

## Inland NW SCM Records- 3/1/24

### RELAY - 200 Meter FREE - WOMEN

72-99	100-119	120-159	160-199	200-239	240-279	280-319	320-359
2:07.99 11/18/23 Laci Marcott Miranda Huff Madi Judd Elle Seidensticker <b>CWUSC</b>	2:04.28 03/05/11 Dana MacManus Lana Lawrence Noelle Adams Sara Nelson <b>LCM</b>	2:13.55 11/26/00 Jane Rockwell Wendy Dunn Jennifer Pollard Marsha Lutz <b>SWA</b>	2:18.70 03/05/16 Carol Nelson Julie Mauer Tarragh Carr Alex McEnany <b>KM</b>	2:37.29 11/10/12 Cynthia Clutter Gloria Waggoner Margaret Hair Diedre Ater <b>LCM</b>	2:36.24 02/25/24 Carol Nelson Julie Mauer Charlene O'Brien Sally Roberts <b>KM</b>	2:46.53 04/10/22 Gloria Waggoner Loma Henry Aida Patterson Jodi Penn <b>KM</b>	

### RELAY - 400 Meter FREE - WOMEN

72-99	100-119	120-159	160-199	200-239	240-279	280-319	320-359
5:11.09 02/01/87 Louise Walls Kimberly Dolen Susan Hancock Sharon Schneider <b>IEY</b>	5:21.70 02/06/94 Tracie Harang Cindy Clutter Bridget Bero Janet Poorman <b>CSF</b>	4:56.99 02/01/87 Patty Seebeck Elin Zander Carrie Slover Catherine Chay <b>IEY</b>	5:27.82 02/07/93 Carolyn Kent Cindy Clutter Katie Blank Margaret Hair <b>CSF</b>	5:47.14 11/13/10 Margaret Hair Mary Adams Cynthia Clutter Heather Riviere <b>LCM</b>	6:06.92 02/25/24 Carol Nelson Julie Mauer Charlene O'Brien Sally Roberts <b>KM</b>		

### RELAY - 800 Meter FREE - WOMEN

72-99	100-119	120-159	160-199	200-239	240-279	280-319	320-359
	11:14.51 02/25/24 Elena Sievers Carolyn Sievers Kailynn Dillon Emily Anderson <b>INAM</b>	11:31.73 02/12/89 Sharon Schneider Laurie Nelson Heather Henager Elin Zander <b>IEY</b>	12:36.52 02/09/92 Margaret Hair Maidy Kress Sandy McCoy Carolyn Kent <b>CSF</b>	16:12.77 02/12/89 Marilyn Bashore Sharen Patterson Sr Madonna Buder Mardell Shagool <b>SPO</b>	15:16.12 03/03/12 Carol Nelson Gloria Waggoner Margaret Hair Barbara Irvine <b>LCM</b>		

### RELAY - 200 Meter MEDLEY - WOMEN

72-99	100-119	120-159	160-199	200-239	240-279	280-319	320-359
2:28.31 02/25/24 Miranda Huff Elle Seidensticker Laci Marcott Madi Judd <b>CWUSC</b>	2:26.19 02/25/24 Carolyn Siervers Elena Sievers Daryn Maughan Emily Anderson <b>INAM</b>	2:33.05 11/26/00 Jane Rockwell Wendy Dunn Jennifer Pollard Marsha Lutz <b>SWA</b>	2:42.59 05/16/88 unknown <b>IEM</b>	3:10.61 02/26/23 Sally Roberts Jodi Penn Caroline Keegan Christine Mabile <b>KM</b>	3:16.01 04/10/22 Caroline Keegan Jodi Penn Aida Patterson Carol Nelson <b>KM</b>		

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72-99	100-119	120-159	160-199	200-239	240-279	280-319	320-359
5:36.18 11/14/93 Susan Gambrel Cherese Eder Monica Weaver Nancy Kyle <b>SPO</b>	5:07.53 03/05/11 Diana MacManus Sara Nelson Lana Lawrence Noelle Adams <b>LCM</b>	6:22.30 02/22/87 Carrie Slover Ann Murphy Elin Zander Suzanne Hoover <b>IEY</b>	6:09.69 03/05/11 Bridget McNassar Christine Dustin Paige Buehler Kathie LaFortune <b>MCM</b>	7:53.53 11/05/95 Janice Severston Linda Ely Carolyn Magee Margaret Campbell <b>LCM</b>	7:28.74 03/03/12 Gloria Waggoner Carol Nelson Margaret Hair Barbara Irvine <b>LCM</b>		

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72-99	100-119	120-159	160-199	200-239	240-279	280-319	320-359
2:00.26 11/10/12 Eric Williamson Jaegger Olden Levi Olden Derek Johnson <b>CWST</b>	1:50.68 10/26/86 Steve Anderson Steve Marschman Brian Wilkerson Boyd Champion <b>IEM</b>	1:48.19 11/16/86 Scott Crowder Randy Willis Scott Neuhaus Rich Adams <b>TCM</b>	1:49.39 05/16/88 unknown   <b>IEM</b>	1:46.49 02/22/20 Trent Shino Larry Krauser Robert Heath Ryan Driscoll <b>SCM</b>	2:18.96 02/25/24 Howard Burns Stephen Tanner Michael Hamm Kerry O'Brien <b>KM</b>	3:27.18 10/30/88 Ralph Thayer Eben Wolters Jay Beeler Bill Odman <b>IEM</b>	

### RELAY - 400 Meter FREE - MEN

72-99	100-119	120-159	160-199	200-239	240-279	280-319	320-359
	4:34.59 02/06/94 Bob Zipperer Lou Hisel Joel Kinnunen Erik Hykes <b>FAF</b>	4:23.60 02/06/94 Mike Little David Barnes Lamar Long Rich Swoboda <b>CSF</b>	4:20.32 02/25/24 Zachary Castaneda Michael Schwegel Marek Janout Kip Taylor <b>KM</b>	4:07.95 02/22/20 Trent Shino Larry Krauser Robert Heath Ryan Driscoll <b>SCM</b>	5:15.95 02/26/23 Stephen Tanner Rod Wharton Dan Sheahan Michael Schwegel <b>KM</b>		

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72-99	100-119	120-159	160-199	200-239	240-279	280-319	320-359
9:48.37 03/05/11 Eric Williamson Brian Eifert Matt Peterson Baden Sprinkle <b>CWST</b>	9:30.27 02/12/89 Brian Riba Bob Panico Kevin LaFave Steve Silver <b>FAF</b>	10:33.36 02/09/92 Steve Omi John Sahlin Bill Travis Mike Little <b>CSF</b>	10:37.93 03/09/13 James Adams Kurt Wendel Patrick Bucknum Tom Hansen <b>WVM</b>	11:19.33 03/09/13 Michael Hamm Glenn Mabile Rob Urbaniak Todd Cory <b>LCM</b>	12:17.59 04/10/22 Stephen Tanner Glenn Mabile Michael Hamm Howard Burns <b>KM</b>		

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72-99	100-119	120-159	160-199	200-239	240-279	280-319	320-359
2:10.17 02/12/89 Ryan Cooper John Cyr Joe Terhaar Don Gibbs <b>IEY</b>	2:08.82 10/26/86 Brian Wilkerson Steve Anderson Boyd Champion Steve Marschman <b>TCM</b>	2:00.42 02/25/24 Michael Schwegel Marek Janout Adam Mayer Zackary Castaneda <b>KM</b>	2:01.19 02/25/24 Robert Heath Trent Shino Eric Williams Ian Carpenter <b>SCM</b>	2:01.34 02/22/20 Robert Heath Ryan Driscoll Trent Shino Larry Krauser <b>SCM</b>	2:53.79 02/10/91 Will Dolphin Bill Davies Wayne Wilson Bill Odman <b>SPO</b>		

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72-99	100-119	120-159	160-199	200-239	240-279	280-319	320-359
		4:59.74 11/13/94 Rich Swoboda Dave Daboll Scott Swoboda Bill Travis <b>CSF</b>	5:22.18 02/22/87 Jim Klein Jeff Bankson Peter Feierabend Michael Smith <b>SWA</b>	4:43.75 03/05/11 Rich Swoboda Mike Hamm David Barnes Timoth Nelson <b>LCM</b>	6:36.94 02/26/23 Stephen Tanner Howard Burns Dan Sheahan Michael Augustine <b>KM</b>		

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#### RELAY - 200 Meter FREE - MIXED

72-99	100-119	120-159	160-199	200-239	240-279	280-319	320-359
1:56.73 03/07/15 Anna Sharpe Joseph Tanner Lana Lawrence Douglas McCan <b>KM</b>	1:55.43 03/05/16 Courtney Monsees Mathew Wintzer Anna Sharpe Nick Blank <b>KM</b>	1:59.37 02/26/23 Adam Mayer Christine Mabile Mary Everett Michael Schwegel <b>KM</b>	2:10.05 01/07/96 Vicki Marsh Scott Wilson Elin Zander Joel Lorenzen <b>IEY</b>	2:21.59 11/13/10 Rob Urbaniak Cynthia Clutter Margaret Hair Michael Hamm <b>LCM</b>	2:45.34 03/03/12 Jack Bevier Teresa Wendel Carolyn Magee James Adams <b>WVM</b>	3:48.38 03/05/11 Patrick Magee Peony Munger Jane Haase Jack Bevier <b>WVM</b>	

#### RELAY - 400 Meter FREE - MIXED

72-99	100-119	120-159	160-199	200-239	240-279	280-319	320-359
4:52.21 02/25/24 Madi Judd Arturo Munoz-Olmos Evan Stock Elle Seidensticker <b>CWUSC</b>	4:52.34 02/01/87 Chase Copeland Susan Hancock Don Story Louise Walls <b>IEY</b>	4:28.46 11/13/16 Courtney Monsees James Adams Julie Mauer Nick Blank <b>KM</b>	5:10.29 11/13/10 Grace Volsen Dan Sheahan Melissa Kirby Jim Breidenbach <b>SWAT</b>	5:49.36 02/25/24 Rebecca Mabile Glenn Mabile Caroline Keegan Michael Augustine <b>KM</b>	9:01.51 11/20/88 Marilyn Kokot Jay Beeler Maureen Schmahl David Connelly <b>IEY</b>		

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72-99	100-119	120-159	160-199	200-239	240-279	280-319	320-359
10:23.53 02/04/88 Ken Wagnon Jane Giese Greg Giese Renee Crampton <b>SPO</b>	10:37.49 02/14/88 Steve Silver Joanne Sereno Anne Powers Kevin LaFave <b>FAF</b>	9:58.32 02/26/23 Michael Schwegel Mary Everett Courtney Chase Adam Mayer <b>KM</b>	10:16.14 02/25/24 Courtney Chase Kip Taylor Lana Lawrence Marek Janout <b>KM</b>	9:36.62 11/24/01 Suzanne Dills Michael Veith Susanne Simpson Larry Krauser <b>SCM</b>	14:52.60 03/05/11 Kathie LaFortune Bob Henager Deborah Bell Glen Murray <b>MCM</b>	17:16.25 03/09/13 Jack Bevier Teresa Wendel Jane Haase Rick Acosta <b>WVM</b>	

#### RELAY - 200 Meter MEDLEY - MIXED

72-99	100-119	120-159	160-199	200-239	240-279	280-319	320-359
2:17.01 11/18/23 Elijah Rinehart Carly Kahler Laci Marcott Connor Wrynn <b>CWUSC</b>	2:06.28 03/05/16 Nick Blank Mathew Wintzer Anna Sharpe Courtney Monsees <b>KM</b>	2:17.95 11/13/10 Lana Lawrence Michael Hamm Todd Cory Stephanie Swainston <b>LCM</b>	2:24.73 02/09/92 Mike Little Dave Daboll Carolyn Kent Margaret Hair <b>CSF</b>	2:39.09 12/07/97 Katie Blank Dave Daboll Margaret Hair Hob Blank <b>LCM</b>	2:36.28 11/18/23 Carrie Franchi Eric Williams Robert Heath Heather Carling-Smitt <b>SCM</b>	2:48.13 04/10/22 Loma Henry Michael Hamm Howard Burns Gloria Waggoner <b>KM</b>	

#### RELAY - 400 Meter MEDLEY - MIXED

72-99	100-119	120-159	160-199	200-239	240-279	280-319	320-359
4:56.21 11/18/23 Elijah Rinehart Carly Kahler Nate Harris Elle Seidensticker <b>CWUSC</b>	4:50.85 03/03/12 Lana Lawrence Diana MacManus Daniel Taylor Jonathan Siegler <b>LCM</b>	4:45.76 11/13/16 Lana Lawrence Rob Decker James Adams Courtney Monsees <b>KM</b>	6:02.17 03/03/12 Robert Henager Charlie Gerke Samantha Hammerly Paige Buehler <b>MCM</b>	6:55.44 03/05/11 Shirley Schreiber Kurt Wendel James Adams Teresa Wendel <b>WVM</b>	6:44.51 03/05/11 Gloria Waggoner Robert Morrison Margaret Hair Bill Waggoner <b>LCM</b>	9:01.46 03/05/11 Carolyn Magee Wayne Brown Peony Munger Jack Bevier <b>WVM</b>	