	NT	32.86	3

Women 18-24 100 Yard IM

1 Henry, Jayden	22	Moscow Chinooks Masters Swimmi	1:30.02	1:14.85	6
32.69 42.16					
2 Sievers, Elena J	20	Inw Y Aquatic Masters-35	1:28.50	1:17.40	4
36.24 41.16					

Women 25-29 200 Yard Freestyle

1 Scruggs, Jess	28	Inw Y Aquatic Masters-35	NT	3:18.91	6
47.92 48.57 51.91 50.51					

Women 25-29 50 Yard Breaststroke

1 Scruggs, Jess	28	Inw Y Aquatic Masters-35	NT	52.42	6
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Women 25-29 100 Yard Breaststroke

1 Scruggs, Jess	28	Inw Y Aquatic Masters-35	NT	1:51.17	6
52.91 58.26					

Women 25-29 100 Yard IM

1 Scruggs, Jess	28	Inw Y Aquatic Masters-35	NT	1:49.35	6
54.22 55.13					

Women 30-34 50 Yard Freestyle

1 Lloyd, Marissa S	30	Lewis Clark Neptunes Masters-35	NT	29.10	6
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Women 30-34 100 Yard Freestyle

1 Lloyd, Marissa S	30	Lewis Clark Neptunes Masters-35	NT	1:05.02	6
30.50 34.52					

Inland NW LMSC SCY Championships & Jean Rudol - 4/1/2023**Results****Women 30-34 500 Yard Freestyle**

1 Jones, Elia				31 Inw Y Aquatic Masters-35	7:51.00	7:17.97	6
	37.02	43.00	46.28	46.67	46.05	44.41	45.65
	42.88	41.01			45.00		

Women 30-34 1650 Yard Freestyle

1 Jones, Elia				31 Inw Y Aquatic Masters-35	30:35.00	24:58.23	6
	37.89	43.42	46.04	47.14	46.04	46.17	46.23
	45.68	46.35	48.01	46.31	47.40	46.70	46.63
	45.35	46.45	45.77	45.11	47.43	46.55	46.90
	46.17	46.11	44.81	45.75	43.75	43.75	44.73
					40.91	40.67	

Women 30-34 100 Yard Backstroke

1 Lloyd, Marissa S				30 Lewis Clark Neptunes Masters-35	NT	1:15.50	6
	36.41	39.09					

Women 35-39 50 Yard Freestyle

1 Fisher, Tammy				39 Tri-City Atomic Sturgeons-35	28.61	28.40	6
2 Shaw, Dana K				38 Moscow Chinooks Masters Swimmi	30.00	29.57	4
3 Glickfeld, Heather				35 Inw Y Aquatic Masters-35	50.00	36.17	3
4 Harner, Catherine				39 Moscow Chinooks Masters Swimmi	43.00	44.80	2

Women 35-39 100 Yard Freestyle

1 Fisher, Tammy				39 Tri-City Atomic Sturgeons-35	1:06.39	1:02.02	6
	29.73	32.29					
2 Shaw, Dana K				38 Moscow Chinooks Masters Swimmi	1:05.00	1:06.63	4
	31.57	35.06					
3 Mabile, Christine				35 Kroc Masters-35	1:11.10	1:10.82	3
	33.28	37.54					
4 Glickfeld, Heather				35 Inw Y Aquatic Masters-35	1:50.00	1:25.89	2
	40.95	44.94					

Women 35-39 200 Yard Freestyle

1 Fisher, Tammy				39 Tri-City Atomic Sturgeons-35	2:25.47	2:20.87	6
	31.67	34.97	36.67	37.56			

Women 35-39 1650 Yard Freestyle

1 Harner, Catherine				39 Moscow Chinooks Masters Swimmi	34:30.00	36:23.20	6
	52.54	59.40	1:04.47	1:04.79	1:05.56	1:05.37	1:05.46
	1:04.01	1:06.70	1:05.07	1:03.99	1:05.73	1:07.39	1:07.03
	1:05.35	1:09.27	1:08.52	1:09.82	1:06.33	1:06.60	1:07.66
	1:08.24	1:06.91	1:07.70	1:08.34	1:09.56	1:09.16	1:08.29
					1:06.91	1:09.10	

Women 35-39 50 Yard Backstroke

1 Mabile, Christine				35 Kroc Masters-35	37.00	35.55	6
2 Fisher, Tammy				39 Tri-City Atomic Sturgeons-35	NT	36.95	4

Women 35-39 100 Yard Backstroke

1 Mabile, Christine				35 Kroc Masters-35	1:23.00	1:21.08	6
	39.94	41.14					

Women 35-39 50 Yard Breaststroke

1 Glickfeld, Heather				35 Inw Y Aquatic Masters-35	47.50	44.91	6
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Women 35-39 100 Yard Breaststroke

Inland NW LMSC SCY Championships & Jean Rudol - 4/1/2023**Results****Women 35-39 100 Yard IM**

1	Fisher, Tammy	39	Tri-City Atomic Sturgeons-35	NT	1:24.69	6
	38.21 46.48					

Women 40-44 50 Yard Freestyle

---	Hines, Joanne	43	Moses Lake Masters-35	30.89	NS	
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Women 40-44 100 Yard Freestyle

1	Roberts, Sarah	43	Moscow Chinooks Masters Swimmi	1:50.00	1:42.97	6
	48.47 54.50					
---	Hines, Joanne	43	Moses Lake Masters-35	1:14.34	NS	

Women 40-44 1650 Yard Freestyle

1	Roberts, Sarah	43	Moscow Chinooks Masters Swimmi	34:00.00	33:17.62	6
	53.62 57.77 1:00.16 1:01.37 1:00.83 1:01.63 1:01.28 1:02.83					
	1:01.55 1:01.13 59.30 59.98 1:00.81 1:01.58 1:00.56 1:00.64					
	59.71 1:02.99 1:00.59 1:00.90 1:00.61 1:01.10 1:02.57 1:00.19					
	1:00.11 1:00.78 1:00.84 1:01.20 1:00.46 1:03.55 59.92 1:00.44 56.62					

Women 40-44 50 Yard Backstroke

1	Ruspakka, Shelly	40	Moscow Chinooks Masters Swimmi	33.00	32.38	6
---	Hines, Joanne	43	Moses Lake Masters-35	39.70	NS	

Women 40-44 50 Yard Breaststroke

1	Roberts, Sarah	43	Moscow Chinooks Masters Swimmi	58.00	55.46	6
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Women 40-44 100 Yard Breaststroke

1	Roberts, Sarah	43	Moscow Chinooks Masters Swimmi	2:00.00	1:54.41	6
	57.15 57.26					

Women 40-44 50 Yard Butterfly

---	Hines, Joanne	43	Moses Lake Masters-35	36.00	NS	
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Women 40-44 100 Yard IM

1	Ruspakka, Shelly	40	Moscow Chinooks Masters Swimmi	1:15.00	1:15.70	6
	33.90 41.80					
---	Hines, Joanne	43	Moses Lake Masters-35	1:20.68	NS	

Women 45-49 50 Yard Freestyle

1	Allen, Erin	47	Moses Lake Masters-35	36.00	33.87	6
2	Reece, Harriet	46	Kroc Masters-35	45.00	42.72	4

Women 45-49 50 Yard Backstroke

1	Allen, Erin	47	Moses Lake Masters-35	42.00	42.77	6
2	Reece, Harriet	46	Kroc Masters-35	NT	51.70	4
3	Underwood, Sara	46	Moscow Chinooks Masters Swimmi	53.77	57.48	3
4	Allison, Kerensa L	48	Moscow Chinooks Masters Swimmi	NT	59.84	2

Women 45-49 50 Yard Breaststroke

1	Allison, Kerensa L	48	Moscow Chinooks Masters Swimmi	NT	1:09.08	6
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Women 45-49 100 Yard Breaststroke

1	Underwood, Sara	46	Moscow Chinooks Masters Swimmi	1:56.91	1:56.35	6
	56.18 1:00.17					

Women 45-49 100 Yard IM

1	Underwood, Sara	46	Moscow Chinooks Masters Swimmi	1:55.62	2:00.10	6
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Inland NW LMSC SCY Championships & Jean Rudol - 4/1/2023**Results****Women 50-54 50 Yard Freestyle**

1	Roberts, Sally	51	Kroc Masters-35	38.00	36.42	6
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Women 50-54 100 Yard Freestyle

1	Roberts, Sally	51	Kroc Masters-35	1:28.00	1:21.19	6
	39.13	42.06				

2	Allen, Judy	53	Inw Y Aquatic Masters-35	1:36.00	1:22.12	4
	39.84	42.28				

---	Bailey, Teresa M	53	Inw Y Aquatic Masters-35	1:32.00	NS	
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Women 50-54 200 Yard Freestyle

1	Polello, Jennifer	51	Inw Y Aquatic Masters-35	2:45.42	2:48.95	6
	39.53	43.15	43.80	42.47		

2	Allen, Judy	53	Inw Y Aquatic Masters-35	3:30.00	3:07.21	4
	42.30	47.53	48.94	48.44		

Women 50-54 500 Yard Freestyle

1	Polello, Jennifer	51	Inw Y Aquatic Masters-35	7:20.11	7:33.69	6		
	40.37	46.08	46.74	46.85	47.09	46.70	46.51	45.98
	44.76	42.61						

2	Allen, Judy	53	Inw Y Aquatic Masters-35	9:20.00	8:25.15	4		
	43.41	48.04	51.14	52.52	52.94	52.56	52.38	52.75
	51.85	47.56						

Women 50-54 1650 Yard Freestyle

1	Bailey, Teresa M	53	Inw Y Aquatic Masters-35	22:30.00	24:23.46	6			
	38.50	41.56	43.29	44.03	43.83	44.20	44.52	45.20	
	44.29	44.64	44.74	44.84	44.68	44.64	45.02	44.70	
	44.41	44.75	44.92	45.03	44.89	45.36	44.94	44.92	
	44.91	44.75	45.14	44.83	44.83	45.12	44.96	44.61	42.41

2	Polello, Jennifer	51	Inw Y Aquatic Masters-35	24:18.00	25:17.57	4			
	40.53	43.13	45.14	45.72	45.95	46.56	46.42	46.01	
	46.48	47.16	46.73	47.12	46.07	46.90	46.52	46.50	
	46.28	46.41	46.24	46.40	47.28	46.56	46.54	46.81	
	46.32	46.00	46.44	46.60	46.54	46.30	46.32	45.07	42.52

Women 50-54 50 Yard Backstroke

1	Roberts, Sally	51	Kroc Masters-35	42.00	49.69	6
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Women 50-54 100 Yard Breaststroke

1	Allen, Judy	53	Inw Y Aquatic Masters-35	NT	1:34.53	6
	45.12	49.41				

Women 50-54 50 Yard Butterfly

1	Bailey, Teresa M	53	Inw Y Aquatic Masters-35	44.00	39.64	6
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2	Roberts, Sally	51	Kroc Masters-35	56.00	46.81	4
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Women 50-54 100 Yard IM

1	Bailey, Teresa M	53	Inw Y Aquatic Masters-35	1:40.00	1:32.51	6
	44.95	47.56				

2	Allen, Judy	53	Inw Y Aquatic Masters-35	NT	1:42.95	4
	50.80	52.15				

Women 50-54 400 Yard IM

1	Bailey, Teresa M	53	Inw Y Aquatic Masters-35	6:15.00	6:44.70	6
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Inland NW LMSC SCY Championships & Jean Rudol - 4/1/2023**Results****Women 55-59 50 Yard Freestyle**

1	Field, Lessly	55	Inw Y Aquatic Masters-35	38.00	35.78	6
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Women 55-59 100 Yard Freestyle

1	Nelson, Carol	57	Kroc Masters-35	1:19.00	1:21.32	6
	38.46 42.86					

---	Field, Lessly	55	Inw Y Aquatic Masters-35	1:30.00	NS	
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Women 55-59 200 Yard Freestyle

1	Nelson, Carol	57	Kroc Masters-35	3:00.00	3:02.33	6
	40.65 45.67 49.03 46.98					

2	Field, Lessly	55	Inw Y Aquatic Masters-35	4:00.00	3:11.80	4
	46.35 50.31 49.40 45.74					

Women 55-59 500 Yard Freestyle

1	Field, Lessly	55	Inw Y Aquatic Masters-35	12:00.00	9:00.99	6
	51.01 55.35 55.28 54.73 55.37 52.42 59.01 53.46					
	54.07 50.29					

Women 55-59 1650 Yard Freestyle

1	Keegan, Caroline	58	Kroc Masters-35	32:00.00	29:04.15	6
	43.72 49.61 52.56 53.30 52.74 53.29 52.93 51.29					
	53.51 52.48 53.08 53.83 53.78 52.36 53.07 53.47					
	54.28 53.68 53.98 53.62 54.09 54.28 53.92 55.02					
	54.78 54.04 54.15 52.66 52.81 52.37 52.95 52.74 49.76					

Women 55-59 50 Yard Backstroke

1	Keegan, Caroline	58	Kroc Masters-35	43.00	43.43	6
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Women 55-59 100 Yard Breaststroke

1	Field, Lessly	55	Inw Y Aquatic Masters-35	1:45.00	1:40.74	6
	50.04 50.70					

2	Nelson, Carol	57	Kroc Masters-35	1:36.61	1:44.80	4
	48.15 56.65					

Women 55-59 200 Yard Breaststroke

1	Nelson, Carol	57	Kroc Masters-35	3:35.58	3:57.65	6
	50.62 59.75 1:05.34 1:01.94					

Women 55-59 50 Yard Butterfly

1	Keegan, Caroline	58	Kroc Masters-35	42.00	44.30	6
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2	Nelson, Carol	57	Kroc Masters-35	50.68	45.88	4
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Women 60-64 50 Yard Freestyle

1	Mazur, Amy	60	Moscow Chinooks Masters Swimmi	37.87	40.17	6
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2	Bloch, Jennifer E	64	Moscow Chinooks Masters Swimmi	45.99	44.39	4
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3	Whiteley, Debbie	64	Lewis Clark Neptunes Masters-35	1:00.00	1:13.31	3
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Women 60-64 100 Yard Freestyle

1	Mazur, Amy	60	Moscow Chinooks Masters Swimmi	1:22.14	1:26.99	6
	41.27 45.72					

2	Bloch, Jennifer E	64	Moscow Chinooks Masters Swimmi	1:44.04	1:39.66	4
	48.21 51.45					

3	Whiteley, Debbie	64	Lewis Clark Neptunes Masters-35	2:30.00	2:39.66	3
	2:39.74					

Inland NW LMSC SCY Championships & Jean Rudol - 4/1/2023**Results****(Women 60-64 200 Yard Freestyle)**

2	Bloch, Jennifer E	64	Moscow Chinooks Masters Swimmi	3:37.12	3:35.20	4
	47.70 56.02 57.43 54.05					
3	Whiteley, Debbie	64	Lewis Clark Neptunes Masters-35	5:20.00	5:24.75	3
	1:14.32 1:22.99 1:24.45 1:22.99					

Women 60-64 500 Yard Freestyle

1	Mazur, Amy	60	Moscow Chinooks Masters Swimmi	7:35.58	7:53.29	6
	42.65 46.95 48.48 48.14 48.09 48.44 47.70 48.06					
	47.98 46.80					

Women 60-64 1650 Yard Freestyle

1	Mazur, Amy	60	Moscow Chinooks Masters Swimmi	25:40.88	26:44.28	6
	42.40 46.27 48.48 48.51 48.42 48.78 49.86 48.79					
	48.86 48.85 49.12 49.35 49.25 49.28 49.05 49.03					
	49.10 48.63 48.65 48.82 49.05 48.28 49.40 49.68					
	48.98 48.75 48.72 49.02 48.97 48.64 48.65 48.85 47.79					

Women 60-64 50 Yard Backstroke

---	Bloch, Jennifer E	64	Moscow Chinooks Masters Swimmi	NT	SCR	
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Women 60-64 50 Yard Breaststroke

1	Chuanzhu, Zhou	64	Tri-City Atomic Sturgeons-35	41.00	41.30	6
2	Bloch, Jennifer E	64	Moscow Chinooks Masters Swimmi	NT	1:02.64	4
---	Whiteley, Debbie	64	Lewis Clark Neptunes Masters-35	1:40.99	DQ	

Women 60-64 100 Yard Breaststroke

1	Chuanzhu, Zhou	64	Tri-City Atomic Sturgeons-35	1:30.00	1:30.97	6
	44.02 46.95					

Women 60-64 200 Yard Breaststroke

1	Chuanzhu, Zhou	64	Tri-City Atomic Sturgeons-35	3:14.00	3:18.59	6
	44.32 50.98 51.25 52.04					

Women 60-64 50 Yard Butterfly

---	Bloch, Jennifer E	64	Moscow Chinooks Masters Swimmi	NT	SCR	
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Women 60-64 100 Yard IM

1	Chuanzhu, Zhou	64	Tri-City Atomic Sturgeons-35	1:40.00	1:28.34	6
	45.41 42.93					

Women 65-69 50 Yard Freestyle

1	Penn, Jodi	69	Kroc Masters-35	36.06	37.30	6
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Women 65-69 100 Yard Freestyle

1	Penn, Jodi	69	Kroc Masters-35	1:21.69	1:24.49	6
	38.82 45.67					

Women 65-69 1650 Yard Freestyle

1	Hair, Margaret	68	Lewis Clark Neptunes Masters-35	25:54.68	25:46.02	6
	40.87 44.94 46.59 47.04 46.44 46.71 47.31 46.65					
	47.48 47.18 47.20 47.48 47.86 47.24 47.85 47.71					
	47.55 47.50 47.16 47.22 47.29 47.24 47.79 47.03					
	46.99 47.36 47.34 46.85 46.95 46.78 46.64 46.57 45.21					

Women 65-69 50 Yard Backstroke

1	Baker, Pamela M	69	Inw Y Aquatic Masters-35	44.75	47.78	6
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Inland NW LMSC SCY Championships & Jean Rudol - 4/1/2023**Results****Women 65-69 50 Yard Breaststroke**

1	Hair, Margaret	68	Lewis Clark Neptunes Masters-35	43.68	44.72	6
2	Penn, Jodi	69	Kroc Masters-35	46.38	46.59	4
3	Baker, Pamela M	69	Inw Y Aquatic Masters-35	47.59	46.83	3

Women 65-69 100 Yard Breaststroke

1	Hair, Margaret	68	Lewis Clark Neptunes Masters-35	1:31.68	1:34.43	6
	44.95 49.48					
2	Penn, Jodi	69	Kroc Masters-35	1:40.46	1:44.51	4
	49.50 55.01					

Women 65-69 50 Yard Butterfly

1	Hair, Margaret	68	Lewis Clark Neptunes Masters-35	41.68	40.46	6
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Women 65-69 200 Yard Butterfly

1	Hair, Margaret	68	Lewis Clark Neptunes Masters-35	3:39.68	3:38.11	6
	48.61 56.83 57.01 55.66					

Women 65-69 100 Yard IM

1	Baker, Pamela M	69	Inw Y Aquatic Masters-35	1:35.76	1:36.28	6
	46.19 50.09					

Women 70-74 50 Yard Freestyle

1	Beck, Herlinde	70	Lewis Clark Neptunes Masters-35	1:00.00	1:00.35	6
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Women 70-74 100 Yard Freestyle

1	Beck, Herlinde	70	Lewis Clark Neptunes Masters-35	2:20.00	2:09.63	6
	1:02.08 1:07.55					

Women 75-79 50 Yard Freestyle

1	Vallandigham, Jett	76	Moscow Chinooks Masters Swimmi	1:02.08	1:03.78	6
---	Waggoner, Gloria	75	Kroc Masters-35	35.00	NS	

Women 75-79 100 Yard Freestyle

1	Vallandigham, Jett	76	Moscow Chinooks Masters Swimmi	2:12.98	2:42.57	6
	1:15.95 1:26.62					

Women 75-79 200 Yard Freestyle

1	Vallandigham, Jett	76	Moscow Chinooks Masters Swimmi	4:36.36	5:34.92	6
	1:10.83 1:28.67 2:55.42					

Women 75-79 50 Yard Breaststroke

1	Vallandigham, Jett	76	Moscow Chinooks Masters Swimmi	1:05.07	1:18.49	6
---	Waggoner, Gloria	75	Kroc Masters-35	46.00	NS	

Women 75-79 100 Yard Breaststroke

1	Vallandigham, Jett	76	Moscow Chinooks Masters Swimmi	2:33.06	3:08.21	6
	1:23.94 1:44.27					

Women 75-79 200 Yard Breaststroke

1	Vallandigham, Jett	76	Moscow Chinooks Masters Swimmi	NT	7:00.84	6
	1:31.52 3:42.94 1:46.38					

Women 75-79 50 Yard Butterfly

---	Waggoner, Gloria	75	Kroc Masters-35	46.00	NS	
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Women 75-79 100 Yard IM

Inland NW LMSC SCY Championships & Jean Rudol - 4/1/2023**Results****Women 80-84 50 Yard Freestyle**

1	Henry, Lorna	82	Kroc Masters-35	41.77	44.65	6
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Women 80-84 50 Yard Backstroke

1	Henry, Lorna	82	Kroc Masters-35	42.02	49.90	6
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Women 80-84 100 Yard Backstroke

1	Henry, Lorna	82	Kroc Masters-35	1:42.97	1:50.49	6
	53.90 56.59					

Men 18-24 50 Yard Freestyle

1	Engbrecht, Kyle	19	Moscow Chinooks Masters Swimmi	28.00	22.69	6
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Men 18-24 100 Yard Freestyle

1	Engbrecht, Kyle	19	Moscow Chinooks Masters Swimmi	1:10.00	52.37	6
	25.17 27.20					

Men 18-24 50 Yard Backstroke

1	Miura, Simon J	20	Moscow Chinooks Masters Swimmi	26.15	29.84	6
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Men 18-24 100 Yard Backstroke

1	Miura, Simon J	20	Moscow Chinooks Masters Swimmi	55.15	1:02.02	6
	28.99 33.03					

Men 18-24 200 Yard Backstroke

1	Miura, Simon J	20	Moscow Chinooks Masters Swimmi	2:00.70	2:15.79	6
	30.36 34.47 35.23		35.73			

Men 18-24 50 Yard Breaststroke

1	Miura, Simon J	20	Moscow Chinooks Masters Swimmi	27.75	29.46	6
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Men 18-24 50 Yard Butterfly

1	Miura, Simon J	20	Moscow Chinooks Masters Swimmi	26.79	25.74	6
2	Engbrecht, Kyle	19	Moscow Chinooks Masters Swimmi	35.00	26.38	4

Men 18-24 200 Yard Butterfly

1	Engbrecht, Kyle	19	Moscow Chinooks Masters Swimmi	2:30.00	2:29.55	6
	29.31 35.57 40.24		44.43			

Men 18-24 100 Yard IM

1	Miura, Simon J	20	Moscow Chinooks Masters Swimmi	57.79	1:02.43	6
	27.05 35.38					

Men 25-29 50 Yard Freestyle

1	Van Buren, Jay	25	Uc59	25.00	24.26	6
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Men 25-29 100 Yard Freestyle

1	Van Buren, Jay	25	Uc59	55.00	55.11	6
	26.80 28.31					

Men 25-29 50 Yard Backstroke

1	Van Buren, Jay	25	Uc59	28.00	29.70	6
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Men 25-29 50 Yard Butterfly

1	Van Buren, Jay	25	Uc59	28.00	28.14	6
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Men 30-34 50 Yard Freestyle

1	Chung, Eric	30	Moscow Chinooks Masters Swimmi	24.50	23.23	6
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Inland NW LMSC SCY Championships & Jean Rudol - 4/1/2023**Results****Men 30-34 1650 Yard Freestyle**

1 Davis, Blake	31	Moscow Chinooks Masters Swimmi	33:00.00	24:54.95	6
37.39 44.31 46.13	46.65	46.58	47.05	46.64	45.87
46.94 46.35 46.64	46.31	45.84	46.10	45.85	45.79
45.44 45.34 44.48	45.79	45.31	45.79	45.69	45.65
44.98 45.56 45.74	45.01	45.84	44.96	45.61	45.15 38.17

Men 30-34 50 Yard Butterfly

1 Chung, Eric	30	Moscow Chinooks Masters Swimmi	27.00	24.67	6
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Men 30-34 100 Yard IM

1 Chung, Eric	30	Moscow Chinooks Masters Swimmi	1:05.00	58.97	6
26.42 32.55					

Men 35-39 50 Yard Freestyle

1 Joslyn, Robert	37	Moscow Chinooks Masters Swimmi	44.46	39.05	6
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Men 35-39 100 Yard Freestyle

1 Joslyn, Robert	37	Moscow Chinooks Masters Swimmi	1:54.26	1:39.43	6
48.43 51.00					

Men 35-39 200 Yard Freestyle

1 Joslyn, Robert	37	Moscow Chinooks Masters Swimmi	4:24.61	3:33.98	6
49.15 54.93 57.63	52.27				

Men 35-39 500 Yard Freestyle

1 Joslyn, Robert	37	Moscow Chinooks Masters Swimmi	10:56.00	9:45.49	6
49.18 56.12 59.02	1:00.97	1:00.29	1:01.59	1:02.03	1:01.25
1:00.28 54.76					

Men 35-39 50 Yard Breaststroke

1 Joslyn, Robert	37	Moscow Chinooks Masters Swimmi	NT	53.20	6
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Men 35-39 100 Yard Breaststroke

1 Joslyn, Robert	37	Moscow Chinooks Masters Swimmi	NT	1:49.78	6
52.04 57.74					

Men 40-44 50 Yard Breaststroke

1 Shino, Trent	40	Spokane Club Masters-35	29.48	28.40	6
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Men 40-44 100 Yard Breaststroke

1 Shino, Trent	40	Spokane Club Masters-35	1:03.50	1:02.03	6
29.42 32.61					

Men 40-44 100 Yard Butterfly

1 Shino, Trent	40	Spokane Club Masters-35	57.50	54.91	6
26.15 28.76					

Men 40-44 100 Yard IM

1 Shino, Trent	40	Spokane Club Masters-35	57.50	55.53	6
26.50 29.03					

Men 40-44 200 Yard IM

1 Shino, Trent	40	Spokane Club Masters-35	2:07.00	2:03.46	6
26.57 32.97 34.97	28.95				

Men 45-49 50 Yard Freestyle

Cedric Lopez	47	Moscow Lake Masters 25	26.75	NT	
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Inland NW LMSC SCY Championships & Jean Rudol - 4/1/2023**Results****Men 45-49 100 Yard Freestyle**

---	Carlile, Logan	47	Moses Lake Masters-35	1:00.29	NS	
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Men 45-49 200 Yard Freestyle

1	Adams, James A	45	Oregon Masters-37	2:04.00	2:06.75	6
	29.90 32.66 32.08		32.11			
---	Carlile, Logan	47	Moses Lake Masters-35	2:10.36	NS	

Men 45-49 500 Yard Freestyle

1	Adams, James A	45	Oregon Masters-37	5:35.00	5:54.30	6
	31.39 34.29 35.59		36.53 36.41 36.31 36.99 36.88			
	35.94 33.97					
2	Schwegel, Michael	46	Kroc Masters-35	5:59.72	5:55.86	4
	30.96 34.57 36.13		36.42 36.50 36.88 36.89 36.90			
	36.21 34.40					

Men 45-49 1650 Yard Freestyle

1	Adams, James A	45	Oregon Masters-37	19:55.00	19:38.95	6
	30.12 33.79 35.15		35.34 35.78 35.84 36.10 35.89			
	36.13 36.32 36.11		36.51 36.52 36.35 36.54 35.95			
	36.14 36.19 35.94		36.19 36.44 36.10 36.56 36.19			
	36.41 35.86 36.23		35.92 35.96 35.66 36.08 35.04 33.60			

Men 45-49 50 Yard Backstroke

1	Schwegel, Michael	46	Kroc Masters-35	29.13	29.87	6
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Men 45-49 100 Yard Backstroke

1	Schwegel, Michael	46	Kroc Masters-35	1:03.99	1:02.96	6
	30.90 32.06					

Men 45-49 200 Yard Backstroke

1	Schwegel, Michael	46	Kroc Masters-35	2:19.91	2:18.77	6
	32.23 34.67 35.74		36.13			

Men 45-49 100 Yard Breaststroke

1	Adams, James A	45	Oregon Masters-37	1:09.00	1:12.90	6
	33.94 38.96					
2	Schwegel, Michael	46	Kroc Masters-35	1:13.92	1:14.52	4
	35.04 39.48					

Men 45-49 100 Yard IM

1	Schwegel, Michael	46	Kroc Masters-35	1:05.44	1:05.36	6
	29.62 35.74					

Men 45-49 200 Yard IM

1	Adams, James A	45	Oregon Masters-37	2:23.00	2:29.46	6
	30.51 39.69 44.91		34.35			

Men 45-49 400 Yard IM

---	Adams, James A	45	Oregon Masters-37	5:15.00	NS	
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Men 50-54 100 Yard Freestyle

1	Allison, Tony A	50	Moscow Chinooks Masters Swimmi	1:16.00	1:14.96	6
	36.10 38.86					

Men 50-54 100 Yard Breaststroke

---	Adams, James A	45	Oregon Masters-37	1:01.00	NS	
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Inland NW LMSC SCY Championships & Jean Rudol - 4/1/2023**Results****Men 50-54 100 Yard Butterfly**

1 Allison, Tony A	50	Moscow Chinooks Masters Swimmi	1:48.00	1:43.29	6
47.89 55.40					

Men 50-54 200 Yard IM

1 Allison, Tony A	50	Moscow Chinooks Masters Swimmi	3:40.00	3:32.65	6
46.57 1:02.39 57.30	46.39				

Men 55-59 50 Yard Freestyle

1 Bronson, Matthew	57	Kroc Masters-35	42.00	35.29	6
2 Allen, Jeff	56	Moses Lake Masters-35	NT	36.02	4

Men 55-59 500 Yard Freestyle

1 Bronson, Matthew	57	Kroc Masters-35	8:15.00	8:05.72	6
41.31 47.82 47.78	49.28 49.53 50.95 50.41 50.51				
50.91 47.22					

Men 60-64 50 Yard Freestyle

1 Cook, John	62	Inw Y Aquatic Masters-35	31.00	29.88	6
2 Mabile, Glenn	63	Kroc Masters-35	36.75	36.10	4
--- Belmondo, Brad	61	Lewis Clark Neptunes Masters-35	26.26	SCR	

Men 60-64 100 Yard Freestyle

1 Cook, John	62	Inw Y Aquatic Masters-35	1:08.00	1:05.87	6
31.46 34.41					
--- Belmondo, Brad	61	Lewis Clark Neptunes Masters-35	1:00.82	SCR	

Men 60-64 200 Yard Freestyle

1 Mabile, Glenn	63	Kroc Masters-35	3:00.00	2:58.92	6
42.30 45.25 46.12	45.25				

Men 60-64 1650 Yard Freestyle

1 Williams, Thomas	61	Moscow Chinooks Masters Swimmi	33:00.00	33:59.11	6
48.79 56.57 58.34	59.84 1:00.71 1:02.32 1:02.38 1:01.54				
1:01.69 1:02.61 1:02.23	1:02.62 1:03.29 1:03.26 1:02.95 1:02.60				
1:02.12 1:01.18 1:02.27	1:02.66 1:03.04 1:02.45 1:02.61 1:03.75				
1:03.95 1:04.08 1:03.40	1:03.19 1:03.54 1:03.67 1:03.84 1:02.67 58.95				

Men 60-64 50 Yard Backstroke

1 Johnson, Brian	61	Moscow Chinooks Masters Swimmi	33.00	32.67	6
2 Mabile, Glenn	63	Kroc Masters-35	50.56	53.37	4
--- Belmondo, Brad	61	Lewis Clark Neptunes Masters-35	30.99	SCR	

Men 60-64 100 Yard Backstroke

1 Johnson, Brian	61	Moscow Chinooks Masters Swimmi	1:15.00	1:10.45	6
34.50 35.95					
--- Belmondo, Brad	61	Lewis Clark Neptunes Masters-35	1:10.77	SCR	

Men 60-64 50 Yard Breaststroke

1 Cook, John	62	Inw Y Aquatic Masters-35	48.00	42.32	6
--- Mabile, Glenn	63	Kroc Masters-35	45.42	NS	

Men 60-64 100 Yard Breaststroke

1 Williams, Thomas	61	Moscow Chinooks Masters Swimmi	2:23.00	2:21.85	6
1:06.61 1:15.24					

Inland NW LMSC SCY Championships & Jean Rudol - 4/1/2023**Results****Men 60-64 100 Yard IM**

1	Johnson, Brian	61	Moscow Chinooks Masters Swimmi	1:15.00	1:11.92	6
	33.33 38.59					
2	Mabile, Glenn	63	Kroc Masters-35	1:37.55	1:44.79	4
	50.55 54.24					
3	Williams, Thomas	61	Moscow Chinooks Masters Swimmi	2:05.00	2:04.10	3
	55.08 1:09.02					

Men 60-64 200 Yard IM

1	Williams, Thomas	61	Moscow Chinooks Masters Swimmi	4:20.00	4:23.06	6
	58.80 1:01.44 1:23.56	59.26				

Men 65-69 50 Yard Freestyle

1	Cabrey, David	67	Tri-City Atomic Sturgeons-35	29.50	29.22	6
2	Sheahan, Dan	65	Kroc Masters-35	29.32	29.74	4
3	Tanner, Stephen	69	Kroc Masters-35	36.00	34.78	3

Men 65-69 100 Yard Freestyle

1	Cabrey, David	67	Tri-City Atomic Sturgeons-35	1:04.00	1:05.61	6
	30.91 34.70					
2	Sheahan, Dan	65	Kroc Masters-35	1:05.00	1:07.26	4
	32.41 34.85					

Men 65-69 200 Yard Freestyle

1	Cabrey, David	67	Tri-City Atomic Sturgeons-35	2:24.00	2:26.87	6
	35.00 37.62 37.46	36.79				
2	Sheahan, Dan	65	Kroc Masters-35	2:29.30	2:27.73	4
	34.77 38.77 38.24	35.95				

Men 65-69 500 Yard Freestyle

1	Sheahan, Dan	65	Kroc Masters-35	6:30.00	6:50.43	6
	35.47 40.33 41.51	42.89 41.91 42.05 42.78 42.29				
	42.29 38.91					

Men 65-69 1650 Yard Freestyle

1	Cabrey, David	67	Tri-City Atomic Sturgeons-35	23:00.00	22:25.04	6
	36.58 39.57 40.36	40.87 40.57 40.22 40.53 40.46				
	40.45 40.28 40.88	40.97 40.83 40.64 41.09 40.76				
	41.30 40.87 40.90	41.62 41.33 41.13 41.15 41.41				
	41.58 40.96 41.18	41.40 41.29 41.61 41.23 41.07 39.95				

Men 65-69 50 Yard Backstroke

1	Cabrey, David	67	Tri-City Atomic Sturgeons-35	35.00	36.11	6
2	Tanner, Stephen	69	Kroc Masters-35	42.00	42.88	4

Men 65-69 100 Yard Backstroke

1	Tanner, Stephen	69	Kroc Masters-35	1:37.00	1:33.57	6
	45.84 47.73					

Men 65-69 200 Yard Backstroke

1	Tanner, Stephen	69	Kroc Masters-35	3:27.00	3:28.80	6
	47.90 53.04 54.99	52.87				

Men 65-69 50 Yard Breaststroke

1	Hamm, Michael	65	Kroc Masters-35	35.35	32.94	6
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Inland NW LMSC SCY Championships & Jean Rudol - 4/1/2023**Results****Men 65-69 100 Yard Breaststroke**

1 Hamm, Michael	65 Kroc Masters-35	1:11.11	1:12.72	6
33.77 38.95				

Men 65-69 200 Yard Breaststroke

1 Hamm, Michael	65 Kroc Masters-35	2:40.40	2:47.55	6
37.04 42.33 43.98 44.20				

Men 65-69 100 Yard IM

1 Tanner, Stephen	69 Kroc Masters-35	1:34.00	1:34.71	6
44.65 50.06				

Men 70-74 50 Yard Breaststroke

1 Burns, Howard	71 Kroc Masters-35	38.90	38.27	6
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Men 70-74 100 Yard Breaststroke

1 Burns, Howard	71 Kroc Masters-35	1:32.60	1:28.14	6
41.58 46.56				

Men 70-74 200 Yard Breaststroke

1 Burns, Howard	71 Kroc Masters-35	3:21.20	3:20.83	6
43.80 51.69 54.22 51.12				

Men 70-74 100 Yard IM

1 Burns, Howard	71 Kroc Masters-35	1:18.90	1:18.57	6
36.31 42.26				

Men 70-74 200 Yard IM

1 Burns, Howard	71 Kroc Masters-35	3:10.20	3:06.19	6
39.45 48.53 56.42 41.79				

Women 18+ 200 Yard Freestyle Relay

1 Inw Y Aquatic Masters-35	A	NT	2:11.11	12
1) Sievers, Elena J W20	2) Sievers, Carolyn W24	3) Jones, Elia W31	4) Scruggs, Jess W28	
31.84 41.03 30.57 27.67				

Women 18+ 400 Yard Freestyle Relay

1 Inw Y Aquatic Masters-35	A	NT	4:51.37	12
1) Bailey, Teresa M W53	2) Sievers, Carolyn W24	3) Sievers, Elena J W20	4) Polello, Jennifer W51	
39.59 1:59.92 39.96 54.32 19.38 56.97		28.32 1:00.16		

Women 18+ 200 Yard Medley Relay

1 Inw Y Aquatic Masters-35	A	NT	2:30.04	12
1) Sievers, Carolyn W24	2) Sievers, Elena J W20	3) Scruggs, Jess W28	4) Jones, Elia W31	
37.87 51.15 22.10 38.92				
2 Moscow Chinooks Masters S	A	NT	3:19.19	8
1) Henry, Jayden W22	2) Bloch, Jennifer E W64	3) Mazur, Amy W60	4) Allison, Kerensa L W48	
32.70 1:05.58 55.20 45.71				

Women 25+ 200 Yard Freestyle Relay

1 Lewis Clark Neptunes Maste	A	NT	3:22.49	12
1) Beck, Herlinde W70	2) Whiteley, Debbie W64	3) Hair, Margaret W68	4) Lloyd, Marissa S W30	
47.91 1:29.89 39.50 25.19				

Women 25+ 400 Yard Freestyle Relay

--- Inw Y Aquatic Masters-35	A	NT	SCR	
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Inland NW LMSC SCY Championships & Jean Rudol - 4/1/2023**Results****Women 35+ 200 Yard Freestyle Relay**

1	Moscow Chinooks Masters S	A	NT	3:06.58	12
	1) Underwood, Sara W46	2) Vallandigham, Jett W76	3) Ruspakka, Shelly W40	4) Bloch, Jennifer E W64	
	43.32	1:37.37	46.05		

Women 35+ 200 Yard Medley Relay

1	Inw Y Aquatic Masters-35	A	NT	2:49.52	12
	1) Bailey, Teresa M W53	2) Baker, Pamela M W69	3) Polello, Jennifer W51	4) Glickfeld, Heather W35	
	50.89	41.76	39.57	37.30	

Women 45+ 200 Yard Freestyle Relay

1	Inw Y Aquatic Masters-35	A	NT	2:29.01	12
	1) Bailey, Teresa M W53	2) Allen, Judy W53	3) Polello, Jennifer W51	4) Baker, Pamela M W69	
	37.20	36.38	39.87	35.56	

Women 55+ 200 Yard Freestyle Relay

1	Kroc Masters-35	A	NT	2:35.76	12
	1) Nelson, Carol W57	2) Henry, Lorna W82	3) Penn, Jodi W69	4) Keegan, Caroline W58	
	37.24	1:22.60	36.09		

Women 55+ 200 Yard Medley Relay

---	Kroc Masters-35	A	NT	DQ	
	1) Henry, Lorna W82	2) Penn, Jodi W69	3) Keegan, Caroline W58	4) Nelson, Carol W57	
	50.72	48.80	44.84	38.67	

Men 18+ 200 Yard Freestyle Relay

1	Moscow Chinooks Masters S	A	NT	2:27.03	12
	1) Allison, Tony A M50	2) Miura, Simon J M20	3) Williams, Thomas M61	4) Joslyn, Robert M37	
	38.08	23.88	46.46	38.61	

Men 18+ 200 Yard Medley Relay

1	Moscow Chinooks Masters S	A	NT	2:03.87	12
	1) Miura, Simon J M20	2) Chung, Eric M30	3) Johnson, Brian M61	4) Allison, Tony A M50	
	26.32	30.15	32.07	35.33	

Men 65+ 200 Yard Freestyle Relay

1	Kroc Masters-35	A	NT	2:03.53	12
	1) Sheahan, Dan M65	2) Tanner, Stephen M69	3) Burns, Howard M71	4) Hamm, Michael M65	
	30.13	35.62	31.16	26.62	

Men 65+ 400 Yard Freestyle Relay

1	Kroc Masters-35	A	NT	4:47.19	12
	1) Tanner, Stephen M69	2) Hamm, Michael M65	3) Burns, Howard M71	4) Sheahan, Dan M65	
	30.10	1:01.59	40.21	1:26.76	33.99
				1:11.45	32.09
					1:07.39

Men 65+ 200 Yard Medley Relay

1	Kroc Masters-35	A	NT	2:31.32	12
	1) Tanner, Stephen M69	2) Burns, Howard M71	3) Hamm, Michael M65	4) Sheahan, Dan M65	
	45.52	40.91	34.25	30.64	

Mixed 18+ 200 Yard Freestyle Relay

1	Moscow Chinooks Masters S	A	NT	2:11.41	12
	1) Reece, Kathryn W21	2) Ruspakka, Shelly W40	3) Joslyn, Robert M37	4) Miura, Simon J M20	
	37.77	29.66	39.13	24.85	

Mixed 18+ 400 Yard Freestyle Relay

Inland NW LMSC SCY Championships & Jean Rudol - 4/1/2023**Results****Mixed 18+ 200 Yard Medley Mixed Relay**

1	Moscow Chinooks Masters S	A		NT	2:59.75	12
	1) Shaw, Dana K W38	2) Joslyn, Robert M37	3) Williams, Thomas M61	4) Reece, Kathryn W21		
	37.96	49.36	58.36	34.07		

Mixed 35+ 200 Yard Freestyle Relay

1	Kroc Masters-35	A		NT	2:10.57	12
	1) Mabile, Christine W35	2) Mabile, Glenn M63	3) Roberts, Sally W51	4) Schwegel, Michael M46		
	46.05	21.63	36.97	25.92		

Mixed 35+ 400 Yard Freestyle Relay

1	Kroc Masters-35	A		NT	4:55.56	12
	1) Mabile, Christine W35	2) Mabile, Glenn M63	3) Keegan, Caroline W58	4) Schwegel, Michael M46		
	32.96	1:09.13	40.46	1:25.92	37.55	1:21.45
				27.92	59.06	

Mixed 35+ 200 Yard Medley Mixed Relay

1	Kroc Masters-35	A		NT	2:35.81	12
	1) Mabile, Christine W35	2) Schwegel, Michael M46	3) Mabile, Glenn M63	4) Roberts, Sally W51		
	39.92	33.67	46.28	35.94		

Combined Team ScoresCombined Team Scores - Through Event 26

1.	Moscow Chinooks Masters Swimmi	442	2.	Kroc Masters	374
3.	Inw Y Aquatic Masters	275	4.	Tri-City Atomic Sturgeons	82
5.	Lewis Clark Neptunes Masters	81	6.	Oregon Masters	30
6.	Spokane Club Masters	30	8.	Uc59	24
9.	Moses Lake Masters	16			

Scores - WomenWomen - Team Rankings - Through Event 26

1.	Inw Y Aquatic Masters	257	2.	Moscow Chinooks Masters Swimmi	201
3.	Kroc Masters	139	4.	Lewis Clark Neptunes Masters	81
5.	Tri-City Atomic Sturgeons	52	6.	Moses Lake Masters	12

Scores - MenMen - Team Rankings - Through Event 26

1.	Moscow Chinooks Masters Swimmi	205	2.	Kroc Masters	199
3.	Tri-City Atomic Sturgeons	30	3.	Oregon Masters	30
3.	Spokane Club Masters	30	6.	Uc59	24
7.	Inw Y Aquatic Masters	18	8.	Moses Lake Masters	4