

## 2026 Spokane Club Masters Dual Penthalon - 3/21/2026

## Results - Main Session

**Women 18-24 50 Yard Freestyle**

1	Mielke, Jasmine	21	PSM-36	29.39	6
2	McDonald, Leia	18	UC35	29.78	4
3	Sievers, Elena	23	INAM-35	31.99	3

**Women 18-24 100 Yard Freestyle**

1	Lewis, Kathryn	20	INAM-35	59.49	6
				28.56	30.93

**Women 18-24 50 Yard Backstroke**

1	Sievers, Elena	23	INAM-35	37.83	6
2	Mielke, Jasmine	21	PSM-36	39.01	4
3	McDonald, Leia	18	UC35	41.11	3

**Women 18-24 50 Yard Breaststroke**

1	Mielke, Jasmine	21	PSM-36	38.31	6
2	Sievers, Elena	23	INAM-35	41.28	4
3	McDonald, Leia	18	UC35	43.46	3

**Women 18-24 50 Yard Butterfly**

1	Mielke, Jasmine	21	PSM-36	31.54	6
2	McDonald, Leia	18	UC35	33.88	4
3	Sievers, Elena	23	INAM-35	35.36	3

**Women 18-24 100 Yard Butterfly**

1	Lewis, Kathryn	20	INAM-35	1:09.27	6
				31.72	37.55

**Women 18-24 100 Yard IM**

1	Mielke, Jasmine	21	PSM-36	1:14.39	6
				37.17	37.22
2	Sievers, Elena	23	INAM-35	1:20.89	4
				37.04	43.85
3	McDonald, Leia	18	UC35	1:24.94	3
				38.42	46.52

**Women 25-29 50 Yard Freestyle**

1	Sievers, Carolyn	27	INAM-35	27.72	6
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**Women 25-29 50 Yard Backstroke**

1	Sievers, Carolyn	27	INAM-35	31.58	6
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**Women 25-29 50 Yard Breaststroke**

1	Sievers, Carolyn	27	INAM-35	34.31	6
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**Women 25-29 50 Yard Butterfly**

1	Sievers, Carolyn	27	INAM-35	29.40	6
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**Women 25-29 100 Yard IM**

1	Sievers, Carolyn	27	INAM-35	1:09.07	6
				30.90	38.17

**Women 35-39 50 Yard Freestyle**

1	Guinn, Amelia	38	SCM-35	27.88	6
2	Gunselman, McKenzie	35	INAM-35	28.06	4
3	Maughan, Daryn	37	INAM-35	29.64	3
4	Glickfeld, Heather	38	INAM-35	38.64	2

**Women 35-39 100 Yard Freestyle**

1	Gunselman, McKenzie	35	INAM-35	1:04.67	6
				30.38	34.29
2	McAnally, Alex	38	INAM-35	1:07.86	4
				32.49	35.37

**Women 35-39 50 Yard Backstroke**

1	Guinn, Amelia	38	SCM-35	35.20	6
2	Maughan, Daryn	37	INAM-35	35.22	4
3	Glickfeld, Heather	38	INAM-35	51.73	3

**Women 35-39 100 Yard Backstroke**

1	McAnally, Alex	38	INAM-35	1:15.98	6
				37.11	38.87

**Women 35-39 50 Yard Breaststroke**

1	Guinn, Amelia	38	SCM-35	35.41	6
2	Maughan, Daryn	37	INAM-35	41.17	4
3	Glickfeld, Heather	38	INAM-35	44.31	3

**Women 35-39 100 Yard Breaststroke**

1	McAnally, Alex	38	INAM-35	1:23.80	6
				40.21	43.59

**Women 35-39 50 Yard Butterfly**

1	Maughan, Daryn	37	INAM-35	31.93	6
2	McCune, Lauren	39	INAM-35	31.95	4
3	Guinn, Amelia	38	SCM-35	32.32	3
4	Gunselman, McKenzie	35	INAM-35	32.64	2

**Women 35-39 100 Yard Butterfly**

1	Maughan, Daryn	37	INAM-35	1:14.85	6
				33.24	41.61
2	McAnally, Alex	38	INAM-35	1:24.62	4
				38.70	45.92

**Women 35-39 100 Yard IM**

1	Guinn, Amelia	38	SCM-35	1:10.54	6
				33.86	36.68
2	Maughan, Daryn	37	INAM-35	1:15.13	4
				34.20	40.93

**Women 35-39 200 Yard IM**

1	McAnally, Alex	38	INAM-35	2:46.28	6		
				38.98	41.65	47.46	38.19
2	Gunselman, McKenzie	35	INAM-35	2:52.29	4		
				34.69	46.52	51.18	39.90

**Women 40-44 50 Yard Freestyle**

1	Popelka, Erin	44	INAM-35	29.01	6
2	Kummer, Brenna	42	INAM-35	35.37	4

**Women 40-44 100 Yard Freestyle**

1	Kummer, Brenna	42	INAM-35	1:23.02	6
				38.68	44.34

**Women 40-44 50 Yard Backstroke**

1	Popelka, Erin	44	INAM-35	35.61	6
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**Women 40-44 50 Yard Breaststroke**

1	Popelka, Erin	44	INAM-35	36.44	6
---	Kummer, Brenna	42	INAM-35	DQ	

**Women 40-44 50 Yard Butterfly**

1	Popelka, Erin	44	INAM-35	29.52	6
2	Kummer, Brenna	42	INAM-35	44.71	4

**Women 40-44 100 Yard Butterfly**

1	Kummer, Brenna	42	INAM-35	1:46.79	6
				46.99	59.80

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**Women 40-44 100 Yard IM**

1	Popelka, Erin	44	INAM-35	1:10.67	6
	33.64	37.03			
2	Kummer, Brenna	42	INAM-35	1:44.86	4
	51.96	52.90			

**Women 40-44 200 Yard IM**

1	Popelka, Erin	44	INAM-35	2:34.60	6
	32.32	41.97	43.37	36.94	

**Women 45-49 50 Yard Freestyle**

1	Erickson, Cassandra	45	INAM-35	J27.50	10
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**Women 45-49 50 Yard Backstroke**

1	Erickson, Cassandra	45	INAM-35	J30.40	10
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**Women 45-49 100 Yard Backstroke**

1	Erickson, Cassandra	45	INAM-35	J1:06.53	10
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**Women 45-49 50 Yard Breaststroke**

1	Erickson, Cassandra	45	INAM-35	39.05	6
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**Women 45-49 50 Yard Butterfly**

1	Erickson, Cassandra	45	INAM-35	30.20	6
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**Women 45-49 100 Yard IM**

1	Erickson, Cassandra	45	INAM-35	J1:08.05	10
	29.94	38.11			

**Women 50-54 50 Yard Freestyle**

1	Robinson, Maurya	50	INAM-35	34.96	6
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**Women 50-54 50 Yard Backstroke**

1	Robinson, Maurya	50	INAM-35	45.71	6
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**Women 50-54 50 Yard Breaststroke**

1	Robinson, Maurya	50	INAM-35	45.68	6
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**Women 50-54 50 Yard Butterfly**

1	Robinson, Maurya	50	INAM-35	43.71	6
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**Women 50-54 100 Yard IM**

1	Robinson, Maurya	50	INAM-35	1:31.22	6
	44.14	47.08			

**Women 55-59 50 Yard Freestyle**

1	Allen, Judy	56	INAM-35	36.91	6
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**Women 55-59 50 Yard Backstroke**

1	Allen, Judy	56	INAM-35	49.22	6
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**Women 55-59 50 Yard Breaststroke**

1	Allen, Judy	56	INAM-35	43.23	6
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**Women 55-59 100 Yard Breaststroke**

1	Allen, Judy	56	INAM-35	1:35.85	6
	45.94	49.91			

**Women 55-59 50 Yard Butterfly**

1	Allen, Judy	56	INAM-35	46.09	6
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**Women 55-59 100 Yard IM**

1	Allen, Judy	56	INAM-35	1:37.12	6
	47.71	49.41			
2	Field, Lessly	57	INAM-35	1:39.32	4
	50.97	48.35			

**Women 60-64 50 Yard Freestyle**

1	Tescher, Michele	64	INAM-35	47.01	6
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**Women 60-64 50 Yard Backstroke**

1	Tescher, Michele	64	INAM-35	54.22	6
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**Women 60-64 50 Yard Breaststroke**

1	Tescher, Michele	64	INAM-35	56.61	6
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**Women 65-69 50 Yard Freestyle**

1	Chuanzhu, Zhou	67	TCAS-35	37.38	6
2	Martin, Melissa	65	INAM-35	38.65	4

**Women 65-69 100 Yard Freestyle**

1	Kemp, Cindy	69	KM-35	1:20.37	6
	38.84	41.53			

**Women 65-69 50 Yard Backstroke**

1	Chuanzhu, Zhou	67	TCAS-35	46.28	6
2	Martin, Melissa	65	INAM-35	47.04	4

**Women 65-69 100 Yard Backstroke**

1	Kemp, Cindy	69	KM-35	1:38.24	6
	47.42	50.82			

**Women 65-69 50 Yard Breaststroke**

1	Chuanzhu, Zhou	67	TCAS-35	44.45	6
2	Martin, Melissa	65	INAM-35	52.68	4

**Women 65-69 50 Yard Butterfly**

1	Martin, Melissa	65	INAM-35	47.56	6
2	Chuanzhu, Zhou	67	TCAS-35	47.90	4

**Women 65-69 100 Yard IM**

1	Chuanzhu, Zhou	67	TCAS-35	1:32.21	6
	45.66	46.55			
2	Martin, Melissa	65	INAM-35	1:40.16	4
	47.53	52.63			

**Women 70-74 50 Yard Freestyle**

1	Smith, Paula	71	INAM-35	37.97	6
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**Women 70-74 50 Yard Backstroke**

1	Hair, Margaret	71	LCNM-35	45.79	6
2	Smith, Paula	71	INAM-35	49.66	4

**Women 70-74 50 Yard Breaststroke**

1	Hair, Margaret	71	LCNM-35	45.47	6
2	Smith, Paula	71	INAM-35	45.54	4

**Women 70-74 50 Yard Butterfly**

1	Smith, Paula	71	INAM-35	52.22	6
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**Women 70-74 100 Yard Butterfly**

1	Hair, Margaret	71	LCNM-35	J1:39.48	10
	45.01	54.47			

**Women 70-74 100 Yard IM**

1	Smith, Paula	71	INAM-35	1:38.24	6
	49.77	48.47			

**Women 70-74 200 Yard IM**

1	Hair, Margaret	71	LCNM-35	J3:20.75	10
	45.09	54.54	55.74	45.38	

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**Women 75-79 50 Yard Freestyle**

1	Carling-Smith, Heather	75	SCM-35	40.02	6
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**Women 75-79 50 Yard Backstroke**

1	Carling-Smith, Heather	75	SCM-35	52.72	6
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**Women 75-79 50 Yard Breaststroke**

1	Carling-Smith, Heather	75	SCM-35	53.90	6
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**Women 75-79 50 Yard Butterfly**

1	Carling-Smith, Heather	75	SCM-35	45.43	6
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**Women 75-79 100 Yard IM**

1	Carling-Smith, Heather	75	SCM-35	1:43.82	6
				50.00	53.82

**Men 18-24 50 Yard Freestyle**

1	Jenks, Nolan	22	UC35	21.79	6
2	Paulsberg, Jordan	20	INAM-35	30.97	4

**Men 18-24 100 Yard Freestyle**

1	Paulsberg, Jordan	20	INAM-35	1:04.19	6
				30.20	33.99

**Men 18-24 50 Yard Backstroke**

1	Jenks, Nolan	22	UC35	27.36	6
2	Paulsberg, Jordan	20	INAM-35	34.25	4

**Men 18-24 50 Yard Breaststroke**

1	Jenks, Nolan	22	UC35	27.90	6
2	Paulsberg, Jordan	20	INAM-35	42.27	4

**Men 18-24 50 Yard Butterfly**

1	Jenks, Nolan	22	UC35	23.75	6
2	Paulsberg, Jordan	20	INAM-35	30.47	4

**Men 18-24 100 Yard IM**

1	Jenks, Nolan	22	UC35	56.84	6
				27.15	29.69
2	Paulsberg, Jordan	20	INAM-35	1:15.98	4
				34.40	41.58

**Men 25-29 50 Yard Freestyle**

1	Rossmiller, Byron	27	INAM-35	23.72	6
2	Metro, Michael	27	INAM-35	34.62	4

**Men 25-29 50 Yard Backstroke**

1	Metro, Michael	27	INAM-35	46.32	6
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**Men 25-29 100 Yard Backstroke**

1	Rossmiller, Byron	27	INAM-35	54.08	6
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**Men 25-29 50 Yard Breaststroke**

1	Rossmiller, Byron	27	INAM-35	31.36	6
2	Metro, Michael	27	INAM-35	37.68	4

**Men 25-29 100 Yard Butterfly**

1	Rossmiller, Byron	27	INAM-35	53.97	6
				24.61	29.36

**Men 25-29 100 Yard IM**

1	Rossmiller, Byron	27	INAM-35	56.57	6
				25.17	31.40
2	Metro, Michael	27	INAM-35	1:32.60	4
				45.15	47.45

**Men 30-34 50 Yard Freestyle**

1	Lemley, Jason	32	INAM-35	23.48	6
2	McKinney, Christian	32	INAM-35	24.70	4

**Men 30-34 50 Yard Backstroke**

1	Lemley, Jason	32	INAM-35	27.64	6
---	McKinney, Christian	32	INAM-35	DQ	

**Men 30-34 50 Yard Breaststroke**

1	McKinney, Christian	32	INAM-35	33.09	6
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**Men 30-34 50 Yard Butterfly**

1	Lemley, Jason	32	INAM-35	26.59	6
2	McKinney, Christian	32	INAM-35	28.30	4

**Men 30-34 100 Yard IM**

1	Lemley, Jason	32	INAM-35	1:03.15	6
				28.07	35.08
2	McKinney, Christian	32	INAM-35	1:03.82	4
				29.33	34.49

**Men 35-39 100 Yard Freestyle**

1	Wood, Kevin	37	KM-35	50.84	6
				24.52	26.32

**Men 35-39 100 Yard Backstroke**

1	Wood, Kevin	37	KM-35	58.40	6
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**Men 35-39 100 Yard Breaststroke**

1	Wood, Kevin	37	KM-35	1:09.67	6
				32.95	36.72

**Men 35-39 100 Yard Butterfly**

1	Wood, Kevin	37	KM-35	58.21	6
				27.08	31.13

**Men 35-39 200 Yard IM**

1	Wood, Kevin	37	KM-35	2:10.28	6
				26.91	33.01
				39.43	30.93

**Men 40-44 50 Yard Freestyle**

1	Myers, Scott	43	INAM-35	35.03	6
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**Men 40-44 50 Yard Backstroke**

1	Shino, Trent	43	SCM-35	1:27.81	10
2	Myers, Scott	43	INAM-35	49.70	4

**Men 40-44 50 Yard Breaststroke**

1	Myers, Scott	43	INAM-35	46.07	6
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**Men 40-44 100 Yard Breaststroke**

1	Shino, Trent	43	SCM-35	1:04.44	6
				30.61	33.83

**Men 40-44 50 Yard Butterfly**

1	Shino, Trent	43	SCM-35	25.03	6
2	Myers, Scott	43	INAM-35	50.71	4

**Men 40-44 100 Yard IM**

1	Shino, Trent	43	SCM-35	57.39	6
				26.75	30.64
---	Myers, Scott	43	INAM-35	DQ	
				51.18	49.93

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<b>Men 45-49 50 Yard Freestyle</b>					6 Osborne, Nathan	68	SCM-35	39.98		
1	Roth, Bill	49	KM-35	24.70	6	7 Gibson, Ritch	69	SCM-35	40.93	
<b>Men 45-49 100 Yard Freestyle</b>					<b>Men 65-69 100 Yard Freestyle</b>					
1	Boercker, Kevin	46	INAM-35	1:18.40	6	1 Sheahan, Dan	68	SCM-35	1:06.00	6
	1:03.66	14.74				32.16	33.84			
<b>Men 45-49 100 Yard Breaststroke</b>					<b>Men 65-69 50 Yard Backstroke</b>					
1	Boercker, Kevin	46	INAM-35	1:24.58	6	1 Cook, John	65	INAM-35	40.73	6
	39.88	44.70				2 Murray, Stephen	69	STRG-35	44.94	4
<b>Men 45-49 50 Yard Butterfly</b>					<b>Men 65-69 50 Yard Breaststroke</b>					
1	Roth, Bill	49	KM-35	27.07	6	1 Cook, John	65	INAM-35	41.32	6
<b>Men 45-49 100 Yard Butterfly</b>					<b>Men 65-69 100 Yard IM</b>					
1	Boercker, Kevin	46	INAM-35	1:19.66	6	1 Cook, John	65	INAM-35	1:21.67	6
	38.16	41.50				38.49	43.18			
<b>Men 45-49 200 Yard IM</b>					<b>Men 65-69 50 Yard Butterfly</b>					
1	Boercker, Kevin	46	INAM-35	2:45.06	6	1 Cook, John	65	INAM-35	34.02	6
	37.61	43.17	48.15	36.13		2 Cooper, Clay	67	INAM-35	38.43	4
<b>Men 50-54 50 Yard Freestyle</b>					<b>Men 65-69 100 Yard IM</b>					
1	Guin, John	53	INAM-35	31.56	6	1 Cook, John	65	INAM-35	1:21.67	6
<b>Men 50-54 50 Yard Backstroke</b>					<b>Men 65-69 50 Yard Breaststroke</b>					
1	Guin, John	53	INAM-35	42.44	6	1 Cook, John	65	INAM-35	41.32	6
<b>Men 50-54 50 Yard Breaststroke</b>					<b>Men 65-69 100 Yard IM</b>					
1	Guin, John	53	INAM-35	47.53	6	1 Cook, John	65	INAM-35	1:21.67	6
<b>Men 50-54 50 Yard Butterfly</b>					<b>Men 65-69 200 Yard IM</b>					
1	Guin, John	53	INAM-35	38.55	6	1 Cook, John	65	INAM-35	3:02.65	6
						1:29.41	54.99	38.25		
<b>Men 50-54 100 Yard IM</b>					<b>Men 70-74 50 Yard Freestyle</b>					
1	Guin, John	53	INAM-35	1:26.16	6	1 Southwick, John	72	INAM-35	35.74	6
	40.91	45.25				2 Membrey, Neil	70	INAM-35	40.66	4
<b>Men 60-64 50 Yard Freestyle</b>					<b>Men 70-74 100 Yard Freestyle</b>					
1	Selby, William	62	INAM-35	31.05	6	1 Southwick, John	72	INAM-35	1:30.44	6
2	Castillo, Lonnie	62	INAM-35	32.74	4	43.37	47.07			
<b>Men 60-64 50 Yard Backstroke</b>					<b>Men 70-74 50 Yard Backstroke</b>					
1	Selby, William	62	INAM-35	43.32	6	1 Southwick, John	72	INAM-35	55.73	6
<b>Men 60-64 50 Yard Breaststroke</b>					<b>Men 75-79 50 Yard Freestyle</b>					
1	Selby, William	62	INAM-35	42.19	6	1 Denio, Galen	78	INAM-35	35.79	6
2	Castillo, Lonnie	62	INAM-35	43.37	4	<b>Men 75-79 50 Yard Backstroke</b>				
<b>Men 60-64 50 Yard Butterfly</b>					<b>Men 75-79 50 Yard Breaststroke</b>					
1	Castillo, Lonnie	62	INAM-35	39.76	6	1 Denio, Galen	78	INAM-35	1:43.43	10
2	Selby, William	62	INAM-35	41.39	4	<b>Men 75-79 50 Yard Butterfly</b>				
<b>Men 60-64 100 Yard IM</b>					<b>Men 75-79 50 Yard Breaststroke</b>					
1	Selby, William	62	INAM-35	1:26.19	6	1 Denio, Galen	78	INAM-35	1:42.73	10
	41.70	44.49				<b>Men 75-79 50 Yard Butterfly</b>				
2	Castillo, Lonnie	62	INAM-35	1:33.05	4	1 Denio, Galen	78	INAM-35	1:43.51	10
	43.70	49.35				<b>Men 75-79 50 Yard Breaststroke</b>				
<b>Men 65-69 50 Yard Freestyle</b>					<b>Men 75-79 50 Yard Butterfly</b>					
1	Heath, Robert	69	SCM-35	25.64	6	1 Denio, Galen	78	INAM-35	1:43.51	10
2	Cook, John	65	INAM-35	29.37	4	<b>Men 75-79 50 Yard Breaststroke</b>				
3	Sheahan, Dan	68	SCM-35	29.55	3	<b>Men 75-79 50 Yard Butterfly</b>				
4	Murray, Stephen	69	STRG-35	33.02	2	<b>Men 75-79 50 Yard Breaststroke</b>				
5	Cooper, Clay	67	INAM-35	33.12	1	<b>Men 75-79 50 Yard Butterfly</b>				

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**Men 75-79 100 Yard IM**

1	Denio, Galen	78	INAM-35	1:27.68	6
	43.15	44.53			