

## Inland NW LMSC SCY Championships - 4/18/2026

## Results

**Women 18-24 50 Yard Freestyle**

1	Jones, Charlie	20	WSU-58	30.63	7
2	Sievers, Elena	23	INAM-35	31.72	5
3	Bennett, Jordan	19	UC35	42.75	4

**Women 18-24 100 Yard Freestyle Init Dist Split**

1	Sievers, Elena	23	INAM-35	1:10.73
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**Women 18-24 100 Yard Freestyle**

1	Lewis, Kathryn	21	INAM-35	59.85	7
	28.37	31.48			
2	Sawyer, Jordyn	21	LCNM-35	1:13.05	5
	35.07	37.98			
3	Warren, Samantha	21	INAM-35	1:15.27	4
	35.96	39.31			
4	Bennett, Jordan	19	UC35	1:34.39	3
	46.12	48.27			

**Women 18-24 200 Yard Freestyle**

1	Jones, Charlie	20	WSU-58	2:27.33	7
	32.82	36.30	38.94	39.27	
2	Sievers, Elena	23	INAM-35	2:39.85	5
	34.50	39.43	42.44	43.48	
3	Sawyer, Jordyn	21	LCNM-35	2:43.68	4
	37.03	41.42	42.45	42.78	
4	Bennett, Jordan	19	UC35	3:20.26	3
	45.95	50.95	53.73	49.63	

**Women 18-24 500 Yard Freestyle**

1	Jones, Charlie	20	WSU-58	6:36.83	7
	34.15	38.57	39.58	41.08	
	40.34	40.61	41.58	41.00	
	40.57	39.35			
2	Sawyer, Jordyn	21	LCNM-35	7:33.55	5
	40.03	44.48	46.64	46.35	
	46.07	46.37	46.38	46.16	
	46.10	44.97			

**Women 18-24 50 Yard Backstroke**

1	Sawyer, Jordyn	21	LCNM-35	37.30	7
2	Sievers, Elena	23	INAM-35	38.78	5
3	Bennett, Jordan	19	UC35	52.13	4

**Women 18-24 100 Yard Backstroke**

1	Lewis, Kathryn	21	INAM-35	1:07.96	7
	33.06	34.90			
2	Warren, Samantha	21	INAM-35	1:28.92	5

**Women 18-24 200 Yard Backstroke**

1	Sievers, Elena	23	INAM-35	3:01.18	7
	42.47	45.21	46.83	46.67	

**Women 18-24 100 Yard Breaststroke**

1	Warren, Samantha	21	INAM-35	1:44.16	7
	49.62	54.54			

**Women 18-24 50 Yard Butterfly**

1	Sawyer, Jordyn	21	LCNM-35	42.91	7
2	Bennett, Jordan	19	UC35	1:02.66	5

**Women 18-24 100 Yard Butterfly**

1	Lewis, Kathryn	21	INAM-35	1:07.63	7
	30.70	36.93			
2	Warren, Samantha	21	INAM-35	1:29.91	5
	41.25	48.66			

**Women 18-24 100 Yard IM**

1	Sawyer, Jordyn	21	LCNM-35	1:26.70	7
	39.16	47.54			

**Women 18-24 200 Yard IM**

1	Jones, Charlie	20	WSU-58	2:42.75	7
	34.22	41.77	47.09	39.67	

**Women 25-29 50 Yard Freestyle**

1	Tilley, Lauren	25	MCM-35	27.21	7
2	Atkins, Natalie	25	MCM-35	27.86	5
3	Colgrove, Emily	26	KM-35	1:09.99	4

**Women 25-29 100 Yard Freestyle**

1	Atkins, Natalie	25	MCM-35	1:00.80	7
	29.16	31.64			
2	Tilley, Lauren	25	MCM-35	1:01.58	5
	28.81	32.77			
3	Colgrove, Emily	26	KM-35	2:45.50	4
	1:17.53	1:27.97			

**Women 25-29 50 Yard Backstroke**

1	Smart, Gabrielle	25	MCM-35	29.76	7
2	Sievers, Carolyn	27	INAM-35	30.68	5
3	Colgrove, Emily	26	KM-35	1:09.65	4

**Women 25-29 100 Yard Backstroke**

1	Smart, Gabrielle	25	MCM-35	1:03.92	7
	30.91	33.01			
2	Sievers, Carolyn	27	INAM-35	1:07.28	5
	31.76	35.52			
3	Colgrove, Emily	26	KM-35	2:34.45	4
	1:07.95	1:26.50			

**Women 25-29 200 Yard Backstroke**

1	Smart, Gabrielle	25	MCM-35	2:19.29	7
	32.37	34.68	35.99	36.25	
2	Sievers, Carolyn	27	INAM-35	2:26.49	5
	34.04	36.57	38.46	37.42	

**Women 25-29 50 Yard Breaststroke**

1	Tilley, Lauren	25	MCM-35	38.29	7
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**Women 25-29 100 Yard Breaststroke**

1	Tilley, Lauren	25	MCM-35	1:20.83	7
	37.77	43.06			

**Women 25-29 200 Yard Breaststroke**

1	Sievers, Carolyn	27	INAM-35	2:51.00	7
	38.58	42.19	44.30	45.93	

**Women 25-29 50 Yard Butterfly**

1	Sievers, Carolyn	27	INAM-35	29.43	7
2	Atkins, Natalie	25	MCM-35	30.80	5
3	Tilley, Lauren	25	MCM-35	30.94	4

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## Results

<b>Women 25-29 200 Yard Butterfly</b>						2	Ball, Chelsey	38	LCNM-35	37.49	5
1	Atkins, Natalie	25	MCM-35	2:34.96	7	<b>Women 35-39 100 Yard Freestyle Init Dist Split</b>					
	33.83	38.64	40.17	42.32		1	Bray, Katherine	39	INAM-35	1:22.41	
<b>Women 25-29 100 Yard IM</b>						<b>Women 35-39 100 Yard Freestyle</b>					
1	Smart, Gabrielle	25	MCM-35	1:07.10	7	1	Stanley, Jessica	39	MCM-35	1:10.68	7
	31.14	35.96					34.65	36.03			
2	Sievers, Carolyn	27	INAM-35	1:07.93	5	2	Bray, Katherine	39	INAM-35	1:12.83	5
	31.10	36.83					34.93	37.90			
3	Atkins, Natalie	25	MCM-35	1:13.82	4	3	Ball, Chelsey	38	LCNM-35	1:23.65	4
	33.99	39.83					39.84	43.81			
<b>Women 25-29 200 Yard IM</b>						4	Coughlin, Brienne	38	TCAS-35	1:29.03	3
1	Smart, Gabrielle	25	MCM-35	2:23.28	7		42.91	46.12			
	31.05	34.32	42.23	35.68		<b>Women 35-39 200 Yard Freestyle</b>					
<b>Women 30-34 50 Yard Freestyle</b>						1	Bray, Katherine	39	INAM-35	2:37.85	7
1	Lloyd, Marissa	33	LCNM-35	29.43	7		35.83	39.82	41.66	40.54	
<b>Women 30-34 100 Yard Freestyle</b>						<b>Women 35-39 500 Yard Freestyle</b>					
1	Lloyd, Marissa	33	LCNM-35	1:04.45	7	1	McAnally, Alex	38	INAM-35	6:12.46	7
	31.11	33.34					33.50	36.77	37.02	37.57	
2	Bratton, Amanda	33	TCAS-35	1:22.07	5		37.45	38.06	37.79	38.38	
	38.50	43.57					38.38	37.54			
<b>Women 30-34 200 Yard Freestyle</b>						2	Bray, Katherine	39	INAM-35	6:58.79	5
1	MacLean, Rachel	32	MCM-35	2:24.41	7		36.69	40.92	42.39	42.98	
	33.98	37.17	36.83	36.43			42.59	42.81	43.37	43.59	
<b>Women 30-34 50 Yard Backstroke</b>							42.61	40.84			
1	Lloyd, Marissa	33	LCNM-35	33.71	7	3	Stanley, Jessica	39	MCM-35	7:40.18	4
<b>Women 30-34 100 Yard Backstroke</b>							37.29	42.49	45.07	47.08	
1	Lloyd, Marissa	33	LCNM-35	1:13.34	7		46.48	47.22	48.04	50.27	
	35.64	37.70					50.36	45.88			
<b>Women 30-34 50 Yard Breaststroke</b>						<b>Women 35-39 100 Yard Backstroke</b>					
1	Goodwin, Mia	30	MCM-35	34.44	7	1	McAnally, Alex	38	INAM-35	1:13.50	7
2	MacLean, Rachel	32	MCM-35	37.58	5		35.90	37.60			
3	Bratton, Amanda	33	TCAS-35	46.89	4	2	Coughlin, Brienne	38	TCAS-35	1:34.49	5
<b>Women 30-34 100 Yard Breaststroke</b>							46.27	48.22			
1	Goodwin, Mia	30	MCM-35	1:13.92	7	<b>Women 35-39 50 Yard Breaststroke</b>					
	34.47	39.45				1	McAnally, Alex	38	INAM-35	38.16	7
2	Bratton, Amanda	33	TCAS-35	1:44.19	5		Ball, Chelsey	38	LCNM-35	44.75	5
	48.47	55.72				<b>Women 35-39 100 Yard Breaststroke</b>					
<b>Women 30-34 50 Yard Butterfly</b>						1	McAnally, Alex	38	INAM-35	1:23.42	7
1	Goodwin, Mia	30	MCM-35	29.78	7		39.92	43.50			
<b>Women 30-34 100 Yard IM</b>						2	Coughlin, Brienne	38	TCAS-35	1:40.29	5
1	Goodwin, Mia	30	MCM-35	1:07.34	7		48.21	52.08			
	30.95	36.39				3	Ball, Chelsey	38	LCNM-35	1:42.60	4
2	Lloyd, Marissa	33	LCNM-35	1:17.89	5		48.35	54.25			
	34.89	43.00				<b>Women 35-39 200 Yard Breaststroke</b>					
3	Bratton, Amanda	33	TCAS-35	1:30.69	4	1	McAnally, Alex	38	INAM-35	3:00.12	7
	42.38	48.31					40.89	45.19	46.60	47.44	
<b>Women 30-34 200 Yard IM</b>						<b>Women 35-39 50 Yard Butterfly</b>					
1	MacLean, Rachel	32	MCM-35	2:34.69	7	1	Stanley, Jessica	39	MCM-35	36.62	7
	32.41	42.03	43.60	36.65		<b>Women 35-39 100 Yard IM</b>					
<b>Women 35-39 50 Yard Freestyle</b>						1	Bray, Katherine	39	INAM-35	1:22.91	7
1	McAnally, Alex	38	INAM-35	29.73	7		37.80	45.11			
						2	Coughlin, Brienne	38	TCAS-35	1:32.28	5
							43.87	48.41			

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**(Women 35-39 100 Yard IM)**

3	Ball, Chelsey	38	LCNM-35	1:37.54	4
	47.97	49.57			

**Women 40-44 200 Yard Freestyle**

1	Guess, Sarah	40	MCM-35	3:10.48	7
	41.28	2:29.20			

**Women 40-44 100 Yard Breaststroke**

1	Guess, Sarah	40	MCM-35	1:42.80	7
	49.74	53.06			

**Women 45-49 50 Yard Backstroke**

1	Erickson, Cassandra	46	INAM-35	30.56	7
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**Women 45-49 50 Yard Backstroke Init Dist Split**

1	Erickson, Cassandra	46	INAM-35	30.57	
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**Women 45-49 100 Yard Backstroke**

1	Erickson, Cassandra	46	INAM-35	J1:05.97	10
	31.35	34.62			

**Women 45-49 200 Yard Backstroke**

1	Erickson, Cassandra	46	INAM-35	J2:25.99	10
	33.22	35.40	38.49	38.88	

**Women 45-49 50 Yard Breaststroke**

1	Weiden, Gee	47	INAM-35	38.92	7
2	Standley, Erin	45	MCM-35	44.33	5

**Women 45-49 100 Yard Breaststroke**

1	Weiden, Gee	47	INAM-35	1:25.85	7
	41.41	44.44			
2	Standley, Erin	45	MCM-35	1:34.71	5
	45.17	49.54			

**Women 45-49 50 Yard Butterfly**

1	Weiden, Gee	47	INAM-35	34.26	7
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**Women 45-49 100 Yard Butterfly**

1	Weiden, Gee	47	INAM-35	1:23.19	7
	37.46	45.73			

**Women 45-49 100 Yard IM**

1	Weiden, Gee	47	INAM-35	1:17.45	7
	36.72	40.73			

**Women 50-54 50 Yard Freestyle**

1	Heitstuman, Erin	50	LCNM-35	39.97	7
2	Wasylyshen, Jerralyn	53	MCM-35	43.23	5

**Women 50-54 100 Yard Freestyle**

1	Wasylyshen, Jerralyn	53	MCM-35	1:43.34	7
	47.81	55.53			

**Women 50-54 50 Yard Backstroke**

1	Heitstuman, Erin	50	LCNM-35	42.97	7
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**Women 50-54 100 Yard Backstroke**

1	Heitstuman, Erin	50	LCNM-35	1:35.57	7
	45.86	49.71			

**Women 50-54 50 Yard Butterfly**

1	Wasylyshen, Jerralyn	53	MCM-35	47.40	7
2	Heitstuman, Erin	50	LCNM-35	49.51	5

**Women 55-59 50 Yard Freestyle**

1	Allen, Judy	56	INAM-35	36.17	7
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**Women 55-59 1650 Yard Freestyle**

1	Pressley, Shelley	56	MCM-35	29:18.18	7
	47.99			54.42	
	52.94	54.39	54.60	52.49	
	52.45	53.81	51.40	52.34	
	52.97	52.64	53.68	52.90	
	53.59	53.36	54.12	54.06	
	53.70	53.93	54.07	54.33	
	52.86	53.93	54.25	54.51	
	51.95	53.50	54.22	53.37	52.99

**Women 55-59 50 Yard Breaststroke**

1	Allen, Judy	56	INAM-35	42.74	7
2	Pressley, Shelley	56	MCM-35	52.66	5

**Women 55-59 100 Yard Breaststroke**

1	Allen, Judy	56	INAM-35	1:33.28	7
	45.03	48.25			

**Women 55-59 100 Yard IM**

1	Allen, Judy	56	INAM-35	1:35.98	7
	48.46	47.52			

**Women 60-64 50 Yard Freestyle**

1	Nelson, Carol	60	KM-35	37.76	7
2	Tescher, Michele	64	INAM-35	46.97	5

**Women 60-64 200 Yard Freestyle**

1	Nelson, Carol	60	KM-35	3:20.23	7
	40.74	48.66	55.97	54.86	

**Women 60-64 50 Yard Backstroke**

1	Tescher, Michele	64	INAM-35	55.16	7
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**Women 60-64 50 Yard Breaststroke**

1	Nelson, Carol	60	KM-35	48.59	7
2	Tescher, Michele	64	INAM-35	53.19	5

**Women 60-64 100 Yard Breaststroke**

1	Nelson, Carol	60	KM-35	1:48.57	7
	48.83	59.74			

**Women 65-69 50 Yard Freestyle**

1	Martin, Melissa	65	INAM-35	39.04	7
2	Whiteley, Debbie	67	LCNM-35	1:16.16	5

**Women 65-69 100 Yard Freestyle**

1	Whiteley, Debbie	67	LCNM-35	2:39.93	7
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**Women 65-69 200 Yard Freestyle**

1	Martin, Melissa	65	INAM-35	3:02.16	7
	41.21	45.65	48.38	46.92	

**Women 65-69 50 Yard Backstroke**

1	Martin, Melissa	65	INAM-35	45.22	7
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**Women 65-69 50 Yard Breaststroke**

1	Chuanzhu, Zhou	67	TCAS-35	43.54	7
---	Whiteley, Debbie	67	LCNM-35	DQ	

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## Results

**Women 65-69 100 Yard Breaststroke**

1	Chuanzhu, Zhou	67	TCAS-35	1:36.90	7
	45.75	51.15			

**Women 65-69 200 Yard Breaststroke**

1	Chuanzhu, Zhou	67	TCAS-35	3:30.72	7
	47.54	54.30	1:48.99		

**Women 65-69 50 Yard Butterfly**

1	Martin, Melissa	65	INAM-35	49.51	7
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**Women 65-69 100 Yard IM**

1	Chuanzhu, Zhou	67	TCAS-35	1:30.58	7
	44.21	46.37			

**Women 70-74 50 Yard Freestyle**

1	McNamara, Wendy	71	BSMT-31	31.75	7
2	Beck, Herlinda	73	LCNM-35	59.89	5

**Women 70-74 100 Yard Freestyle**

1	Beck, Herlinda	73	LCNM-35	2:20.56	7
	1:05.74	1:14.82			

**Women 70-74 200 Yard Freestyle**

1	Zander, Elin	71	INAM-35	3:30.00	7
	50.00	54.30	54.16	51.54	

**Women 70-74 500 Yard Freestyle**

1	McNamara, Wendy	71	BSMT-31	7:18.38	7
	37.51	42.65	44.75	45.41	
	44.86	44.85	45.05	44.94	
	45.23	43.13			
2	Zander, Elin	71	INAM-35	9:15.65	5
	52.78	58.66	57.56	56.96	
	55.66	55.94	55.13	54.46	
	54.86	53.64			

**Women 70-74 50 Yard Backstroke**

1	McNamara, Wendy	71	BSMT-31	35.80	7
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**Women 70-74 100 Yard Backstroke**

1	McNamara, Wendy	71	BSMT-31	1:19.49	7
	39.50	39.99			

**Women 70-74 200 Yard Backstroke**

1	Hair, Margaret	71	LCNM-35	3:46.44	7
	53.92	57.54	58.53	56.45	

**Women 70-74 100 Yard Breaststroke**

1	Hair, Margaret	71	LCNM-35	1:37.78	7
	46.27	51.51			
2	Zander, Elin	71	INAM-35	1:51.91	5
	53.41	58.50			

**Women 70-74 200 Yard Breaststroke**

1	Zander, Elin	71	INAM-35	4:12.47	7
	1:00.36	1:04.67	1:05.06	1:02.38	

**Women 70-74 50 Yard Butterfly**

1	Adams, Mary	71	LCNM-35	1:03.02	7
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**Women 70-74 200 Yard Butterfly**

1	Hair, Margaret	71	LCNM-35	3:51.36	10
	48.11	59.67	1:03.17	1:00.41	

**Women 70-74 100 Yard IM**

1	Adams, Mary	71	LCNM-35	2:15.94	7
	1:07.90	1:08.04			

**Women 70-74 200 Yard IM**

1	Zander, Elin	71	INAM-35	3:59.64	7
	57.55	1:07.08	1:01.78	53.23	
2	Adams, Mary	71	LCNM-35	4:56.13	5
	1:10.86	1:18.17	1:19.06	1:08.04	

**Women 70-74 400 Yard IM**

1	Hair, Margaret	71	LCNM-35	7:14.94	10
	47.54	56.70	1:00.50	58.64	
	58.56	1:46.42	46.58		

**Women 75-79 50 Yard Freestyle**

1	Jacobson, Rebecca	77	LCNM-35	1:14.24	7
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**Women 75-79 100 Yard Freestyle**

1	Jacobson, Rebecca	77	LCNM-35	2:17.81	7
	1:03.60	1:14.21			

**Women 75-79 50 Yard Backstroke**

1	Jacobson, Rebecca	77	LCNM-35	1:02.10	7
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**Men 18-24 50 Yard Freestyle**

1	Paulsberg, Jordan	20	INAM-35	31.22	7
2	Wyman, Campbell	23	UC35	34.71	5

**Men 18-24 50 Yard Freestyle Init Dist Split**

1	Foley, Zachary	24	MCM-35	23.57	
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**Men 18-24 100 Yard Freestyle**

1	Foley, Zachary	24	MCM-35	52.24	7
	24.81	27.43			

**Men 18-24 200 Yard Freestyle**

1	Wyman, Campbell	23	UC35	3:35.16	7
	43.77	51.55	1:01.67	58.17	

**Men 18-24 1650 Yard Freestyle**

1	Paulsberg, Jordan	20	INAM-35	23:26.30	7
	34.41	38.36	39.77	40.77	
	41.20	41.56	41.80	42.74	
	43.28	43.32	43.70	43.64	
	43.68	44.51	44.16	44.08	
	43.98	44.24	43.56	44.11	
	43.74	43.26	43.80	43.37	
	43.41	43.09	42.65	42.83	
	43.83	43.60	42.95	43.30	39.60

**Men 18-24 50 Yard Backstroke**

1	Foley, Zachary	24	MCM-35	29.41	7
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**Men 18-24 100 Yard Backstroke**

1	Paulsberg, Jordan	20	INAM-35	1:19.50	7
	37.66	41.84			

**Men 18-24 100 Yard Breaststroke**

1	Wyman, Campbell	23	UC35	1:33.94	7
	43.81	50.13			

## Inland NW LMSC SCY Championships - 4/18/2026

## Results

**Men 18-24 200 Yard Breaststroke**

1	Wyman, Campbell	23	UC35	3:50.56	7
	46.55	55.99	1:01.10	1:06.92	

**Men 18-24 50 Yard Butterfly**

1	Wyman, Campbell	23	UC35	36.50	7
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**Men 18-24 100 Yard Butterfly**

1	Foley, Zachary	24	MCM-35	58.71	7
	26.86	31.85			

**Men 18-24 200 Yard IM**

1	Wyman, Campbell	23	UC35	3:21.56	7
	41.29	55.14	56.96	48.17	

**Men 25-29 50 Yard Freestyle**

1	Kennedy, John	26	INAM-35	28.21	7
2	Metro, Michael	27	INAM-35	33.18	5

**Men 25-29 100 Yard Freestyle Init Dist Split**

1	Kennedy, John	26	INAM-35	1:03.51	
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**Men 25-29 50 Yard Backstroke Init Dist Split**

1	Rossmiller, Byron	27	INAM-35	24.96	
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**Men 25-29 50 Yard Backstroke**

1	Rossmiller, Byron	27	INAM-35	24.89	7
2	Kennedy, John	26	INAM-35	33.29	5

**Men 25-29 100 Yard Backstroke Init Dist Split**

1	Kennedy, John	26	INAM-35	1:17.50	
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**Men 25-29 100 Yard Backstroke**

1	Rossmiller, Byron	27	INAM-35	53.72	7
	26.11	27.61			

**Men 25-29 200 Yard Backstroke**

1	Rossmiller, Byron	27	INAM-35	2:00.39	7
	27.80	31.01	31.18	30.40	

**Men 25-29 50 Yard Breaststroke**

1	Metro, Michael	27	INAM-35	37.27	7
2	Kennedy, John	26	INAM-35	40.45	5

**Men 25-29 100 Yard Breaststroke**

1	Metro, Michael	27	INAM-35	1:22.29	7
	37.33	44.96			

**Men 25-29 50 Yard Butterfly**

1	Kennedy, John	26	INAM-35	30.47	7
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**Men 25-29 100 Yard IM**

1	Kennedy, John	26	INAM-35	1:16.11	7
	34.54	41.57			

**Men 35-39 50 Yard Freestyle**

1	Renz, Marshal	37	INAM-35	23.07	7
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**Men 35-39 100 Yard Freestyle**

1	Renz, Marshal	37	INAM-35	54.51	7
	26.03	28.48			

**Men 35-39 50 Yard Breaststroke**

1	Renz, Marshal	37	INAM-35	29.59	7
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**Men 35-39 100 Yard Breaststroke**

1	Renz, Marshal	37	INAM-35	1:05.86	7
	30.88	34.98			

**Men 35-39 50 Yard Butterfly**

1	Renz, Marshal	37	INAM-35	25.67	7
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**Men 35-39 100 Yard IM**

1	Renz, Marshal	37	INAM-35	1:02.59	7
	28.75	33.84			

**Men 40-44 200 Yard Backstroke**

1	Rothway, Travis	43	INAM-35	2:35.48	7
	35.50	38.04	40.12	41.82	

**Men 40-44 50 Yard Breaststroke**

1	Shino, Trent	43	SCM-35	28.36	7
2	Marchesini, Peter	42	INAM-35	28.56	5

**Men 40-44 100 Yard Breaststroke**

1	Shino, Trent	43	SCM-35	1:00.74	10
	28.75	31.99			
2	Marchesini, Peter	42	INAM-35	1:03.30	5
	29.92	33.38			

**Men 40-44 200 Yard Breaststroke**

1	Shino, Trent	43	SCM-35	2:13.79	10
	29.75	33.70	35.25	35.09	
2	Rothway, Travis	43	INAM-35	2:40.21	5
	35.71	40.36	41.31	42.83	

**Men 40-44 100 Yard Butterfly**

1	Shino, Trent	43	SCM-35	1:53.26	10
	24.95	28.31			

**Men 40-44 100 Yard IM**

1	Shino, Trent	43	SCM-35	55.16	7
	26.29	28.87			

**Men 40-44 200 Yard IM**

1	Rothway, Travis	43	INAM-35	2:27.42	7
	31.64	38.05	40.83	36.90	

**Men 45-49 50 Yard Freestyle**

1	Roth, Bill	49	KM-35	25.45	7
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**Men 50-54 50 Yard Freestyle**

1	Leer, Christian	52	LCNM-35	25.21	7
2	Guin, John	53	INAM-35	32.50	5

**Men 50-54 100 Yard Freestyle**

1	Lee, Pat	54	TCAS-35	56.84	7
	27.66	29.18			

**Men 50-54 200 Yard Freestyle**

1	Lee, Pat	54	TCAS-35	2:08.72	7
	30.65	32.78	33.26	32.03	

**Men 50-54 500 Yard Freestyle**

1	Lee, Pat	54	TCAS-35	5:51.13	7
	31.03	33.62	34.94	35.68	
	35.30	36.26	36.64	36.47	
	36.61	34.58			

## Inland NW LMSC SCY Championships - 4/18/2026

## Results

**Men 50-54 100 Yard Backstroke Init Dist Split**

1	Guin, John	53	INAM-35	1:33.36	
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**Men 50-54 100 Yard Backstroke**

1	Guin, John	53	INAM-35	1:33.21	7
	46.08	47.13			

**Men 50-54 50 Yard Breaststroke**

1	Leer, Christian	52	LCNM-35	32.40	7
---	Rousseau, Christopher	52	LCNM-35	DQ	

**Men 50-54 100 Yard Breaststroke**

1	Guin, John	53	INAM-35	1:36.92	7
	46.68	50.24			
---	Rousseau, Christopher	52	LCNM-35	DQ	
	40.18	46.09			

**Men 50-54 50 Yard Butterfly**

1	Leer, Christian	52	LCNM-35	26.74	7
2	Guin, John	53	INAM-35	38.72	5

**Men 50-54 100 Yard IM**

1	Leer, Christian	52	LCNM-35	1:04.00	7
	29.94	34.06			

**Men 60-64 50 Yard Freestyle**

1	Bratton, Wes	61	TCAS-35	28.01	7
2	Groth, Bruce	63	TCAS-35	28.90	5
3	Johnson, Brian	64	MCM-35	29.30	4
4	Selby, William	62	INAM-35	32.75	3

**Men 60-64 100 Yard Freestyle**

1	Groth, Bruce	63	TCAS-35	1:03.67	7
	30.76	32.91			

**Men 60-64 50 Yard Backstroke**

1	Johnson, Brian	64	MCM-35	33.15	7
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**Men 60-64 50 Yard Breaststroke**

1	Johnson, Brian	64	MCM-35	35.78	7
2	Groth, Bruce	63	TCAS-35	36.08	5
3	Selby, William	62	INAM-35	43.21	4
4	Castillo, Lonnie	63	INAM-35	43.79	3

**Men 60-64 100 Yard Breaststroke**

1	Groth, Bruce	63	TCAS-35	1:19.35	7
	37.51	41.84			

**Men 60-64 50 Yard Butterfly**

1	Johnson, Brian	64	MCM-35	32.67	7
2	Groth, Bruce	63	TCAS-35	33.41	5
3	Castillo, Lonnie	63	INAM-35	39.90	4

**Men 65-69 50 Yard Freestyle**

1	Cook, John	65	INAM-35	29.73	7
2	Sheahan, Dan	68	SCM-35	30.36	5

**Men 65-69 100 Yard Freestyle**

1	Sheahan, Dan	68	SCM-35	1:06.74	7
	32.27	34.47			
2	Cook, John	65	INAM-35	1:06.87	5
	32.28	34.59			

**Men 65-69 200 Yard Freestyle**

1	Sheahan, Dan	68	SCM-35	2:26.39	7
	33.83	37.16	38.63	36.77	

**Men 65-69 50 Yard Backstroke**

1	Cook, John	65	INAM-35	41.43	7
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**Men 65-69 50 Yard Breaststroke**

1	Cook, John	65	INAM-35	40.67	7
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**Men 65-69 100 Yard Breaststroke**

1	Cook, John	65	INAM-35	1:34.73	7
	45.56	49.17			

**Men 65-69 50 Yard Butterfly**

1	Cook, John	65	INAM-35	35.25	7
2	Sheahan, Dan	68	SCM-35	37.52	5

**Men 70-74 50 Yard Freestyle**

1	Cabrey, David	70	TCAS-35	29.13	7
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**Men 70-74 100 Yard Freestyle**

1	Cabrey, David	70	TCAS-35	1:03.84	7
	31.03	32.81			
2	Burns, Howard	74	KM-35	1:12.73	5
	34.51	38.22			

**Men 70-74 200 Yard Freestyle**

1	Little, Michael	70	KM-35	2:49.42	7
	37.99	42.75	44.84	43.84	
2	Abate, Joseph	70	KM-35	3:17.95	5
	40.66	49.54	54.59	53.16	

**Men 70-74 500 Yard Freestyle**

1	Little, Michael	70	KM-35	7:53.00	7
	40.54	44.53	48.62	49.72	
	47.76	48.92	49.23	48.54	
	48.29	46.85			

**Men 70-74 1650 Yard Freestyle**

1	Cabrey, David	70	TCAS-35	J21:53.34	10
	35.58	38.71	39.61	39.65	
	39.44	39.74	39.87	39.88	
	39.93	40.36	39.87	39.85	
	40.13	39.99	40.00	39.93	
	39.43	39.07	39.74	40.04	
	40.26	40.13	39.86	40.23	
	40.14	40.65	40.00	40.91	
	40.41	40.70	40.16	40.45	38.62

**Men 70-74 50 Yard Backstroke**

1	Cabrey, David	70	TCAS-35	35.68	7
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**Men 70-74 50 Yard Breaststroke**

1	Burns, Howard	74	KM-35	38.88	7
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**Men 70-74 100 Yard Breaststroke**

1	Burns, Howard	74	KM-35	1:30.48	7
	43.49	46.99			

**Men 70-74 200 Yard Breaststroke**

1	Burns, Howard	74	KM-35	3:28.73	7
	45.31	53.05	55.90	54.47	

## Inland NW LMSC SCY Championships - 4/18/2026

## Results

**Men 70-74 100 Yard IM**

1	Burns, Howard	74	KM-35	1:22.93	7
	39.27	43.66			
2	Abate, Joseph	70	KM-35	1:39.11	5
	45.75	53.36			

**Men 70-74 200 Yard IM**

1	Burns, Howard	74	KM-35	3:12.27	7
	39.76	51.79	57.16	43.56	

**Men 75-79 50 Yard Breaststroke**

1	Haddan, Barry	75	LCNM-35	J41.60	10
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**Men 75-79 100 Yard Breaststroke**

1	Haddan, Barry	75	LCNM-35	1:31.45	7
	43.26	48.19			

**Men 75-79 50 Yard Butterfly**

1	Haddan, Barry	75	LCNM-35	J40.48	10
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**Men 75-79 100 Yard IM**

1	Haddan, Barry	75	LCNM-35	J1:26.94	10
	41.97	44.97			

**Women 18+ 400 Yard Freestyle Relay**

1	INAM-35	A	J4:14.68	20
	1) Sievers, Elena W23	2) Lewis, Kathryn W21		
	3) Sievers, Carolyn W27	4) McAnally, Alex W38		
	33.85	1:10.73	28.18	59.01
	27.85	1:00.78	30.63	1:04.16
2	LCNM-35	A	5:19.80	10
	1) Heitstuman, Erin W50	2) Ball, Chelsey W38		
	3) Sawyer, Jordyn W21	4) Lloyd, Marissa W33		
	43.53	1:35.71	39.73	1:24.26
	34.68	1:14.30	30.18	1:05.53

**Women 18+ 400 Yard Medley Relay**

1	LCNM-35	A	6:23.64	14
	1) Heitstuman, Erin W50	2) Ball, Chelsey W38		
	3) Sawyer, Jordyn W21	4) Hair, Margaret W71		
	45.05	1:33.50	48.13	1:42.39
	45.73	1:41.41	40.61	1:26.34

**Women 25+ 200 Yard Freestyle Relay**

1	MCM-35	A	1:51.18	14
	1) Atkins, Natalie W25	2) Goodwin, Mia W30		
	3) Tilley, Lauren W25	4) Smart, Gabrielle W25		
	27.67	27.85	27.91	27.75

**Women 25+ 400 Yard Freestyle Relay**

1	MCM-35	A	4:33.46	14
	1) Atkins, Natalie W25	2) MacLean, Rachel W32		
	3) Guess, Sarah W40	4) Smart, Gabrielle W25		
	28.94	1:01.06	31.73	1:07.09
	39.57	1:25.28	28.26	1:00.03

**Women 35+ 400 Yard Freestyle Relay**

---	INAM-35	A	DQ	
	1) Bray, Katherine W39	2) Weiden, Gee W47		
	3) Martin, Melissa W65	4) Zander, Elin W71		
	36.08	1:22.41	27.86	1:07.33
	40.17	1:26.15	45.43	1:37.63

**Women 65+ 200 Yard Freestyle Relay**

1	LCNM-35	A	J4:07.48	20
	1) Jacobson, Rebecca W77	2) Whiteley, Debbie W67		
	3) Adams, Mary W71	4) Beck, Herlinde W73		
	1:01.12	1:13.70	53.83	58.83

**Women 65+ 400 Yard Freestyle Relay**

1	LCNM-35	A	J9:15.00	20
	1) Jacobson, Rebecca W77	2) Whiteley, Debbie W67		
	3) Adams, Mary W71	4) Beck, Herlinde W73		
	1:03.92	2:17.67	1:15.29	2:23.23
	14.54	2:15.38	1:03.92	2:18.72

**Women 65+ 200 Yard Medley Relay**

1	LCNM-35	A	J5:19.16	20
	1) Jacobson, Rebecca W77	2) Whiteley, Debbie W67		
	3) Adams, Mary W71	4) Beck, Herlinde W73		
	1:02.40	2:14.25	1:04.62	57.89

**Men 25+ 400 Yard Freestyle Relay**

1	INAM-35	A	4:23.96	14
	1) Kennedy, John M26	2) Metro, Michael M27		
	3) Guin, John M53	4) Renz, Marshel M37		
	30.81	1:03.51	35.30	1:17.28
	33.51	1:08.98	25.43	54.19

**Men 45+ 400 Yard Freestyle Relay**

1	TCAS-35	A	4:11.14	14
	1) Bratton, Wes M61	2) Groth, Bruce M63		
	3) Cabrey, David M70	4) Lee, Pat M54		
	30.26	1:02.35	30.43	1:03.95
	31.60	1:05.57	28.61	59.27

**Men 65+ 200 Yard Freestyle Relay**

1	KM-35	A	2:12.80	14
	1) Abate, Joseph M70	2) O'Brien, Kerry M69		
	3) Little, Michael M70	4) Burns, Howard M74		
	36.62	30.59	33.05	32.54

**Mixed 18+ 200 Yard Freestyle Relay**

1	INAM-35	A	1:49.94	14
	1) Sievers, Carolyn W27	2) Lewis, Kathryn W21		
	3) Rossmiller, Byron M27	4) Paulsberg, Jordan M20		
	29.05	27.32	23.63	29.94
2	LCNM-35	A	2:02.60	10
	1) Lloyd, Marissa W33	2) Sawyer, Jordyn W21		
	3) Rousseau, Christopher M52	4) Leer, Christian M52		
	30.63	32.64	59.33	
3	MCM-35	A	2:16.57	8
	1) Foley, Zachary M24	2) Johnson, Brian M64		
	3) Wasylshen, Jerralyn W53	4) Pressley, Shelley W56		
	23.57	28.29	41.99	42.72

**Mixed 18+ 400 Yard Freestyle Relay**

1	LCNM-35	A	5:18.81	14
	1) Heitstuman, Erin W50	2) Sawyer, Jordyn W21		
	3) Rousseau, Christopher M52	4) Haddan, Barry M75		
	41.48	1:29.74	32.64	1:10.10
	36.05	1:16.40	38.83	1:22.57

## Inland NW LMSC SCY Championships - 4/18/2026

## Results

**Mixed 18+ 200 Yard Medley Relay Mixed**

1	INAM-35	A	1:58.12	14
	1) Rossmiller, Byron M27	2) Sievers, Carolyn W27		
	3) Kennedy, John M26	4) Lewis, Kathryn W21		
	24.96	35.30	29.13	28.73
2	MCM-35	A	2:03.57	10
	1) Johnson, Brian M64	2) Goodwin, Mia W30		
	3) Foley, Zachary M24	4) Tilley, Lauren W25		
	32.57	34.93	27.78	28.29

**Mixed 35+ 400 Yard Medley Relay**

1	INAM-35	A	5:21.60	14
	1) Guin, John M53	2) Weiden, Gee W47		
	3) Renz, Marshel M37	4) Allen, Judy W56		
	46.03	1:33.36	40.79	1:52.15
		32.90	39.31	1:23.19

**Mixed 18+ 400 Yard Medley Relay**

1	INAM-35	A	4:59.64	14
	1) Kennedy, John M26	2) Sievers, Carolyn W27		
	3) Paulsberg, Jordan M20	4) Sievers, Elena W23		
	37.74	1:17.50	35.84	1:17.73
	33.41	1:13.72	33.22	1:10.69

**Mixed 25+ 200 Yard Freestyle Relay**

1	TCAS-35	A	2:11.62	14
	1) Groth, Bruce M63	2) Bratton, Amanda W33		
	3) Chuanzhu, Zhou W67	4) Cabrey, David M70		
	29.15	36.04	41.07	25.36
2	INAM-35	A	2:28.20	10
	1) Martin, Melissa W65	2) Tescher, Michele W64		
	3) Kennedy, John M26	4) Guin, John M53		
	39.00	44.90	17.91	46.39

**Mixed 25+ 200 Yard Medley Relay Mixed**

1	LCNM-35	A	2:21.19	14
	1) Lloyd, Marissa W33	2) Leer, Christian M52		
	3) Haddan, Barry M75	4) Ball, Chelsey W38		
	35.71	34.94	5.97	1:04.57
2	TCAS-35	A	2:30.32	10
	1) Bratton, Wes M61	2) Bratton, Amanda W33		
	3) Coughlin, Brienne W38	4) Lee, Pat M54		
	33.37	46.96	20.66	49.33
3	INAM-35	A	2:36.10	8
	1) Tescher, Michele W64	2) Metro, Michael M27		
	3) Weiden, Gee W47	4) Guin, John M53		
	53.87	35.21	33.81	33.21

**Mixed 25+ 400 Yard Medley Relay**

1	LCNM-35	A	5:08.84	14
	1) Lloyd, Marissa W33	2) Ball, Chelsey W38		
	3) Leer, Christian M52	4) Rousseau, Christopher M52		
	36.34	1:16.13	45.50	1:38.68
	28.15	1:00.96	34.19	1:13.07

**Mixed 35+ 200 Yard Freestyle Relay**

1	INAM-35	A	J1:43.41	20
	1) Marchesini, Peter M42	2) McAnally, Alex W38		
	3) Erickson, Cassandra W46	4) Renz, Marshel M37		
	23.71	29.20	27.22	23.28

**Mixed 35+ 200 Yard Medley Relay Mixed**

1	INAM-35	A	J1:55.82	20
	1) Erickson, Cassandra W46	2) Marchesini, Peter M42		
	3) Renz, Marshel M37	4) McAnally, Alex W38		
	30.57	29.12	26.52	29.61